



Holiday Hand Treatment

Give your hands the perfect gift this holiday season with a treatment designed to renew and repair dry chapped skin revealing a softer more youthful appearance.



Ingredients

- Micro Buff Body Polish [1/2 oz]
- European Rose Body Mud [1/2 oz]
- Healthy Benefits Massage Creme [1/4 oz]
- Pomegranate & Cranberry Customizing Complex [10 drops]

Supplies

3 Rubber Spa Bowls
2 Hot, Moist Hand Towels
Plastic Wrap

Session Time: 20 mins

Recommended Price: \$20 - \$25

Cost Per Treatment: \$1.72

Instructions

1. Mix **Micro-Buff Body Polish** with 5 drops of **Pomegranate & Cranberry Customizing Complex** in a rubber bowl. Warm product prior to application.
2. Mix **European Rose Body Mud** with 5 drops of **Pomegranate Cranberry Customizing Complex** in a rubber bowl. Warm product prior to application.
3. Smooth the **Micro-Buff Body Polish** over the entire right hand. Apply in small circular movements. Repeat on left hand.
4. Remove the **Micro-Buff Body Polish** with hot, moist towels.
5. Apply the **European Rose Body Mud** to entire right hand then left hand.
6. Cover both hands with plastic wrap and a bath sheet. Leave on for 5-10 minutes.
7. Remove **European Rose Body Mud** with a hot, moist towel.
8. Complete the treatment with a quick hand and arm massage using **Healthy Benefits Massage Creme**.