Peace, Hope & Love

Tis the season for this holiday treatment to become a classic on your menu. This combination of Peace of Mind Scalp Therapy, Hope Foot Relief and Love Hand Rejuvenation will leave your client feeling relaxed and refreshed.

Ingredients

- Revitalizing Massage Oil [1 oz]
- Micro-Buff Body Polish [1/2 oz]
- Marine Therapy Pedi-Scrub [1/2 oz]
- Peace Balancing Blend [10-15 drops]
- Elation Balancing Blend [10-15 drops]

Supplies

1 Rubber Spa Bowl
2 Hot, Moist Hand Towels
Tipped Applicator Bottle

Instructions

1. Add 1 tbsp of Micro-Buff Body Polish and 1/2 tsp (10-15 drops) of Elation Balancing Blend to rubber bowl, mix well. Warm prior to application.
2. Mix Revitalizing Massage Oil with Peace Balancing Blend. Place in tipped application bottle and warm prior to using.
3. Smooth Marine Therapy Pedi-Scrub over the entire right foot. Apply small circular movements from sides then top of foot. Repeat 3 times. Repeat on left.
4. Cover feet with plastic wrap, then cover with hot towel.
5. Smooth Micro-Buff Body Polish Elation Blend over the entire right hand. Apply small circular movements from sides then top of hand. Repeat times. Repeat on left hand.
6. Remove Micro-Buff Body Polish from hands with hot, moist towels.
7. With fingertips, dab a drop of pure Elation Balancing Blend on energy point along legs, starting at the feet, and moving towards the sacrum. Hold your finger against the skin for 5-10 seconds as you apply the blend.
8. While standing at the head of the table, pull up all layers of sheets, thermal wrap and blankets, cocooning the client.
9. Massage Revitalizing Massage Oil Peace Blend into hair and scalp.
10. Beginning at the temples with the fingers spread; massage the scalp in small circles. Continue this motion to the base of the neck. Repeat three times.
11. Unwrap client from layers. Remove towel and plastic wrap from feet. Remove Marine Therapy Pedi-Scrub from feet with hot, moist towels.
12. Complete the treatment with a nice finishing massage.

Session Time: 60 mins
Recommended Price: $80 - $100
Cost Per Treatment: $3.75

*Follow protocols in BIOTONE Spa Brochure