

Sports and Energy

Immune system

#sanpharma #sportsandenergy #immunesystem #medicalcosmetics #cosmetics #vegan

Muscle Relaxation

Ultra-colloidal magnesium chloride

100 ml e

Ingredients:

Aqua, Magnesium Chloride.

Directions:

Daily useage and dosage:

1 pump of the ultra-colloidal magnesium chloride solution contains approx. 2 mg of pure magnesium. It is recommended to apply 5 to 10 pumps (corresponding to 10 - 20 mg magnesium) generously to the skin once or several times a day and massage in gently.

Useage for acute cramps:

Spray the ultra-colloidal magnesium chloride spray directly onto the painful area and massage in. This usually relieves the cramp in a few seconds.

Useage for athletes:

After training or competition, spray the ultra-colloidal magnesium chloride spray directly onto the strained muscles and massage in gently; this shortens the recovery time of the muscles.

For all applications, let the product soak in for at least 5 to 10 minutes. The spray leaves tiny salt crystals on the skin, which can then be washed off."



Vegan

Magnesium - a vital mineral

Magnesium is one of the essential minerals - it must be supplied to the body in a suitable form as the human body cannot produce it itself. Magnesium is involved in energy metabolism, supports muscle and nerve functions, maintains the electrolyte balance and is involved in maintaining healthy bones and teeth. Accordingly, magnesium salts are among the most important minerals for humans and are involved in a variety of metabolic processes, such as the formation of countless proteins. Magnesium salts also set thousands of enzyme activities in motion. The symptoms that can occur with magnesium deficiency are correspondingly diverse.

These include, among others:


- Muscle cramps
- Pain such as headaches/migraines, shoulder/neck pain, back pain
- Trembling hands and legs
- Exhaustion / tiredness, sleep disorders and much more.

The following groups of people benefit particularly from transdermal application:

- People who tolerate magnesium poorly orally or absorb it poorly
- Athletes due to dose adjustment without side effects
- Elderly people.
- Anyone who suffers from muscle cramps and needs immediate help
- Pregnant women and breastfeeding mothers

The benefits of transdermal magnesium application include:

- No absorption difficulties in the gastrointestinal tract
- Acute help with muscle cramps
- Fast effect
- Can be dosed according to individual needs
- No gastrointestinal side effects such as diarrhea
- Can be applied selectively to painful or cramped areas of the body.

 Store at a temperature of 15 °C to 25 °C.

Free of:



alcohol



microplastics



dyes



parabens



parafins



animal ingredients



mineral oils

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Notes:

Do not spray the ultra-colloidal magnesium chloride solution in the eyes, on open wounds or inflamed areas of skin. Do not use in patients with impaired renal function or impaired cardiac conduction. Keep out of the reach of children. A slight tingling or warming sensation may occur at the start of treatment. This is a sign that the magnesium is being absorbed by the skin.