



MORROCCO METHOD INT'L
NATURAL • VEGAN • RAW • PALEO • CHEMICAL-FREE

LUNAR HAIR CHART 2023

North & South America - Europe*

STRENGTHEN



LENGTHEN



THICKEN



ROOT WORK



BEAUTIFY



	STRENGTHEN	LENGTHEN	THICKEN	ROOT WORK	BEAUTIFY
JANUARY	5, 6, 7 FULL MOON	1, 2	15, 16, 17, 20	23, 24, 25	28, 29
FEBRUARY	16, 17	9, 10, 11	12, 13	20, 21, 24, 25	2, 3 FULL MOON
MARCH	28, 29, 30	8, 9, 10, 11, 12 FULL MOON	15, 16, 19, 20 SPRING EQUINOX	24, 25	1, 2
APRIL	16, 17	20, 21	4, 5, 6, 7, 8 FULL MOON	25, 26	11, 12, 13
MAY	13, 14	17, 18, 19	22, 23, 29, 30, 31	4, 5, 6 FULL MOON	9, 10
JUNE	1, 2 & 5, 6 FULL MOON	19, 20, 21 SUMMER SOLSTICE	14, 15	26, 27, 28, 29	9, 10
JULY	3, 4 FULL MOON & 6, 7, 8	11, 12	23, 24, 25, 26, 27	30, 31	15, 16, 17
AUGUST	19, 20, 21, 22, 23	3, 4 & 7, 8 FULL MOON	26, 27	30, 31 FULL MOON	12, 13, 14
SEPTEMBER	8, 9, 10	16, 17, 18, 19	27, 28 FULL MOON	23, 24 FALL EQUINOX	3, 4, 5
OCTOBER	13, 14, 15, 16, 17	1, 2, 5, 6, 7	24, 25	28, 29 FULL MOON	20, 21, 22
NOVEMBER	25, 26 & 29, 30 FULL MOON	20, 21, 22	9, 10, 11, 12, 13	2, 3	16, 17
DECEMBER	6, 7, 8, 9, 10	26, 27, 28 FULL MOON	18, 19 WINTER SOLSTICE	22, 23	13, 14, 15

*For Asia & Australia move each date up one day