



Retreat To The East

Escape to an exotic getaway to the far east with a treatment infused with fragrances of the orient while rich concentrations of algae, minerals, and vitamins derived from active seaweed firm and tone the skin. Continue to unwind with a relaxing massage that will leave skin smooth and hydrated.



Ingredients

- Micro-Buff Body Polish [2 oz]
- Firmi Sea Body Mud [4 oz]
- Smoothing Massage Butter [1 oz]
- Green Tea & Lime Leaf Customizing Complex [50 drops]

Supplies

3 Rubber Spa Bowl
9 Warm, Moist Hand Towels
Plastic Wrap

Session Time: 60-90 mins

Recommended Price: \$120 - \$150

Cost Per Treatment: \$7.61

Instructions

1. Mix **Micro-Buff Body Polish** with 10 drops of **Green Tea & Lime Leaf Customizing Complex** in a rubber bowl.
2. Mix **Firmi-Sea Body Mud** with 30 drops of **Green Tea & Lime Leaf Customizing Complex** in a rubber bowl.
3. Mix **Smoothing Massage Butter** with 10 drops of **Green Tea & Lime Leaf Customizing Complex** in a rubber bowl.
4. Apply an exfoliation treatment with the **Micro-Buff Body Polish**.*
5. While standing at the head of the table, Apply **Firmi-Sea Body Mud** in an even layer to each part of the body,* while quickly covering each area with plastic wrap. Cover client with a towel to keep warm.
6. Allow client to rest 15-20 min. This is an ideal time to incorporate an add-on face or foot massage.
7. Remove plastic wrap, remove as much mud as possible. Remove remaining mud with warm, moist towels. Cover exposed damp skin with a bath towel.
8. Perform a finishing treatment with **Smoothing Massage Butter**.

*Follow protocols in BIOTONE Spa Brochure