

Wrap It Up

Pamper clients with this botanical rich treatment as a thank you for being a valued client or as a "gift to self" this holiday session.

Ingredients

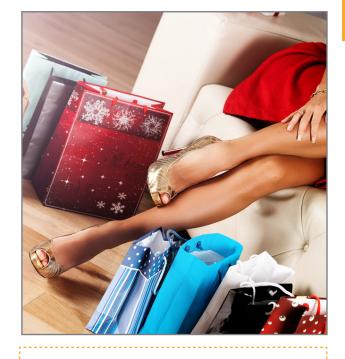
•	Pedi-Scrub	1/2 oz
	Podi-Balm	1// 07

Tools

- 6 Warm, Moist Towels
- 1 Plastic Sheet cut to size
- 1 Thermal Blanket
- 1 Large Bath Towel

Instructions

- 1. Begin treatment with client in a supine position with knees bolstered.
- 2. Exfoliate the right leg from the foot to just below the knee. Repeat steps on left leg.
- 3. Wrap each leg in two warm, moist towels.
- 4. Wrap both legs in plastic sheet and thermal blanket.
- 5. If adding on to full body massage, continue treatment of upper body. If add on, massage head, face and neck and integrate to legs with rocking and compression.
- **6.** Unwrap thermal blanket and remove exfoliant from right leg, then left leg using towels already wrapped around each leg.
- 7. Remove plastic and thermal blanket from the table, leaving legs resting on the large bath towel.



Session Time: 30-45 minutes

Recommended Price: \$45 - \$50

Cost Per Treatment: \$0.71

- **8.** Wrap each leg in a fresh warm towel and wrap in the bath towel.
- Squeeze and compress the feet and legs through the bath towel until towels cool.
- **10.** Remove all towels, cover the left leg with a sheet or blanket and apply Pedi-Balm to right leg.
- **11.** Perform massage from foot to below knee on right leg.
- 12. Repeat on left leg.