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5Strands® Affordable Testing Case Study Outline

We appreciate your feedback regarding your experience with *5Strands® Affordable Testing!* Please use this as a guideline to share your story. Please also provide a before and after photos if possible. It is understood that by providing this information, you are granting permission for us to share your story on *5Strands® Affordable Testing's* websites, social media and in marketing materials.

Name:

Age and Sex:

Describe condition and/or symptoms before using *5Strands® Affordable Testing*.

Have you been to a physician and had a diagnosis? Yes/No Diagnosis:

Have you had any other testing done and if so, what type of testing?

What type of foods were you eating prior to testing (i.e. whole foods, processed foods etc.)?

Describe the results of *5Strands® Affordable Testing* (i.e. number and/or examples of items reported as intolerances, insight gained, etc.).

What elimination plan did you implement (i.e. foods eliminated and/or changes in environment, timeframe, etc.)?

Describe condition and/or symptoms after the elimination plan.

What is your impression of the *5Strands® Affordable Testing* process and results of the elimination plan (i.e. length of time to receive results, customer service, value of information gained, etc.)?