



E-BOOK

TIPS FOR WALKING YOUR DOG



HAVE YOU JUST BOUGHT A NEW DOG?

Then you want to ensure that you offer a good basis. You therefore must arrange everything properly not only at home, but also while walking. However, a walk with your four-legged friend is not always easy.

You should therefore make sure that you know exactly how best to walk your dog. But what should you pay attention to during the walking tour? And how do you make sure your dog behaves on a leash? The tips below can help you.



TIP 1

Purchase a good collar or harness

The most important thing for the walk with your dog is having a good leash or harness. You want your dog to be securely fastened, but also that it is comfortable enough. There are different collars and harnesses that you can think of. There is a difference in the width of the straps, but you also have differences in the harnesses that you use for dogs that often escape or against pulling. Therefore, make sure that you adapt this to your dog, so that you can walk with peace of mind and also enjoy it.

TIP 2

Buy the right leash

You also have many different options when it comes to leashing. The first thing to consider in this area is the length of the leash. A leash that is too long can cause you to have less control over your dog. This can cause problems, especially with a dog that you just got. As your dog listens better, you may be able to switch to a longer version.

You can also look at the method of confirmation. There are also leashes with an extra lock, so that it cannot come loose from the collar. By trying out different belts and seeing which ones are well-regarded, you can make your walk easier.



TIP 3

Hold the leash well

Many people tend to keep the strap loose on the wrist. However, it can cause problems during the walk. It is therefore wise that you hold the belt in a good way. You can choose to keep the loop around your wrist and place your hand directly under it. You can also wrap the leash around your hand an extra time.

Keep in mind that when the dog pulls, your wrist can hurt. During training you will therefore hear that it is better to hold the leash more loosely in your hand as soon as you have control over your dog and know the basic commands.

TIP 4

Bring reward treats

Especially in the beginning, this will be an important tip to keep in mind. Reward treats can make your dog more focused on you and the walk, while paying less attention to what's going on in the environment. If the dog does something well, such as walking neatly next to you or coming back when you call him, you can reward him.

Over time, these commands will happen automatically, and you will no longer need to reward continuously. Dog biscuits or other snacks help you to train well during the walks, so that your dog develops, and you can walk with peace of mind.



TIP 5

Let the dog get used to different things

A lot can happen during a walk. Cars and other vehicles pass by, people walk and cycle and you have to deal with other dogs that are being walked. It is therefore important that your dog gets used to this as soon as possible. Most puppies will have less trouble with this than if you adopt a dog from abroad.

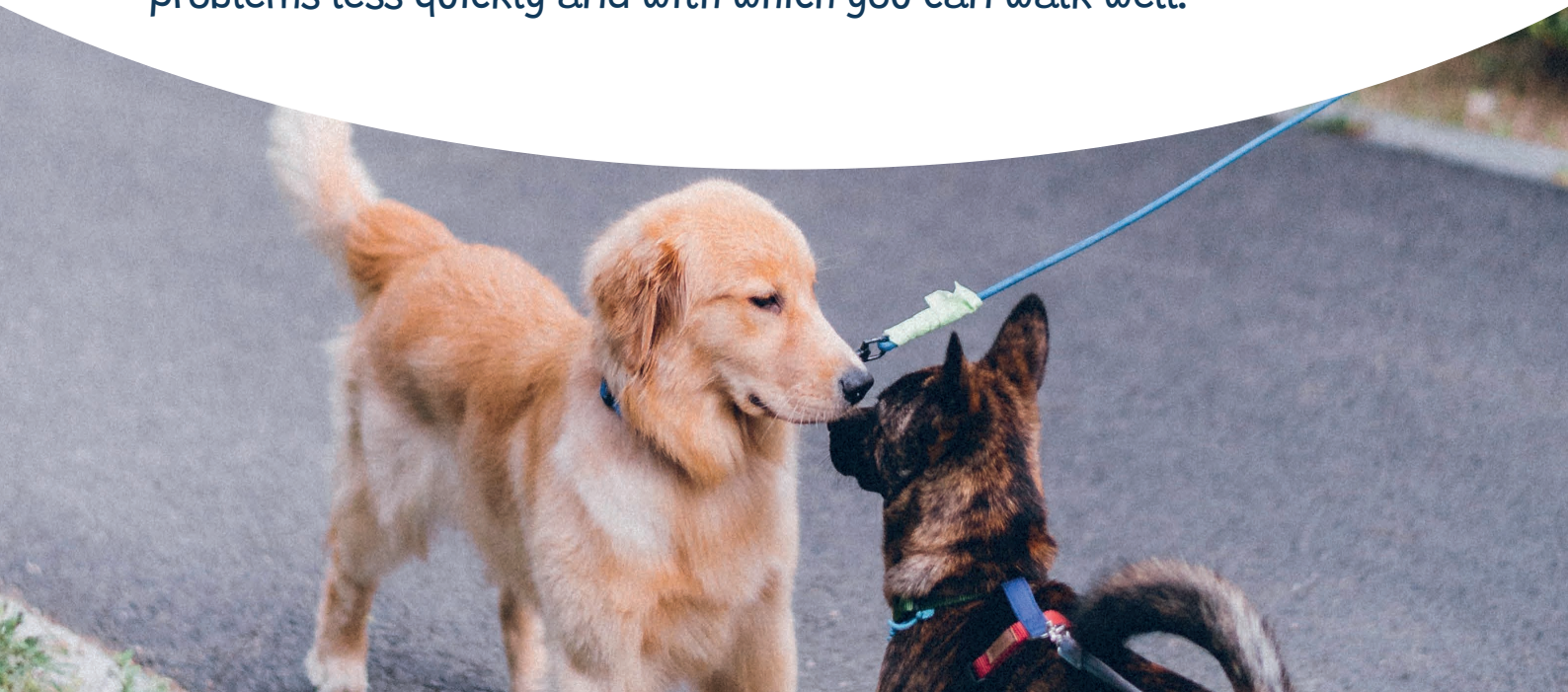
During the walk, make sure that you radiate that these are normal sounds and events, so that your dog gets used to the environment as quickly as possible. At the same time, you must make sure that it happens at the dog's pace, so that there is no overstimulation.

TIP 6

Ensure sufficient socialization

While most walks take place on a leash, you should also socialize your dog appropriately. Socialization ensures that your dog does not just attack other dogs and people. Therefore, do not just walk around other dogs with a bow, but let them sniff each other for a while.

Always ask the other dog owner if this is allowed, so you can be sure that nothing happens. You can also go to one of the fenced off-leash fields, where your dog learns the dog language and plays with other four-legged friends. This way you get a dog that develops behavioral problems less quickly and with which you can walk well.



ADDITIONAL TIPS FOR BEHAVIORAL TRAINING ON THE LEASH

Is your dog falling out on the leash? Then it may be good to take immediate action. It can cause unpleasant situations. It does not have to mean that your dog is aggressive. With the extra tips below, you ensure that your dog (largely) unlearns this behavior.

- 1.** Provide sufficient distraction: A dog absorbs stimuli from the environment faster than we humans do. Therefore, make sure that you take distraction in the form of treats or a toy with you during the walk. If a dog approaches, it is better to distract the dog.
- 2.** Reward for good behavior: If your dog does not lunge at another dog or even pays no attention at all, you should reward this. A positive approach will be more successful than if you punish your dog for negative behavior.
- 3.** Walk an extra round: Sometimes the failure behavior can be related to too much energy. Therefore, sometimes walk an extra round to challenge the dog more, so that the excess no longer takes place.
- 5.** Walk the other way: You can also choose to walk the other way if your dog continues to lunge. In this case, you also remove the focus from the dog and the dog will have an eye for you again and reward him.



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