Spring Renewal



Banish the wear and tear of winter with an invigorating exfoliation infused with essential oils to awaken and revive followed by a soothing cocoon of Body Luxe Hydrating Wrap to moisturize and nourish, leaving skin satiny soft.

Ingredients

- Exfoli-Sea Salt Glow [2 oz]
- Body Luxe Hydrating Wrap [1^{1/2} oz]
- Grapefruit Essential Oil [1^{1/2} oz]
- Uplifting Customizing Complex [30 drops]



Supplies

2 Rubber Spa Bowl 4 Warm, Moist Hand Towels Plastic Wrap Session Time: 60-90 mins

Recommended Price: \$120-\$150

Cost Per Treatment: \$5.68

Instructions

- 1. Mix Exfoli-Sea Salt Glow with 30 drops of Uplifting Customizing Complex in a rubber bowl.
- 2. Mix Body Luxe Hydrating Wrap with 30 drops of Grapefruit Essential Oil in a rubber bowl.
- 3. Apply an exfoliation treatment with Exfoli-Sea Salt Glow.
- **4.** Apply Body Luxe Hydrating Wrap in an even layer to each part of the body, while quickly covering each area with plastic wrap. Cover client with towel to keep warm.
- 5. While standing at the head of the table, pull up all the layers of sheets, thermal wrap and blankets, cocooning the client.
- **6.** Allow client to rest for 15-20 minutes. This is an ideal time to incorporate an add-on face of foot massage.
- 7. Remove plastic sheet, removing as much Body Luxe Hydrating Wrap as possible.
- 8. Perform finishing treatment with product that remains on skin.