



Sweet Treat

Indulge this holiday season without the calories! Awaken skin with a decadent exfoliation treatment containing a combination of white and brown sugars, followed by a warm, soothing Milk & Honey fragrance infused wrap. Enjoy a deliciously relaxing massage with hydrating Cocoa Comfort Massage Lotion.



Ingredients

- Sugar Body Polish [2 oz]
- European Rose Body Mud [4 oz]
- Cocoa Comfort Massage Lotion [1 oz]
- Milk & Honey Customizing Complex [30 Drops]

Supplies

3 Rubber Spa Bowl
9 Warm, Moist Hand Towels
Plastic Wrap

Session Time: 60-90 mins
Recommended Price: \$120 - \$150
Cost Per Treatment: \$7.21

Instructions

1. Mix **European Rose Body Mud** with 30 drops of **Milk and Honey Customizing Complex**.
2. Apply an exfoliation treatment with **Sugar Body Polish**.
3. Apply **European Rose Body Mud** in an even layer to each part of the body*, while quickly covering each area with plastic wrap. Cover the client with a towel to keep warm.
4. While standing at the head of the table, pull up all layers of sheets, thermal wrap and blanket, cocooning the client.
5. Allow the client to rest for 15-20 min. This is an ideal time to incorporate an add-on face or foot massage.
6. Remove plastic wrap, removing as much mud as possible with the wrap. Remove remaining mud with warm, moist towels. Be sure to cover exposed damp skin with a bath towel.
7. Perform a finishing treatment with **Cocoa Comfort Massage Lotion**.