



Holiday Happiness

Revive weary and tired bodies with a stimulating Milk & Honey Sugar Body Polish exfoliation followed by a comforting Cocoa-Comfort Massage Balm wrap, sure to melt away your client's holiday stress.



Supplies

- 2 Rubber Spa Bowls
- 10 Hot, Moist Hand Towels
- 1 Sheet Plastic Wrap
- 1 Thermal Blanket
- 2 Bath Towels

Ingredients

- Milk & Honey Sugar Scrub [2 oz]
- Cocoa-Comfort Massage Balm [2 oz]

Session Time: 20 - 30 mins
 Recommended Price: \$20 - \$30
 Cost Per Treatment: \$1.19

Instructions

1. In separate bowls prepare: **Milk & Honey Sugar Body Polish** and **Cocoa-Comfort Massage Balm**
2. Warm product prior to application.
3. Apply an exfoliation treatment using the protocol for **Milk & Honey Sugar Body Polish**. Remove with warm, wet towels.
4. Apply a small amount of **Cocoa-Comfort Massage Balm** in an even layer to each body part, following BIOTONE protocol, while quickly covering each area with plastic wrap. Cover the client with a towel to keep warm.
5. While standing at the head of the table, pull up all layers of sheets, thermal wrap and blankets, cocooning the client.
6. Allow client to rest for 15-20 minutes – stay in room or near client for reassurance.
7. Remove plastic sheets, removing excess Balm along with sheet.
8. Perform finishing treatment with **Cocoa-Comfort Massage Balm** remaining on the skin.