Get Up and Go

Awaken the body by removing toxins and impurities with a refreshing exfoliation and detoxifying wrap. A rejuvenating massage with a blend of energizing essential oils will uplift and renew.

Ingredients
- Exfoli-Sea Salt Glow [2 oz]
- Firmi Sea Body Mud [4 oz]
- Energy Aromatherapy Lotion [1 oz]
- Detoxify Customizing Complex [60 drops]

Supplies
- 2 Rubber Spa Bowls
- 9 Warm, Moist Hand Towels
- Plastic Wrap

Instructions
1. Mix Exfoli-Sea Salt Glow with 30 drops of Detoxifying Customizing Complex in a rubber bowl.
3. Apply an exfoliation treatment with the Exfoli-Sea Salt Glow.*
4. Apply Black Baltic Body Mud in an even layer to each part of the body,* while quickly covering each area with plastic wrap. Cover client with a towel to keep warm.
5. Allow client to rest 15-20 min. This is an ideal time to incorporate an add-on face or foot massage.
6. Remove plastic wrap, remove as much mud as possible. Remove remaining mud with warm, moist towels. Cover exposed damp skin with a bath towel.
7. Perform a finishing treatment with Energy Aromatherapy Massage Lotion.

Session Time: 60-90 mins
Recommended Price: $120 - $150
Cost Per Treatment: $7.78

*Follow protocols in BIOTONE Spa Brochure