

## **How to Interpret Your Pet's Test Results**

The following report lists all the nutrition items tested by 5Strands. This test will indicate your pet's inability to absorb and process each particular nutrient tested.

Each item we test for is exposed to the hair/fur sample provided and measures 1 of 4 responses: Please note that every pet is different and symptoms may vary by level and severity.

Level 3 (red)	These items are considered <b>severe</b> imbalances. Your pet's body will have a <b>severe inability</b> to absorb these items.
Level 2 (yellow)	These items are considered <b>moderate</b> imbalances. Your pet's body will have an <b>intermediate inability</b> to absorb these items.
Level 1 (green)	These items are considered <b>mild</b> imbalances. Your pet's body will have a <b>mild inability</b> to absorb these items.
Insignificant Response (grey)	These items did not meet the threshold that is set for a response. Your pet's body may properly absorb these items.

## **Nutrition Report**

- This nutrition report will indicate the nutrients your pet's body is not absorbing, whether it is from food or supplements.
- Just because they are consuming foods that are rich in a particular nutrient, it does not mean that their body is absorbing the nutrients properly. Consuming foods that they are intolerant to can cause inflammation and in turn prohibit their body's cells from absorbing the needed nutrients.
- The same goes for taking a supplement; just because you added a supplement into their daily nutrition plan, it does not mean that their body is actually absorbing it and utilizing it.

## What do I do with this information?

- → Feeding them a healthy diet by consuming whole foods that their body is not intolerant to is the best way to ensure their body is receiving the proper nutrients.
- → Our website provides definitions for each nutrient, what whole foods provide the nutrient, and the bodily function each nutrient has.
- Instead of adding a synthetic supplement to assist them in increasing their intake, attempt to feed this nutrient in a wide variety of whole foods. Their body often does not know what to do with a synthetic vitamin or supplement, and therefore does not absorb or process it properly.
- → If you do decide to give your pet a supplement, make sure it is as close to natural as possible.
- Please note that this nutrition test will not show a reference range for each item tested as with blood testing. It is unique to 5Strands.
- It is not providing a physical measurement of the amount of nutrients in the body. Bioresonance testing is preemptive to blood testing. It will register imbalances before they manifest into a physical issue.

Disclaimer: 5Strands® Affordable Testing does not make medical diagnosis nor is it intended to be a substitute for professional medical advice, diagnosis or treatment. Always seek the advice of your doctor or other qualified health providers regarding medical conditions, symptoms or questions. Never disregard professional medical advice or delay in seeking it because of something you have read in 5Strands® Affordable Testing materials. If you think you may have an emergency, call your doctor or seek emergency services immediately. Our method of testing does not test for type IgE allergies. Since these reactions can be serious, you should seek the help of an allergy specialist.



Nutrition								
		Vitamin A (retinyl palmitrate)			AA - Non-essential - Arginine			
		Vitamin B1 (thiamine)			AA - Non-essential - Cystine			
		Vitamin B12 (cobalamin)			AA - Non-essential - Taurine			
		Vitamin B2 (riboflavin)			AA - Non-essential - Tyrosine			
LEVEL 2		Vitamin B3 (niacin)			Essential Mineral - Calcium			
		Vitamin B5 (pantothenic acid)	LEVEL 2		Essential Mineral - Choline			
		Vitamin B6 (pyridoxine)			Essential Mineral - Magnesium			
		Vitamin B7 (biotin)			Essential Mineral - Phosphorus			
LEVEL 3		Vitamin B9 (folic acid)			Essential Mineral - Potassium			
		Vitamin C (ascorbic acid)	LEVEL 2		Essential Mineral - Sodium			
		Vitamin D3 (cholecalciferol)			Essential Mineral - Zinc Orotate			
		Vitamin E (alpha-tocopherol)	LEVEL 2		Fatty Acid - Alpha-linolenic Acid (Omega 3)			
LEVEL 2		Vitamin K1 (phylloquinone)			Fatty Acid - Arachidonic Acid (Omega 6)			
		AA - Essential - Histidine			Fatty Acid - Docosahexaenoic Acid (Omega 3)			
LEVEL 2		AA - Essential - Isoleucine	LEVEL 1		Fatty Acid - Eicosapentaenoic Acid (Omega 3)			
		AA - Essential - Leucine			Fatty Acid - Linoleic Acid (Omega 6)			
		AA - Essential - Lysine			Fatty Acid - Linolenic Acid (Omega 3)			
		AA - Essential - Methionine			Trace Mineral - Chloride			
		AA - Essential - Phenylalanine	LEVEL 1		Trace Mineral - Copper			
		AA - Essential - Threonine			Trace Mineral - Iodine (aqueous)			
		AA - Essential - Tryptophane			Trace Mineral - Iron			
		AA - Essential - Valine			Trace Mineral - Manganese			



Nutrition					
LEVEL 3 Trace Mineral - Selenium					