

Intestinal health and digestion

#sanpharma #dietarysupplements #instestinalhealth #digestion #bacterialcultures #probiotics #traceelements

## sanEntero Meta

providing support for intestinal health and metabolism

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30 Tablets

Serving size (1 tablet) contains:

<b>Minerals</b>		<b>%NRV*</b>			
Manganese	2 mg	(100%*)	<i>Lactobacillus casei</i>	**	
			<i>Lactobacillus paracasei</i>	**	
			<i>Lactobacillus plantarum</i>	**	
<b>Others</b>			<i>Lactobacillus gasseri</i>	**	
Grapeseed extract	100 mg		<i>Lactococcus lactis</i>	**	
OPC (Oligomere Proanthocyanidins)	70 mg		<i>Enterococcus faecium</i>	**	
<i>Lactobacillus acidophilus</i>		**			
<i>Lactobacillus rhamnosus</i>		**			
<i>Lactobacillus salivarius</i>		**			
<i>Lactobacillus helveticus</i>		**			

\* Reference amount of the nutrient reference values (Ger. NRV)

\*\* 10 bacterial cultures with a total of  $1.0 \times 10^{10}$  colony-forming units (CFU) per 1 tablet.

### Ingredients:

Rice starch, filler cellulose powder, grape seed extract (with OPC), manganese sulphate, release agent calcium salts of fatty acids (vegetable), *Lactobacillus acidophilus*, *Lactobacillus rhamnosus*, *Lactobacillus salivarius*, *Lactobacillus helveticus*, *Lactobacillus casei*, *Lactobacillus paracasei*, *Lactobacillus plantarum*, *Lactobacillus gasseri*, *Lactococcus lactis*, *Enterococcus faecium*, coating agent shellac, potato starch.

### Directions:

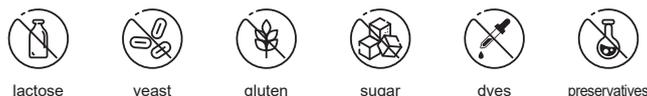
Take 1 tablet daily with sufficient liquid before going to bed. Do not exceed the recommended daily intake.

The intestine is home to a large number of different bacterial strains - the **intestinal flora** or **microbiome**. A healthy intestinal flora contributes significantly to physical and mental well-being. It promotes and supports:

- a healthy functioning digestion
- a strong immune system
- protection against allergies and osteoporosis
- protection against arteriosclerosis by reducing serum cholesterol
- improved lactose intolerance

A healthy **microbiome** is important for numerous metabolic processes. The two most important groups of bacteria in the **intestinal flora** are Firmicutes and Bacteroidetes. The ratio between Firmicutes and Bacteroidetes (F/B) influences the homeostasis of our gastrointestinal tract. Probiotic food supplements contain live microorganisms (bacteria) that can influence the F/B ratio. In addition, **sanEntero Meta** contains manganese, which contributes to physiological energy metabolism.

### Free of:



Store dry, protected from light, and between 15 °C and 25 °C.

**Manufactured for:**  
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### Warnings:

**Desiccant bag inside. Not suitable for consumption.** Food supplements are not intended as a substitute for a balanced and varied diet and a healthy lifestyle. Keep the product out of the reach of children. Without lactose, yeast, colorants or sugar. Gluten free. According to law without preservatives.