

Thank you for your RowSUP purchase! In this guide, you will find all the necessary steps, with visual aids, on how to properly assemble your product.



The RowSUP comes with several components you will need to assemble. Included is the board itself (either inflatable or rigid), rigger, air pump, sectional paddleboard oar, fin, and the main rigging unit that attaches to the top of the board.



If you have the rigid RowSUP, these next few steps are not required. However, with the inflatable RowSUP, the first thing you should do is find a space on the ground with plenty of room. Then, proceed to roll out the board to prepare it for inflation.

To inflate, there will be a covered valve towards the rear of the board. Unscrew the valve cover to reveal a small knob beneath it. Make sure the knob is in the up position by pressing down on it. If the knob goes down, press it again to return it to the up position. If the knob comes up, leave it as is.





With the valve ready, take the pump hose and secure it into the opening by twisting it into place. This will lock the hose onto the valve. With the hose locked on, begin inflating the board with the pump. This should take about 5-10 minutes.



Once your board is ready, you can start to assemble the rigging. First, take the rigger that are attached via a small elastic band and stretch them apart.





Align each end as shown and press them together.

To put the rigger on the main rigging, look for the 4 tubenut caps on the main rigging near the footstretchers.





Unscrew these caps to reveal the 4 bolts beneath, and proceed to align the holes on the rigger with the bolts.

Once the rigger has been slotted onto the bolts, put the tubenuts back onto the bolts and tighten them down with your hands.



With the main rigging fully assembled, you can move onto fin assembly. Flip the board over to reveal the fin slot towards the rear. Then, take your fin and unscrew the small square plate from the bolt built into it.





Proceed to insert the square plate through the small square opening in the middle of the fin slot.

Once inside, use the bolt from the fin to carefully reposition it towards the front of the board.





Put the fin bolt aside for now and insert the back of the fin through the square opening. Proceed to slide it back into place.

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With the fin in the slot, slide it forward to align the fin bolt hole with the square plate.





Once aligned, take the fin bolt and screw it in through the aligned fin hole and plate hole.

Now that the fin is fully assembled and secure, flip the board back over to mount the main rigging unit. Simply place it over top of the board and align the red straps on either side with the small, silver rings on the board.



With the main rigging mounted, take the red straps on either side and thread them through the silver rings.





After threading the straps through the rings, thread the slack through the black buckles on the main rigging as shown.

Lastly, take the remaining slack out of the straps by pulling them down and away from the main rigging. Be sure to do this for all straps, and your RowSUP will be ready for use!



If you don't want to use the RowSUP for rowing at any point, you can easily use it as a standard paddleboard as well. Naturally, you will need the sectional paddleboard oar to do this.

To assemble the oar, make sure the latch on the main portion is unclamped and proceed to slot the two pieces together.





Once together, adjust the upper shaft to your desired height.

With your height selected, take the loose latch on the main portion of the oar and clamp it down against the shaft. It is now ready for use!







There you have it! If you have any further questions or concerns, you can find all our contact information on the first page of this guide. We hope you enjoy your new RowSUP and the adventures it will take you on!