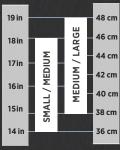


14 in - 18 in /36 cm - 46cm **Medium / Large:** 15 in - 19 in / 38 cm - 48cm



**3 LOOSEN ALL STRAPS** 

- 1. Load Lifter Straps
- 2. Shoulder Straps
- 3. Hip Belt
- 4. Sternum Strap



## **4** ADJUST THE YOKE

- Open padded back panel flaps to allow yoke to slide up and down.
- 2. Slide yoke up or down to desired fit using Torso Length Indicator and secure using hook & loop closure.



## **5 PUT PACK ON**

- 1. Snug Shoulder Straps.
- Secure Sternum Strap move up or down to find a comfortable position (it should not restrict your breathing).
- Snug Load Lifter Straps to pull weight toward your core (ideal fit is a 30° - 60° angle).
- Secure the tuck-away Hip Belt if desired.



