



YERBASANTAS®  
PURE WELLNESS

# ALKALINE MEDICINE

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Our products are 100% natural. Extracted from various organic ecosystems from around the world. It was with many of these same herbs that for hundreds of thousands of years our ancestors cured their ailments and alleviated their illnesses.

@yerbassantas  
[www.yerbassantas.com](http://www.yerbassantas.com)





# YERBASANTAS®

Methodology from Dr. Sebi

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This brief, but concise illustration will reveal our premise and methodology to be consistent. According to Western medical research, diseases are a result of the host being infected with a “germ”, “virus”, or “bacteria”. In their approach in treating these “infestations”, inorganic, carcinogenic chemicals are employed. Our research immediately uncovers flaws in their premise through basic deductive reasoning. By consistently utilizing the same premise and methods, they have consistently yielded ineffective results. In essence, in the 400-year tradition of the European philosophy of medicine, their approach in treating disease has yet to produce any cures.

In contrast, as we examine an African approach to disease, it diametrically opposes the present Western approach. Specifically, the African Bio-mineral Balance refutes the germ/virus/bacteria premise. Our research reveals that all manifestation of disease finds its genesis when and where the mucous membrane has been compromised. For example, if there is excess mucous in the bronchial tubes, the disease is Bronchitis; if it is in the lungs, the disease is Pneumonia; in the pancreatic duct, it is Diabetes; in the joints Arthritis. All of the African Bio-mineral Balance compounds are comprised of natural plants; which means its constitution is of an alkaline nature.

This is important -and instrumental in our success in reversing pathologies- because disease can only exist in an environment that is acid; thus it is inconsistent to utilize inorganic substances when treating disease because they are of an acid base. Only consistent use of natural botanical remedies will effectively cleanse and detoxify a diseased body, reversing it to its intended alkaline state.

Our system of nutrition goes even further. In addition to removing the accumulation of years of toxins, the African Bio-mineral Balance replaces depleted minerals and rejuvenates damaged cell tissue eroded by the acid, diseased state. The primary organs of elimination are the skin, liver, gall bladder, lymph glands, kidneys and the colon. If all toxins are eliminated from the above mentioned organs they will be recycled throughout the entire body, manifesting disease. Eventually the body breaks down in the weakest organs due to its inability to dispel the influence of toxins. The colon is the most important organ and must be cleansed by detoxifying before any disease can be reversed. If the colon is the only organ cleansed and detoxified the other major organs will be left toxic, thus leaving the disease in the body.

**One must consume life – not Death – to maintain  
and sustain oneself.**

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# 01 CELL CLEANSE & REVITALIZE PACKAGE

"We first clean the house, then we paint. The dirtier the house is the more soap and water we will need. Your body is the house and the soap is the electric plants." - YerbaSantas

This Package will aid in the process of cleansing and revitalizing the 150 trillion cells that make up our bodies, with this we take the two most important steps towards giving the body the environment necessary for it to heal itself.

Dirty bodies are sick bodies. If you are sick, your body loses energy in the form of minerals, so it is important to replace these lost minerals. Every one of the 102 minerals which make up the human body is contained in the Cell Cleanser Package in form of the most electric herbs in the planet.



## CONTAINS:

- DIXPA (110 Capsules)
- Melipona Honey (1 unit)
- Shea Butter (1 unit)
- Electric Toothpaste (1 unit)
- Palo Santo (3 units)
- Pure Lavender Essential Oil (1 unit)
- Pure Eucalyptus Essential Oil (1 unit)
- Pure Oud Wood Essential Oil (1 unit)
- Digestive Compound (1 unit)
- Heart Compound (1 unit)
- Respiratory Compound (1 unit)
- Blood Compound (1 unit)
- Nervine Compound (1 unit)
- Menopause Compound (1 unit)
- Iron Compound (1 unit)
- Mental Health Compound (1 unit)

**\$359.99**

# 02 CELL CLEANSE PACKAGE



## CONTAINS:

- DIXPA (110 capsules)
- Melipona Honey (1 unit)
- Shea Butter (1 unit)
- Palo Santo (3 units)
- Pure Lavender Essential Oil (1 unit)
- Pure Eucalyptus Essential Oil (1 unit)
- Pure Oud Wood Essential Oil (1 unit)
- Digestive Compound (1 unit)
- Heart Compound (1 unit)
- Respiratory Compound (1 unit)
- Blood Compound (1 unit)
- Nervine Compound (1 unit)

**\$249.99**

# 03 BASIC CELL CLEANSE PACKAGE CAPSULES

## 15 Day Detox Guide

“To heal is to cleanse and revitalize” Yerbassantas

This package contains the necessary natural plants to begin your alkaline cell cleansing journey.



### CONTAINS:

- DIXPA (110 capsules)
- Digestive Compound
- Blood Compound
- Lymphatic Compound

# \$109.99

# WELCOME TO THE JOURNEY

*"Mother Nature provides everything a man needs  
for health and healing"*

## DETOX RULES

1. Consume only alkaline products.
2. Do not consume seedless fruits.
3. No animal products (meat or dairy).
4. Only drink spring water.
5. Take the electric herbs every day.
6. Do not consume any type of alcohol.
7. Do not consume starchy or white foods  
(Sugar, flour, corn, potatoes, rice, beans, etc).
8. Do not use the microwave.
9. Take the first rays of the sun daily.
10. Exercise daily.
11. Meditate daily.
12. Limit the use of TV or cell phones.
13. Love yourself.

Provides the minerals for you to experience nature's immense cleansing and revitalizing power through potent botanical compounds and herbs.

Promote deep self-healing and physical rejuvenation by eliminating toxins from the body and nourishing every cell in your body.

## MORNING ROUTINE

"Health is of a functional nature" - Yerbasantas®

Hydrate yourself with spring water and H3O2.  
Drink the alkaline Herbs.

On the road to recovering health, since it is of a functional nature, what we do is equally important as what we stop doing. Following these rules is the equivalent of being in balance with the cosmic arrangement and in obedience to natural laws, this, as we know, keeps us from violation and helps us recover our health.

- Wake up a little before sunrise.
- Gratitude and meditation (6-12 minutes).
- Bath of the first rays of the sun (6 to 9 min).
- Hydrate yourself with spring water.
- Stretch and exercise (30-60 minutes).
- Bath with cold water.
- Take a cup of alkaline herbs.

# DAY 1&2

## Good morning

6:00 AM - 12:00 PM

- Morning Cup of spring water and fresh squeezed Key lime, With a pinch of sea salt.
- A cup of "digestive compound" on an empty stomach.
- Green juice smoothie.

## Good afternoon

12:00 PM - 6:00 PM

- A cup of "lymphatic compound".
- 1 to 2 smoothies of alkaline fruit or vegetable juices.
- Alkaline cooked dish (optional).

## Good night

6:00 PM - 10:00 PM

- One or two cups of "Nervine Compound"

# DAY 3&4

## Good morning

6:00 AM - 12:00 PM

- Morning Cup of spring water and fresh squeezed Key lime, With a pinch of sea salt.
- A cup of "digestive compound" on an empty stomach.
- Green juice smoothie.

## Good afternoon

12:00 PM - 6:00 PM

- A cup of "blood compound".
- 1 or 2 smoothies or alkaline fruit or vegetable juices.
- Alkaline cooked dish (optional).

## Good night

6:00 PM - 10:00 PM

- One or two cups of "nervine compound".

# DAY 5-8

## Good morning

6:00 AM - 12:00 PM

- Morning Cup of spring water and fresh squeezed Key lime, with a pinch of sea salt.
- Half a cup of "Lymphatic Compound" on an empty stomach.
- 2-3 Juices or fruit smoothies.

## Good afternoon

12:00 PM - 6:00 PM

- A cup of our Digestive Compound.
- 2 Smoothies or fruit juices with alkaline vegetables.
- Alkaline cooked dish (Optional).

## Good night

6:00 PM - 10:00 PM

- Just one cup of "Nervine Compound".

# DAY 9-11

## Good morning

6:00 AM - 12:00 PM

- Morning Cup of spring water and fresh squeezed Key lime, with a pinch of sea salt.
- One cup of "blood compound" on an empty stomach.
- 2-3 fruit juices or smoothies.

## Good afternoon

12:00 PM - 6:00 PM

- 1 cup of "Iron Compound"
- 1 to 2 smoothies of alkaline fruit or vegetable juices.
- Alkaline cooked dish.

## Good night

6:00 PM - 10:00 PM

- Just one cup of "Nervine Compound".

# DAY 11-13

## Good morning

6:00 AM - 12:00 PM

- Morning Cup of spring water and fresh squeezed Key lime, with a pinch of sea salt.
- A cup of "digestive compound" on an empty stomach.
- 2-3 fruit juices or smoothies.

## Good afternoon

12:00 PM - 6:00 PM

- 1 cup of "iron compound".
- 1 to 2 smoothies or alkaline fruit or vegetable juices.
- Alkaline cooked dish.

## Good night

6:00 PM - 10:00 PM

- Just one cup of "Nervine Compound".

# DAY 13-15

## Good morning

6:00 AM - 12:00 PM

- Morning Cup of spring water and fresh squeezed Key lime, with a pinch of sea salt.
- A cup of "respiratory compound" on an empty stomach.
- 2-3 fruit juices or smoothies.

## Good afternoon

12:00 PM - 6:00 PM

- 1 cup of composite heart.
- 1 to 2 smoothies or alkaline fruit or vegetable juices.
- Alkaline cooked dish.

## Good night

6:00 PM - 10:00 PM

- Just one cup of "Nervine Compound".





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# CONGRATULATIONS

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*Congratulations you have completed your detox  
to a cellular level.*

*We recommend you continue to drink infusions as they are healthy and good for  
your body. Also continue eating alkaline cooked meals. If trying to heal from any  
disease you will have to continue eating alkaline until you see improvements.*

*Through physical activity the body loses from its different systems, because of this  
it is important to continue to drink the herbs on a normal basis in order to  
continue the cleansing and promote revitalization of the cells.*

This is information that has been lost. It is not new, you already knew about this. You just forgot. We are here to remember you if followed thoroughly will bring great benefits to you, this is the first step to healing from any disease or addiction.