

Fresh and Full Hydration

Help your clients escape winter boredom and give them a radiant treatment from head to toe. Gently polish to lift away dry skin accelerating cell renewal and provide an aroma-therapeutic body wrap for total mind-body healing. While relaxing and reviving the body give a refreshing face exfoliation and massage that will soften, tone and nourish skin that's been exposed to the harsh winter months. Finish with a luxurious full body massage.

Ingredients

• Micro-Buff Body Polish2 oz	
• Serenity Massage Lotion	
• Facial Therapy MicroRefiner	
• Facial Therapy Massage Creme	

Supplies

- 8 warm, moist hand towels
- 2 rubber spa bowls
- Thermal Blanket
- Plastic Wrap (optional)

Instructions

- 1. Apply a full body exfoliation treatment with Micro-Buff Body Polish, following the BIOTONE protocol* for exfoliation.
- Apply Serenity Massage Lotion to entire body and wrap with thermal blanket.
- **3.** Wrap client's face with warm steaming towel, leave on for approximately one minute.
- 4. Gently wipe face clean of makeup, be sure to avoid eye area.
- 5. Apply Facial Therapy MicroRefiner evenly to face.
- 6. Gently massage MicroRefiner into skin using small circular motions in an upward motion to work against gravity. Skin may appear rosy as this stimulates circulation.



Session Time: 60 – 90 min

Recommended Price: \$100 - \$150

Cost Per Treatment: \$1.78

- 7. Wrap client's face with another warm steaming towel, leave on for approximately one minute.
- 8. Wipe face clean of granules.
- Apply even layer of Facial Therapy Massage Creme to client's face and proceed with facial massage (8 to 10 minutes) until creme is fully absorbed.
- **10.** Unwrap Aromatherapy wrap and transition to normal massage set up, removing thermal blanket.
- **11.** Perform a finishing treatment with Serenity Aromatherapy Massage Lotion.