



Peace, Hope & Love

'Tis the season for this holiday treatment to become a classic on your menu. This combination of Peace of Mind Scalp Therapy, Hope Foot Relief and Love Hand Rejuvenation will leave your client feeling relaxed and refreshed.

Ingredients

- Revitalizing Massage Oil [1 oz]
- Micro-Buff Body Polish [1/2 oz]
- Marine Therapy Pedi-Scrub [1/2 oz]
- Peace Balancing Blend [10-15 drops]
- Elation Balancing Blend [10-15 drops]



Supplies

- 1 Rubber Spa Bowl
- 2 Hot, Moist Hand Towels
- Tipped Applicator Bottle

Session Time: 60 mins

Recommended Price: \$80 - \$100

Cost Per Treatment: \$3.75

Instructions

1. Add 1 tbsp of **Micro-Buff Body Polish** and 1/2 tsp (10-15 drops) of **Elation Balancing Blend** to rubber bowl, mix well. Warm prior to application.
2. Mix **Revitalizing Massage Oil** with **Peace Balancing Blend**. Place in tipped application bottle and warm prior to using.
3. Smooth **Marine Therapy Pedi-Scrub** over the entire right foot. Apply small circular movements from sides then top of foot. Repeat 3 times. Repeat on left.
4. Cover feet with plastic wrap, then cover with hot towel.
5. Smooth **Micro-Buff Body Polish Elation Blend** over the entire right hand. Apply small circular movements from sides then top of hand. Repeat times. Repeat on left hand.
6. Remove **Micro-Buff Body Polish** from hands with hot, moist towels.
7. With fingertips, dab a drop of pure **Elation Balancing Blend** on energy point along legs, starting at the feet, and moving towards the sacrum. Hold your finger against the skin for 5-10 seconds as you apply the blend.
8. While standing at the head of the table, pull up all layers of sheets, thermal wrap and blankets, cocooning the client.
9. Massage **Revitalizing Massage Oil Peace Blend** into hair and scalp.
10. Beginning at the temples with the fingers spread; massage the scalp in small circles. Continue this motion to the base of the neck. Repeat three times.
11. Unwrap client from layers. Remove towel and plastic wrap from feet. Remove **Marine Therapy Pedi-Scrub** from feet with hot, moist towels.
12. Complete the treatment with a nice finishing massage.