



Disability Pride and Rolling through the summer

Zeem-style!

We loved following the journeys of our Zeeners and others in the disabled community during Disability Pride Month! A huge shout out to Kelly, Nikki and Amy for sharing their stories and Zeen experiences - be sure to check out our Instagram and Facebook pages to hear from them.



Abilities Expo Houston

Visit us August 5-7 at NRG Center, Hall E in Houston. We're excited for our Houston debut and can't wait to see you there! We will be at booth 912. The expo is FREE - register today!

Did someone say Accessories???

Get ready, Zeeners! Accessories are beginning to roll in! Travel Covers, Trunk Lift Straps, and Wheel Kits are available and ready for order on the site! Cupholders and more coming soon!



Eye-level Chats

Episode 2: Meet John D. John is the recipient of our first one-hand control Zeen. John experienced a stroke a couple years ago and has been struggling with his mobility ever since. Watch and listen as he shares a bit of his story.

Want to share your story? [Click here.](#)



Stationary Exercises pt. 1



Tips & Tricks

We have more exercises for you in this edition! Our focus is on Stationary Exercises. You will find a refresher on assisted squats (thigh and buttock strengthening), and newbies chair pushups (upper arm, chest and back strengthening) and hamstring curls (back of thigh strengthening and balance training). These exercises will help you increase your strength and improve your mobility with your Zeen and all daily activities.

Have a tip or exercise to share? [Click here.](#)

Do you know others who would like to learn more about the Zeen?

Please share this newsletter and our website.

