



Wrap It Up

Pamper clients with this botanical rich treatment as a thank you for being a valued client or as a "gift to self" this holiday session.

Ingredients

- Pedi-Scrub 1/2 oz
- Pedi-Balm 1/4 oz

Tools

- 6 Warm, Moist Towels
- 1 Plastic Sheet cut to size
- 1 Thermal Blanket
- 1 Large Bath Towel

Instructions

1. Begin treatment with client in a supine position with knees bolstered.
2. Exfoliate the right leg from the foot to just below the knee. Repeat steps on left leg.
3. Wrap each leg in two warm, moist towels.
4. Wrap both legs in plastic sheet and thermal blanket.
5. If adding on to full body massage, continue treatment of upper body. If add on, massage head, face and neck and integrate to legs with rocking and compression.
6. Unwrap thermal blanket and remove exfoliant from right leg, then left leg using towels already wrapped around each leg.
7. Remove plastic and thermal blanket from the table, leaving legs resting on the large bath towel.
8. Wrap each leg in a fresh warm towel and wrap in the bath towel.
9. Squeeze and compress the feet and legs through the bath towel until towels cool.
10. Remove all towels, cover the left leg with a sheet or blanket and apply Pedi-Balm to right leg.
11. Perform massage from foot to below knee on right leg.
12. Repeat on left leg.



Session Time: 30-45 minutes

Recommended Price: \$45 - \$50

Cost Per Treatment: \$0.71