

TOWN&COUNTRY

The 15 Best Scalp Treatments to Incorporate into Your Haircare Routine

Flakes don't stand a chance against these scrubs, serums, and oils.

BY SOPHIE DWECK NOV 15, 2022

As unglamorous as it may seem, nurturing your scalp should be at the forefront of your haircare routine. When neglected, a host of issues like **hair thinning**, **hair loss**, and product buildup can arise. And as much as we want to deny it, at one point or another, we have all dealt with scalp problems—whether the condition du jour was flakes, dryness, itchiness, excessive oiliness, or a combination of all these things. While anti-dandruff shampoos were once the product of choice for soothing irritation, reaching for scalp treatments with powerful active ingredients has increasingly become the most effective way to nip any and all scalp conditions in the bud.



Best Treatment for an Oily Scalp

Shaeri

Detoxifying Pure Scrub for the Scalp

\$29 AT SHAERI.COM

PROS

- Suitable for all hair types, especially sensitive scalps
- Promotes a healthy scalp microbiome

An irritated, oily scalp will be a thing of the past when using Shaeri's detoxifying scrub. Infused with a combination of aloe vera, prickly pear oil, sea salt, and lemon essential oil, the exfoliator works wonders to deeply cleanse and remove impurities deep in the hair follicle. Even better: The treatment doubles as a body scrub!

"This product is great, it cleans the scalp perfectly," says a reviewer. "The smell is nice. It restores shine to the hair! I absolutely recommend!"