



BIOTONE®



spa products  
*wet and dry rooms*





## MAXIMIZE YOUR SPACE IN WET OR DRY ROOM

Now you can turn any spa room into a full service treatment space. With our wet or dry room products, offer clients an unforgettable spa experience while never leaving the dry room. Formulated for easy application and removal, each product is developed with specialized therapeutic ingredients that give instant, profound relaxation and targeted professional results. Customizing Complexes allow you to make every treatment as unique as your business.

**Make your treatments stand out with a Customizing Complex.....** (page 3)  
Therapeutic  
Signature

**Awaken, revive and renew clients' skin with easy to use products.....** (page 4-9)  
Exfoliation  
Mud  
Wrap  
Face & Foot  
Massage

**Increase Sales with Retail.....** page 9-10  
Offer customers products that keep the spa look between visits



# GETTING STARTED

## EASY SET-UP

The BIOTONE SPA Treatment Protocol is for a Customized Body Exfoliation, followed by one of our three Customized Mud Wraps or a Hydrating Body Wrap, finishing with a Customized Body Hydrator. This is a dry room protocol. If you are using a shower or Vichy, use appropriate protocol during the period of product removal.

### BE PREPARED

If you are familiar with providing full body spa treatments, you may add, change, or omit steps as it suits your personal or client preference. If this is your first time doing a full body spa treatment, you are encouraged to follow the protocol described until you are comfortable with all the steps and can complete them without referring to the instructions. This will typically take 4 practice sessions. After that you can alter your table set up or product application as it suits your personal or client preference.

### WHAT TO ASK THE CLIENT

Before providing any treatment to your client, be sure to discuss any contraindications the client may have. Contraindications include: active cancer, epilepsy, infectious/contagious skin conditions, low blood pressure, pregnancy or lactation, heart disease, diabetes, cardiovascular conditions, inflammation, severe abrasions, or allergies to product ingredients.

### BEFORE YOU BEGIN

Show the client the prepared room. Inform the client where to store their clothes or robe after you leave the room. Instruct them to lay face down on the table underneath the top bath sheet. Prior to leaving the room, client may select the Customizing Complex (pg. 3) they prefer in their treatments. While client is undressing for treatment, leave to prepare your body treatments.

## WHAT YOU'LL NEED

1 Warming Pad Only *in dry room*  
Or Table Pad *not shown*

1 Twin Fitted Sheet *Not Shown*

2 Full Flat Sheets *One Is Optional*

1 Queen Cotton Blanket

1 Thermal Blanket

1 Plastic Wrap Full Body

2 Bath Sheets

3 Hand Towels  
For Head, Breast Area  
And Optional Pelvic Area

12 Hand Towels  
Pre-Moistened and Warmed  
*These should be available in the room  
in either a Towel cabinet or roaster.*

3 Rubber Mixing Bowls

2 Measuring Cups  
1/2 & 1/4 Cup Size

2 Measuring Spoons  
1/2 & 1/8 Teaspoon Size

1 Spatula



NEED MENU IDEAS?  
visit  
[biotone.com/  
menu-ideas](http://biotone.com/menu-ideas)

# CUSTOMIZING COMPLEXES



## THERAPEUTIC

### DETOXIFYING

Rosemary, Burdock, Echinacea,  
Fig Wort, Watercress, Geranium  
1/2 oz BSCCDETOXH2  
2 oz BSCCDETOX2

### FIRMING

Paraguay Tea, Ginseng, Tangerine,  
Ivy, Jaborandi, Rosewood  
1/2 oz BSCCFIRMHZ  
2 oz BSCCFIRM2Z

### RELAXING

Lavender, Calendula, Rosewood,  
Orange, Blue Malva, Hops  
1/2 oz BSCCRELAXHZ  
2 oz BSCCRELAX2Z

### SORE MUSCLE RELIEVING

Rosemary, Eucalyptus, Lavender,  
Peppermint, Juniper, Rosewood  
1/2 oz BSCCSOREHZ  
2 oz BSCCSORE2Z

### UPLIFTING

Verbena, Grapefruit, Lemongrass,  
Bergamot, Rosewood, Orange  
1/2 oz BSCCUPLIFTHZ  
2 oz BSCCUPLIFT2Z



## SIGNATURE

### GREEN TEA & LIME LEAF

Green Tea, Lime Leaf, Bamboo,  
Fo-ti Root, Lemongrass, Ginger  
1/2 oz BSCCGREHZ  
2 oz BSCCGRE2Z

### LAVENDER & CALENDULA

Lavender, Calendula, Hops,  
Evening Primrose, Blue Malva  
1/2 oz BSCCLAVHZ  
2 oz BSCCLAV2Z

### MANGO & MANDARIN

Mango, Mandarin, Quince,  
Pineapple, White Peach  
1/2 oz BSCCMANGHZ  
2 oz BSCCMANG2Z

### MILK & HONEY

Milk Glycerides, Honey,  
Royal Jelly, Clover Blossom  
1/2 oz BSCCMILKHZ  
2 oz BSCCMILK2Z

### POMEGRANATE & CRANBERRY

Pomegranate, Cranberry,  
Wild Cherry, Almond, Loquat  
1/2 oz BSCCPOMHZ  
2 oz BSCCPOM2Z

## EASY SET-UP

Our exclusive therapeutic and signature complexes allow complete customization to meet the special needs of your client. Once you have customized the product return to the room. Nestle the mud and massage lubricant in your towel cabinet or roaster for maximum heating, or place in hot water bath to heat.



## MUD

1. Dispense 1/2 cup **Body Mud** into separate mixing bowl.
2. Add 30-40 drops (1/2 tsp) of **Customizing Complex**. Use more or less based on personal preference. Mix well.

## EXFOLIANT

1. Dispense 1/4 cup **Body Polish** (Exfoliator) into mixing bowl.
2. For Salt Glow add 30-40 drops (1/2 tsp). For **Micro-Buff** add 10-15 drops (1/4 tsp). You may use more or less depending on personal preference. Mix well.

## MASSAGE OIL

1. Dispense 1 oz **Revitalizing Massage Oil** into a mixing bowl.
2. Add 10-15 drops (1/4 tsp) of **Customizing Complex**. Heat slightly before mixing. Mix well.

## MASSAGE LOTION

1. Dispense 1 oz **Unscented Hydrating Lotion** into mixing bowl.
  2. Add 10-15 drops (1/4 tsp) of **Customizing Complex**. Heat slightly before mixing. Mix well.
- Note: scented hydrating lotions are pre-mixed with customizing complex and can be warmed as well prior to application.*

## MASSAGE BUTTER

1. Dispense 1 oz **Soothing Massage Butter** into mixing bowl.
2. Add 10-15 drops (1/4 tsp) of **Customizing Complex**. Heat slightly before mixing thoroughly with fingers. Spatula won't mix this product.

AMOUNTS			
1/2 oz	(+ Mud or Salts)	30-40 drops Treatment Size	8 Treatments
1/2 oz	(+ Butter, Oil or Polish)	10-15 drops Treatment Size	25 Treatments
2 oz	(+ Mud or Salts)	30-40 drops Treatment Size	34 Treatments
2 oz	(+ Butter, Oil or Polish)	10-15 drops Treatment Size	100 Treatments





# EXFOLIATORS

Action Packed to Awaken Skin

Prep Skin for Maximum Benefits | Easy Wash Off | Use in Wet or Dry Room

## EXFOLIATION TREATMENT

As you begin this next step of the treatment, let your client know the special benefits of the product you are applying. Apply exfoliator to dry skin only. Undrape and re-cover the client as appropriate during the product application to prevent chilling and respect modesty. During exfoliation use your fingertips as well as your full palm using vigorous, quick circular strokes.

1. Begin on lower body by spreading the exfoliator in upward direction along full length of leg.
2. Returning to ankles, scrub skin using small circular movements on side and back of leg, slowly moving in an upward direction on leg and buttocks. Repeat 2-3 times ending with one long stroke to the foot. Avoid back of knee.
3. Scrub foot liberally. Move to next leg and repeat steps 1-2. Cover client's lower body with bath sheet when finished.
- 4-6. Move to head of table and apply exfoliator first on back, then arms, and hands. Stabilize elbow and wrist joint when exfoliating arm. Scrub skin alternating large and small strokes. Repeat on elbows and rough patches.
- 7-8. Remove exfoliator with warm moist towels in same order applied, toweled area 1-2 times insuring exfoliator removal. Use one towel for lower body and one towel for upper body. When removal is

complete, hold bath sheet between you and your client instructing them to turn over. Re-cover client with bath sheet.

- 9-10. Exfoliate client in same order as previous side. First legs; then upper body. Remove exfoliator as before. Use one hand towel for upper body and one for lower body. When removing exfoliant on decollete, arms and stomach, cover breast and pelvic area with hand towel. Cover client with bath sheet after each section is cleansed to avoid chilling.

## AMOUNTS

### Micro-Buff Body Polish 120 oz

2 oz Treatment Size | 60 Treatments

### Exfoli-Sea Salt Glow 187 oz

2 oz Treatment Size | 93 Treatments

### Sugar Body Polish 73 oz

2 oz Treatment Size | 36 Treatments

### Exfoli-Sea Salt Glow

Stimulate Circulation, Lift Away Flakey Skin, Boost Treatment  
*Triple layers of salt, Dead Sea Salt, Marine Luffa*

187oz - BSESSG187Z  
53oz - BSESSG53z  
4oz - BSESSG4Z

### Sugar Body Polish

Cleanse & Hydrate  
Stimulate skin circulation  
Reveal a Healthy Glow  
*Brown Sugar, Honey, Clover, Royal Jelly*

73 oz BSSBPMILK73Z

### Micro-Buff Body Polish

Ideal for Sensitive Skin  
Refine & Soften  
*Biodegradable Buffing Beads, Sea Luffa, Apricot Flower*

120 oz BSMBP120Z  
34 oz BSMBP34Z  
4 oz BSMBP4Z





# sugar body polish

Pure Cane Sugar, Coconut Oil and Gentle Buffers

Hydrate, Nourish & Condition | Rich, Buttery Feel | No Need to Mix Before Use

Coconut Crush 1 Gallon SUGCOCONUT1G

Café Brulée 1 Gallon SUGCAFE1G

Berry Buff 1 Gallon SUGBERRY1G







# MUDS

Creme Based Body Nourishment

**Rich, Luxurious Texture | Easy Wash Off | Use In Wet or Dry Room**

1. Assist client to sitting position while covered. Moving quickly to avoid mud cooling, apply mud evenly over back. Use one hand for mud application. Roll lower bath sheet towards buttocks. Assist client to lie back down & lift hips to remove lower bath sheet. Client should now be in direct contact with plastic wrap.
2. Have client bend knee, resting foot on table, rolling slightly to one side to allow proper mud coverage. Apply mud to inside and outside leg and buttocks. Avoid the feet.
3. When leg is covered with mud, straighten and cover leg and foot with plastic. Repeat on other leg. Cover client's lower body with bath sheet to prevent body from chilling.
4. Apply mud to stomach, then arm and decollete. Have client place arm in comfortable resting position for duration of wrap. Cover mud with plastic. Finish with other arm and wrap with plastic.
5. Wrap client with thermal blanket, optional flat sheet, & cotton blanket. Place a bath sheet over this cocoon to seal in heat. If preferred, place an eyepillow over their eyes. Leave the room, allowing client 15-20 minute rest. (Occasionally checking in on them during rest) Place finishing product in roaster.
6. Optional step. Return to provide 5-10 minute scalp massage while client is resting in wrap.
7. Test towel heat before applying. Remove mud from chest, arms, and stomach with warm moist towels.
8. Assist client to sit up. With fresh warm moist hand towel, remove remaining mud from back.
9. Prior to client lying back down, roll/fold plastic and thermal blanket towards their buttocks. Have client lie down covering upper body with bath sheet. For each leg, remove mud with separate fresh moist hand towel.
10. Peel back plastic from one leg. Begin on thigh, remove mud with fresh hand towel, cleansing top then back of leg. Have client lift hip, then roll/fold used section of plastic and thermal blanket. Repeat on other leg. Remove plastic and thermal blanket entirely. Cover client with bath sheet to prevent body from chilling.

## AMOUNTS

**European Rose Mud 163 oz**

4 oz Treatment Size | 40 Treatments

**Firmi-Sea Body Mud 168 oz**

4 oz Treatment Size | 42 Treatments

**Black Baltic Body Mud 168 oz**

4 oz Treatment Size | 42 Treatments

HYDRATE

FIRM

DETOX



### European Rose Body Mud

Hydrate, Refine & Soften Skin,  
Accelerate Cell Renewal

*French Sun Dried Clay,*

*Rosa Centifolia*

163 oz BSERM1G

45 oz BSERM45Z

4 oz BSFSM4Z

1/4oz SSBSERM

### Firmi-Sea Body Mud

Firm, Tone & Smooth Skin,  
Remineralize & Refine

*French Sea Actives,*

*Mineral Rich Algae*

168 oz BSFSM168Z

46 oz BSFSM46Z

4 oz BSFSM4Z

1/4 oz SSBFSM

### Black Baltic Body Mud

European Organic Silts,  
Fresh Water Minerals

*Detox, Improve Skin Tone*

*& Help Attract Impurities*

168 oz BSBBM168Z

46 oz BSBBM46Z

4 oz BSBBM4Z

1/4 oz SSBBSBM

# WRAPS

Two Products in One

Use Like a Mud | Use Like a Finishing Treatment

WET OR DRY ROOM  
Easy Clean-Up

## ULTRA HYDRATION

Follow the same full body mud protocol (page 4) for hydrating wrap. The Body Luxe Hydrating Wrap can be removed like a mud, or can remain on skin and be used for the finishing treatment.

Removing Body Luxe Hydrating Wrap is optional, please check client's preference. No additional finishing product is needed when using the Body Luxe Hydrating Wrap formula.

1. Follow same full body mud protocol steps 1-6 on page 4. *Note:* when peeling away plastic, wipe away as much excess Body Luxe as possible with the plastic.

### Option A

If your client prefers to have the wrap removed follow the full body mud protocol steps 7-10 on page 5.

### Option B

If you or your client prefer to use the Body Luxe Hydrating Wrap for the finishing treatment continue to step 1 on page 8.

## AMOUNTS

**Body Luxe Hydrating Wrap 51 oz**  
1 1/2 oz Treatment Size | 33 Treatments

### Body Luxe Hydrating Wrap

Indulge your clients' skin and senses with a decadent escape Rich Warming Balm, Active Botanicals, Deep Hydration  
51 oz BSBLHW51Z  
4 oz BSBLHW4Z  
1/4 oz SSBSBLHW

RICH BALM



# FACE & FOOT

Head to Toe Therapy

**Vitamin K**  
Helps treat dark under-eye circles

**Vitamin C**  
Reduces fine lines and wrinkles.

**CoQ10**  
Increases collagen and elastin.

### Facial Therapy MicroRefiner®

Primer step of gentle pumice polishing crystals and micronized buffing beads.  
*Gentle, Effective, and Easy to Use*

20 oz BSFTMR20Z



### Facial Therapy Massage Creme®

Firming actives & skin smoothing botanicals for facials, massage or leave-on moisturizer.  
*Improve Circulation, Replenish and Tone*

16 oz w/pump BSFTMC16  
2 oz BSFTMC2Z

### Marine Therapy Pedi-Scrub®

Smooth and soften dry and overworked feet. Exhilarating and refreshing.  
*Marine Actives, Dead Sea Salts, Apricot Powder*

75 oz BSMTPS75Z



### Marine Therapy Pedi-Balm®

Help stimulate circulation, soften and soothe. Gives a powdery feel.  
*Botanical Extracts, Essential Oils, Shea Butter*

60 oz BSMTPB60Z  
2 oz BSMTPB2Z

**Marine Extracts, Laminaria Digitata, Sea Fennel, Sea Rocket**  
Firming, toning and exfoliating benefits for feet

**Lavender, Litsea, Peppermint**  
Revitalize, cool and energize with a powdery finish

**Shea Butter**  
Deep hydration and healing benefits to skin



# MASSAGE

## The Grand Finale

Butter | Oil | Lotion



### Hydrating Massage Lotion

Hydrate, Protect and Smooth, Lightweight, Extended Workability, Less Reapplications  
*Shea Butter, Jojoba, Avocado and Peach Oils*

- Unscented 1 gallon BSHLU1G
- Unscented 1 oz trial size SSBShLU
- Lavender & Calendula 1 gallon BSHLLAV1G
- Pomegranate & Cranberry 1 gallon BSHLPOM1G

### Smoothing Massage Butter

Absorbency with Workability, Soothe, Tone & Soften, Easy to Customize  
*Unscented, Shea Butter, Jojoba and Avocado Oils*

- 125 oz BSSMB125Z
- 36 oz BSSMB36Z
- 4 oz BSSMB4Z

## MASSAGE FINISHING TREATMENT

At this point in the treatment, you can finish with a 5- 10 minute application of a hydrating lotion, smoothing butter, or proceed with a massage therapy service.



### Optional for Massage

Hold up bath sheet between you and client. Instruct client to lie face up on top of fitted sheet, and underneath flat sheet (blanket and optional flat sheet if you kept it on table).

1. Undrape and re-cover client as appropriate while you apply finishing lotion, oil or butter. Begin application on right leg, then left leg, stomach, decollete, left arm and then right arm. When applying lubricant to stomach, use hand towel to cover client chest area.
2. When finished with front side, have client turn over onto stomach. Apply lubricant starting with legs and finish with upper back. When treatment is complete, leave room and let client rest until ready to get dressed.

## AMOUNTS

### Hydrating Massage Lotion 1 gal

1 oz Treatment Size | 128 Treatments

### Smoothing Massage Butter 125 oz

1 oz Treatment Size | 125 Treatments

# AROMATHERAPY EXPERT

With the Twist of a Cap

Hydrate, Protect & Smooth | No Need To Mix Before Use  
Shea Butter, Mango Butter, Jojoba and Avocado Oils



**Bliss 1 Gallon MLBL1G | Bliss 32 oz MLBL32Z**  
(Bergamot, Coriander, Sweet Orange, Grapefruit, Rosewood and Ylang Ylang essential oils)

**Calming 1 Gallon MLCAL1G | Calming 32 oz MLCAL32Z**  
(Lavender, Rosewood, Tangerine, Chamomile, Petitgrain and Balsam Peru essential oils)

**Energy 1 Gallon MLENE1G | Energy 32 oz MLENE32Z**  
(Mandarin, Ginger, Lemongrass, Clove, Cinnamon and Sweet Orange essential oils)

**Renewal 1 Gallon MLREW1G | Renewal 32 oz MLREW32Z**  
(Peppermint, Rosemary, Lemongrass, Bergamot, Ylang Ylang and Litsea essential oils)

**Serenity 1 Gallon MLSER1G | Serenity 32oz MLSER32Z**  
(Lavender, Orange, Clary Sage, Litsea, Patchouli and Sweet Orange essential oils)

# RETAIL



## Sugar Body Polishes

Fresh ingredients blended in a thick buttery base and loaded with natural buffers. Delight the senses and leave skin feeling invigorated for an amazing at home treatment.

*Pure Cane Sugar, Coconut Oil and gentle buffers*

Berry Buff 12 oz SUGBERRY12Z\*  
Café Brulée 12 oz SUGCAFE12Z\*  
Coconut Crush 12 oz SUGCOCONUT12Z\*



## Change the Mood

### Ambiance Aroma Room Mists

Create a luxurious ambiance for your treatment room, office or linens, and increase retail sales to your clients. Tantalize the senses and recharge the mind, body and soul.

Pomegranate & Cranberry 4 oz BSMRMPOM4Z\*  
Tropical Coconut 4 oz BSMRMTROP4Z\*  
Milk & Honey 4 oz BSMRMMILK4Z\*



Begin with beautiful skin.

Intensely hydrating, deeply moisturizing and packed with nourishing ingredients.



**Truly Nourish Dry Oil Body Spray**

Dramatically lightweight dry oil body spray is formulated with nourishing oils of Shea Butter, Sesame, Avocado and Sunflower to help smooth and hydrate.

- Fig & Vanilla 6 oz TNDOFV6Z\*
- Pomegranate & Berry 6 oz TNDOPOMB6Z\*
- Lavender & Rose 6 oz TNDOLAVR6Z\*
- Pear & Ginger 6 oz TNDOPG6Z\*

**Maximum Moisture Body Lotion**

Deeply-moisturizing body lotion contains natural oils of Shea Butter, Sesame, Avocado and Sunflower to help nourish and condition.

- Fig & Vanilla 8oz MMBLFV8Z\*
- Pomegranate & Berry 8 oz MMBLPOMB8Z\*
- Lavender & Rose 8 oz MMBLLAVR8Z\*
- Pear & Ginger 8 oz MMBLPG8Z\*

**Ultra Hydrating Body Butter**

Luxuriously body butter contains natural oils of Shea Butter, Sesame, Avocado and Sunflower to lock in moisture for long-lasting hydration.

- Fig & Vanilla 7.5 oz UHBBFV8Z\*
- Pomegranate & Berry 7.5 oz UHBBPOMB8Z\*
- Lavender & Rose 7.5 oz UHBBLAVR8Z\*
- Pear & Ginger 7.5 oz UHBBPG8Z\*

**Perfect Grain Body Exfoliant**

Indulgent exfoliator contains pure grains of White Cornmeal, Poppy Seed, Apricot Seed and Walnut Shell Powder to sweep away impurities and dullness.

- Fig & Vanilla 12 oz PGBEFV12Z\*
- Pomegranate & Berry 12 oz PGBEPOMB12Z\*
- Lavender & Rose 12 oz PGBELAVR12Z\*
- Pear & Ginger 12 oz PGBEPG12Z\*

# ACCESSORIES

Must-Haves for Your Treatment Room



**BIODEGRADABLE  
& ULTRASOFT**

## Cloud Comfort® Cradle Covers

Protect face cradles from makeup and facial oil with these soft, disposable covers that offer the comfort of fabric, with sanitary, throw-away ease. Fits all cradles.

100 Count Pack FCP2

1 Case (1,000 pack) FCP10PK2

**BIOTONE EXCLUSIVE**

## Thermal Blanket

Foil on one side, olive on the other.  
For spa body wraps and other services.

60" x 84" Olive SATHERMBLKT-O \$24.95

## Poly Sheet Wrap

Size 71" x 79" sheets for spa  
body wraps and other services.

50 sheet SAPSW-50 \$61.25

250 sheet SAPSW-250 \$229.75



## Cremae Spatula

White spatulas for mixing.

Small (plastic) SPATSM

Large (rubber) SPATLRG



## Rubber Spa Bowls

Blend and warm product with essential oils or customizing complexes. Fit in between heated towels or float in hot water.

Medium 4.25" SAUBOWL-M

Large 4.75" SAUBOWL-L



## PREVIEW COLLECTION

Whether you are adding spa treatments, or expanding the ones you have, this collection is a great choice. Try all seven of BIOTONE® professional exfoliants, muds, hydrators, massage and finishing products. Comes with instructions for protocols and customizing your treatments.

### 4 OZ SIZES OF:

- 1 Micro-Buff Body Polish
- 1 Exfoli-Sea Salt Glow
- 1 Black Baltic Body Mud
- 1 Firmi-Sea Body Mud
- 1 European Rose Body Mud
- 1 Body Luxe Hydrating Wrap
- 1 Smoothing Massage Butter

BSPREVIEW

**FOLLOW BIOTONE**

MADE IN THE USA



V42017