Pamper the feet with a Peppermint Pedi! This perfect holiday treat for the feet will have your client’s toes feeling rejuvenated and refreshed after all that holiday shopping.

**Ingredients**
- European Rose Body Mud [1 oz]
- Marine Therapy Pedi-Balm [1 oz]
- Marine Therapy Pedi-Scrub [2 oz]
- Peppermint Essential Oil [6 drops]

**Supplies**
- 3 Rubber Spa Bowl
- 4 Hot, Moist Hand Towels
- Plastic Wrap

**Instructions**
1. In separate bowls prepare: 
   Marine Therapy Pedi-Scrub 
   Rose Mud with 5-6 drops of Peppermint Essential Oil 
   Marine Therapy Pedi Balm - Warm Product prior to application. 
2. Smooth Marine Therapy Pedi-Scrub over the entire right foot. 
   Apply in small, circular movements - paying special attention to rough/callused areas. Repeat on the left foot. 
3. Remove the Marine Therapy Pedi-Scrub with a hot, moist towel 
4. Apply the Rose Mud to the entire right foot using small circular movements; repeat on left foot. 
5. Cover both feet with plastic wrap and a bath sheet. Leave on for 5-10 minutes. Use this time to pamper your client with a neck and shoulder massage. 
6. Remove Rose Mud with a hot, moist towel. 
7. Complete the treatment with a 10 minute foot/lower leg massage using Marine Therapy PediBalm.

*Follow protocols in BIOTONE Spa Brochure*