Peppermint Mocha Wrap

Ultra stimulating exfoliation & detoxifying wrap treatment leaves your clients feeling exhilarated & ready to tackle the holiday season. Revive tired skin with a combination of caffeine, cocoa, and peppermint for the ultimate holiday pick-me-up.

**Ingredients**
- Body Luxe Hydrating Wrap [1 1/2 oz]
- Micro-Buff Body Polish [2 oz]
- Marine Therapy Pedi-Scrub [1/2 oz]
- Peace Balancing Blend [10-15 drops]
- Peppermint Essential Oil [40 drops]

**Supplies**
- 1 Rubber Spa Bowl
- 2 Hot, Moist Hand Towels
- Tipped Applicator Bottle

**Instructions**

1. Add 2 oz **Micro-Buff Body Polish**, 1 teaspoon Cocoa Powder, 1 teaspoon Ground Coffee and 20 drops **Peppermint Essential Oil** to rubber bowl, mix well. Warm prior to application.
2. Add 1.5 oz **Body Luxe Hydrating Lush**, 1 teaspoon Cocoa Powder, 1 teaspoon Ground Coffee and 20 drops **Peppermint Essential Oil** to rubber bowl, mix well. Warm prior to application.
3. Apply an exfoliation treatment using the protocol* for **Micro-Buff Body Polish**. Remove with warm wet towels.
4. Apply **Body Luxe Hydrating Wrap** in an even layer to each body part, following BIOFORGE protocol, while quickly covering each area with plastic wrap. Cover the client with a towel to keep warm.
5. While standing at the head of the table, pull up all layers of sheets, thermal wrap and blankets, cocooning the client.
6. Allow client to rest for 15-20 minutes - stay in room or near client for reassurance.
7. Remove plastic sheets, removing as much hydrating wrap as possible.
8. Perform finishing treatment with remaining **Body Luxe Hydrating Wrap**.

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*Follow protocols in BIOFORGE Spa Brochure*