



## 5Strands® Affordable Pet Testing Case Study Outline

We appreciate your feedback regarding your experience with 5Strands® Affordable Pet Testing! Please also provide a before and after photo of your pet! We understand that by providing this information you are granting permission for us to share your story on 5Strands® Affordable Testing's websites, social media and in marketing materials.

Pet's Name: Brulee

Pet's Breed & Sex: Persian Female

**Describe condition of pet and/or symptoms before using** *Affordable Testing.* Brulee has occasional loose stools. Whenever I've taken her to the vet (which is most of the time), he can never find anything wrong with her.

What type of food was your pet eating prior to testing (i.e. kibble, raw, frozen, freeze dried, etc.)? Brulee eats a combination of dry kibble, freeze-dried treats, and wet food with varying types of protein.

Describe the results of Affordable Testing (i.e. number and/or examples of items reported as intolerances, insight gained, etc.). Brulee had 22 items in Environmental that were a Level 3. She is an indoor-only cat, so I wasn't too concerned about the outdoor items, but it made me more aware of what may travel inside on my shoes or clothing. The indoor items for concern are cats, leather, mold, mosquito, and wasp.

The food intolerances were quite a bit more – There were 54 food intolerances categorized as Level 3. The surprises were beef, chicken liver, duck, lamb, turkey broth, tuna, and pumpkin! Brulee eats most of these proteins on a regular basis. She doesn't like beef products, so that wasn't a problem and she only gets tuna about 1-2 times a month. I haven't had the opportunity to check the labels of all of her food to see if any of the other 47 items are included.

What elimination plan did you implement (i.e. foods eliminated and/or changes in environment, timeframe, etc.)? To be honest, I haven't eliminated anything yet. However, about two weeks ago, she ate a can of limited ingredient duck and she had some loose stools during the night and the next day. She also had tuna the next day. This was probably a bad combination since both are on the list. Brulee has eaten duck a lot over the last 8 years with no problem so I wonder if it's because of the limited ingredient. What I want to do is offer this particular food to her on a limited case – about 1-2 times a month – to see if she has another reaction. If she does, I will eliminate it from her diet.

## Describe condition of pet and/or symptoms after the elimination plan.

I haven't fed Brulee anymore of the tuna or the limited ingredient duck since the incident two weeks ago. There have been no further incidents of digestive issues.

What is your impression of the *Affordable Testing* process and results of the elimination plan (i.e. length of time to receive results, quality of customer service, value of information gained, etc.)? I'm impressed with everything I discovered with this test. I plan on taking this information to her vet in a couple of months for her wellness checkup to share. I am interested to see his reaction and advice.