



Summer Skin Soother

Give clients instant relief from a long day in the sun. Treat the drying effects of the summer heat, enhance cell renewal, restore moisture, and fight free radicals with anti-oxidant protection.



Ingredients

- Micro-Buff Body Polish [2 oz]
- European Rose Body Mud [4 oz]
- Healthy Benefits Creme [1 oz]
- Pomegranate & Cranberry Customizing Complex [45 Drops]

Supplies

2 Rubber Spa Bowl
9 Warm, Moist Hand Towels
Plastic Wrap

Session Time: 60-90 mins

Recommended Price: \$120 - \$150

Cost Per Treatment: \$6.75

Instructions

1. Mix **Micro-Buff Body Polish** with 15 drops of **Pomegranate & Cranberry Customizing Complex** in a rubber bowl.
2. Mix **European Rose Mud** with 30 drops of **Pomegranate & Cranberry Customizing Complex** in a rubber bowl.
3. Apply an exfoliation treatment with the **Micro-Buff Body Polish**.
4. Apply **European Rose Body Mud** in an even layer to each part of the body, while quickly covering each area with plastic wrap. Cover client with a towel to keep warm.
5. While standing at the head of the table, pull up all layers of sheets, thermal wrap and blanket, cocooning the client.
6. Allow the client to rest for 15-20 min. This is an ideal time to incorporate an add-on face or foot massage.
7. Remove plastic wrap, removing as much mud as possible with the wrap. Remove remaining mud with warm, moist towels. Be sure to cover exposed damp skin with a bath towel.
8. Perform a finishing treatment with **Healthy Benefits Massage Creme**.