INSTRUCTIONS FOR USE **FlexiSEQ**

FlexiSEQ is a medical device for self-administration. Read the whole leaflet carefully before you start using this product. Keep this leaflet for future reference. If you have any further questions, contact us at enquiries@flexiseq.com

WHAT IS FLEXISEQ & HOW DOES SEQ TECH™ WORK?



 $\textbf{FlexiSEQ} \ is a topically applied gel, intended to lubricate the cartilage in joints to relieve pain and stiffness and improve the cartilage in joints to relieve pain and stiffness and improve the cartilage in joints to relieve pain and stiffness and improve the cartilage in joints to relieve pain and stiffness and improve the cartilage in joints to relieve pain and stiffness and improve the cartilage in joints to relieve pain and stiffness and improve the cartilage in joints to relieve pain and stiffness and improve the cartilage in joints to relieve pain and stiffness and improve the cartilage in joints to relieve pain and stiffness and improve the cartilage in joints to relieve pain and stiffness and improve the cartilage in joints to relieve pain and stiffness and improve the cartilage in joints to relieve pain and stiffness and improve the cartilage in joints and improve$ impaired joint function associated with all stages of osteoarthritis.

FlexiSEQ is clinically proven to relieve joint pain and improve mobility. FlexiSEQ contains billions of plant-based, oily somes™. Activated when our gel dries on the skin, these tiny, flexible droplets pass through the skin and into target joints, where they localise on cartilage surfaces to form a lubricating layer that protects damaged cartilage. We call this unique, lubricating mode of action SEQ Tech™ and it's the revolutionary driving-force powering FlexiSEQ.

FlexiSEQ is our mildest formula and helps to restore joint function, relieve pain and improve mobility in adult patients who have received a diagnosis of osteoarthritis or joint wear and tear. FlexiSEQ is drug free and can be used long-term and alongside medications without drug interactions or exacerbating pre-existing conditions. It is suitable for all joints.

COMPOSITION

Aqua, Phosphatidylcholine, Glycerin, Alcohol, Carbomer, Disodium Phosphate, Sodium Hydroxide, Polysorbate 80, Benzyl Alcohol, Methylparaben, Ethylparaben, Disodium EDTA, Linalool, Sodium Phosphate, Sodium Metabisulfite,

PRESENTATION AND PACK SIZE

FlexiSEQ is a white to yellow gel with a citrus odour and comes in 50g and 100g tubes.

LIMITATIONS, CONTRAINDICATIONS, PRECAUTIONS OR WARNINGS

- \bullet FlexiSEQ is for use by adults only. It is not for use on children.
- FlexiSEQ has not been tested on pregnant or breastfeeding women and they should seek the advice of a healthcare professional before using it.
- FlexiSEQ contains benzyl alcohol and linalool. Do not use FlexiSEQ if you are allergic (hypersensitive) to any of the ingredients.
- Do not use FlexiSEQ on open wounds, broken or infected skin or mucous membranes (the lining of the openings of the body, such as the mouth, nose or eyes).
- Do not use if the tube is split, or the product does not look or smell as described.
- In case of minor skin irritations such as dryness and redness at the site of application, reduce the frequency of application to once daily. If this does not improve the condition, you may discontinue application until the problem resolves, usually within a few days. You may then restart the application. If the problem persists then discontinue use.
- There are no known interactions with medicines.
- · Keep out of the reach of children.
- Fabric (clothing, bedding etc.) that has been in contact with this product may burn more easily. Washing clothing and bedding may reduce product build up but not totally remove it.
- Wash hands after using FlexiSEQ. If your hands are the area being treated, wait 10-15 minutes, until the treated area is dry, before washing,
- · Avoid using other moisturisers, creams, or massage oils on the treated area until FlexiSEQ has fully dried.
- Do not apply the recommended amount of FlexiSEQ more than 4 times in any 24-hour period.
- Dispose of used tube and packaging in line with local regulations.
- If you have any concerns or notice any side effects not listed in this leaflet, please talk to your healthcare professional and/or contact us at enquiries@flexiseq.com
- In the event of a serious incident, please contact your authority having jurisdiction and inform us via enquiries@flexiseq.com

KEY TO SYMBOLS



Legal Manufacturer: PBB Devices Limited, 4th Floor Phoenix House, 1 Station Hill, Reading, Berkshire, RG1 1NB, UK.



Temperature limitation (store between 8°C and 25°C).



Caution.

Non Sterile



Consult instructions for use.



EU Authorised Representative: NEXTEC medical GmbH, Zöllinplatz 4, 79410 Badenweiler,



Germany.



Medical device.

Use by (see imprint on the tube and carton). Do not use the product after the expiry date.

Batch number (see imprint on the tube and carton)

Date of manufacture (see imprint on the carton).

Importer:

Pro Bono Bio International Trading Limited, Palazzo Pietro Stiges, 103 Strait Street, Valetta, VLT 1436, Malta.





APPLYING FLEXISEQ TO YOUR JOINTS

FlexiSEQ is not like other gels. It is important to apply our gel correctly to joints to ensure it works effectively. It should **NOT** be rubbed into the skin. It should be allowed to dry completely before covering.

Hands



Apply a pea-sized amount of gel to each affected knuckle and spread evenly around the joint. Avoid washing hands for 10-15 minutes.

Hips



Locate the edge of your hip bone and apply a line of gel as long as your index finger to the soft tissue below, where the bone can no longer be felt.

Knees



Apply a line of gel as long as your index finger to the back and sides of your knee joint. It should not be applied to the kneecap.

Shoulders



Apply a line of gel as long as your index finger to the area corresponding to your pain. It should not be applied to the bone or shoulder blade.

HOW TO GET THE BEST FROM FLEXISEQ

Application



Spread a thin layer around the joint and do NOT rub it in. Allow to dry.

Drying Time



Once applied, the correct amount should take roughly 10 minutes to air dry. Do not cover whilst drying.

Frequency



You should apply FlexiSEQ in the morning and evening, every day.

Effect Time



FlexiSEQ can take anywhere between 2-14 days to start taking effect.

Storage



Replace cap after use. Store at room temperature and use within three months of opening.

THE BENEFITS OF A DRUG FREE PRODUCT

As a drug free treatment, FlexiSEQ has several added benefits for the following joint pain sufferers:



for a drug free formula.



Patients wanting reduced systemic side effects.



Patients who need treatment that can be used for longer than 14 days.



Patients for whom NSAIDs are not suitable.



Patients taking medications that may interact with traditional painkillers.

WELCOME TO THE FLEXISEQ MOVEMENT

We're delighted to welcome you to the FlexiSEQ family. Our products are designed to help you move without pain and to give you the freedom to say 'yes' to life.

Our help and support doesn't end with our range of products. Visit our website to sign up to our free FlexiSEQ newsletter and each month we'll send you updates from our amazing community and news of our latest promotions. If you have any questions, comments or feedback, you can also find us on social media or feel free to contact us at enquiries@flexiseq.com

Together we are stronger, that's what the #FlexiseqMovement is all about.

FIND OUT MORE AT www.flexiseq.com

PATENTS AND TRADEMARKS

Europe: EP2437726 & EP2836203 validated in AT, BE, CH, CZ, DE, DK, EE, ES, FI, FR, GB, IE, IT, LT, LU, LV, MT, NL, NO, PL, PT, SE, SK, TR EP2836203 additionally validated in BG, GR, HR, HU, MC, RO, SI

GB: See www.ascension.co.uk/patents

Singapore: 176297

Malaysia: MY-170121-A

South Africa: 2012/00017

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