

FIT GUIDE

TOUR TRAVEL PACK 55L



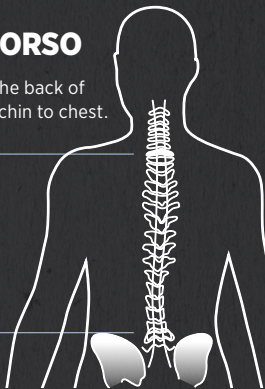
1 MEASURE TORSO

Find the C7 vertebra on the back of the neck when dropping chin to chest.

C7 Vertebra

Total Length
Measurement

Crest of Hip Bone



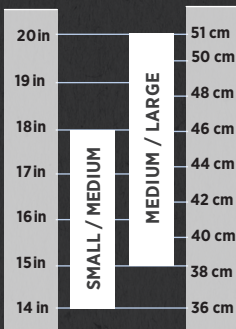
2 FIND SIZE

Small / Medium:

14 in - 18 in / 36 cm - 46cm

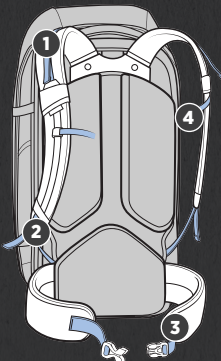
Medium / Large:

15 in - 20 in / 38 cm - 51cm



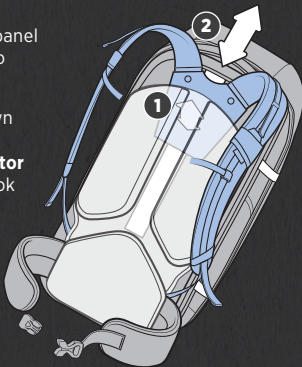
3 LOOSEN ALL STRAPS

1. Load Lifter Straps
2. Shoulder Straps
3. Hip Belt
4. Sternum Strap



4 ADJUST THE YOKE

1. Open padded back panel flaps to allow yoke to slide up and down.
2. Slide yoke up or down to desired fit using **Torso Length Indicator** and secure using hook & loop closure.



5 ADD WEIGHT

Before putting pack on, fill pack with at least 15-20 lb / 7-9 kg.

15-20 lb
7-9 kg

6 PUT PACK ON

1. Secure the **Hip Belt** to fit comfortably; the weight of the bag should rest on your hips.
2. Snug **Shoulder Straps**.
3. Secure **Sternum Strap** move up or down to find a comfortable position (it should not restrict your breathing).
4. Snug **Load Lifter Straps** to pull weight toward your core (ideal fit is a 30° - 60° angle).

