



Classic Cranberry Nut Bread

Makes 1 Loaf

Ingredients:

2 cups flour
½ cup white sugar
½ cup brown sugar
1 ½ teaspoons baking powder
1 teaspoon salt
½ teaspoon baking soda
¾ cup orange juice
1 tablespoon grated orange peel
2 tablespoons shortening
1 egg, beaten
1 ½ cups fresh or frozen cranberries, coarsely chopped
½ cup chopped nuts

Preheat oven to 350°F. Grease a 9 x 5-inch loaf pan.

Mix together flour, sugars, baking powder, salt and baking soda in a medium mixing bowl. Stir in orange juice, orange peel, shortening and egg. Mix until well blended. Stir in cranberries and nuts. Spread evenly in loaf pan.

Bake for 55 minutes or until a toothpick inserted in the center comes out clean. Cool on a rack for 15 minutes. Remove from pan; cool completely. Wrap and store overnight.

PER SERVING (1 slice): Cal. 211, Fat Cal. 54, Protein 3grams, Carb. 37grams, Fat 6grams, Chol. 18mg., Sodium 313mg.