Rock & Sole Foot Massage

Hardworking feet deserve a treat! Salts from the Dead Sea combined with Marine Extracts soothe and soften followed by a moisturizing wrap of European Rose Mud. A hot stone massage revitalizes and renews.

Ingredients
- Marine Therapy Pedi-Scrub [1/2 oz]
- European Rose Mud [1/2 oz]
- Herbal Select Foot Lotion [1/2 oz]
- Peppermint Essential Oil [15 drops]
- Lemon Essential Oil [15 drops]

Supplies
- 3 Rubber Spa Bowl
- 4 Hot, Moist Hand Towels
- Plastic Wrap
- Hot Stone

Session Time: 30-40 mins
Recommended Price: $30 - $40
Cost Per Treatment: $2.14

Instructions
1. Mix European Rose Mud with 10 drops of Peppermint Essential Oil and 15 drops Lemon Essential Oil.
2. Smooth Marine Therapy Pedi-Scrub over the entire right foot. Apply in small circular movements - paying special attention to rough/callused areas. Repeat on the left foot.
3. Remove the Marine Therapy Pedi-Scrub with a hot, moist towel.
4. Apply the European Rose Mud to the entire right foot using small circular movements, repeat on left foot.
5. Cover both feet with plastic wrap and a bath sheet. Leave on for 5-10 minutes.
6. Remove European Rose Mud with a hot, moist towel.
7. Complete the treatment with a quick foot/lower leg hot stone massage using Herbal Select Foot Lotion.

*Follow protocols in BIOTONE Spa Brochure*