## Pomegranate Pampering



Begin with a stimulating exfoliation to reveal fresh glowing skin. Then let your client's body and mind unwind while enveloped in a warm cocoon of Body Luxe Hydrating Wrap to deeply nourish the skin.

## Ingredients

- Micro-Buff Body Polish [2 oz]
- Body Luxe Hydrating Wrap [11/2oz]
- Peppermint Essential Oil [30 drops]



## Supplies

2 Rubber Spa Bowl

4 Warm, Moist Hand Towels

Session Time: 50 mins Recommended Price: \$100 Cost Per Treatment: \$6.08

## Instructions

- 1. Mix 2 oz of Micro-Buff Body Polish with 15 drops of Pomegranate & Cranberry Customizing Complex.
- 2. Mix 1 1/2 oz of Body Luxe Hydrating Wrap with 15 drops of Pomegranate & Cranberry Customizing Complex.
- **3.** Apply an exfoliation treatment with the Micro-Buff Body Polish for exfoliation.
- **4.** Apply Body Luxe Hydrating Wrap in an even layer to each part of the body while quickly covering each area with plastic wrap. Cover the client with towel to keep warm.
- 5. While standing at the head of the table, pull up all layers of sheets, thermal wrap and blankets, cocooning the client.
- **6.** Allow client to rest for 15-20 minutes. This is an ideal time to incorporate a face or foot massage into the treatment.
- 7. Remove plastic sheet, removing as much Body Luxe Hydrating Wrap as possible.
- 8. Perform finishing treatment with product that remains on skin.