



Peppermint Pedi

Pamper the feet with a Peppermint Pedi! This perfect holiday treat for the feet will have your client's toes feeling rejuvenated and refreshed after all that holiday shopping.



Ingredients

- European Rose Body Mud [1 oz]
- Marine Therapy Pedi-Balm [1 oz]
- Marine Therapy Pedi-Scrub [2 oz]
- Peppermint Essential Oil [6 drops]

Supplies

3 Rubber Spa Bowl
4 Hot, Moist Hand Towels
Plastic Wrap

Session Time: 60-90 mins

Recommended Price: \$80 - \$100

Cost Per Treatment: \$3.75

Instructions

1. In separate bowls prepare:
 Marine Therapy Pedi-Scrub
 Rose Mud with 5-6 drops of Peppermint Essential Oil
 Marine Therapy Pedi Balm - Warm Product prior to application.
2. Smooth Marine Therapy Pedi-Scrub over the entire right foot. Apply in small, circular movements - paying special attention to rough/callused areas. Repeat on the left foot.
3. Remove the Marine Therapy Pedi-Scrub with a hot, moist towel
4. Apply the Rose Mud to the entire right foot using small circular movements; repeat on left foot.
5. Cover both feet with plastic wrap and a bath sheet. Leave on for 5-10 minutes. Use this time to pamper your client with a neck and shoulder massage.
6. Remove Rose Mud with a hot, moist towel.
7. Complete the treatment with a 10 minute foot/lower leg massage using Marine Therapy PediBalm.