



De-Stress & Detoxify Body Wrap

Refresh and hydrate your client's skin with a deeply relaxing and detoxifying full-body treatment that is richly nourishing and enhanced with deep-water silts and key essential oils, making your clients' tension melt away.

Ingredients

- Exfoli-Sea Salt1.5 oz
- Stress Remedy EO Blend.....3 drops
- Black Baltic Body Mud2.5 oz
- Smoothing Massage Butter.....2 oz
- Lavender & Calendula Customizing Complex20 drops

Supplies

- 3 Rubber Spa Bowls
- 10 Warm Moist Towels
- 2 Sheets Plastic wrap

Instructions

1. Place 1.5 oz of Exfoli-Sea Salt in a rubber bowl.
2. Place 2.5 oz of Black Baltic Body Mud in a rubber bowl.
3. Place 2 oz of Smoothing Massage Butter in a rubber bowl.
4. Mix 3 drops of Stress Remedy EO Blend with Exfoli-Sea Salt.
5. Mix 20 drops of Lavender & Calendula Customizing Complex with Smoothing Massage Butter.
6. Apply an exfoliation treatment with Exfoli-Sea Salt.*
7. Apply Black Baltic Body Mud in an even layer to each part of the body*, while quickly covering each area with plastic wrap. Cover the client with a towel to keep warm.
8. While standing at the head of the table, pull up all layers of sheets, thermal wrap and blanket, cocooning the client.
9. Allow the client to rest for 15-20 min.
10. Remove plastic wrap, removing as much mud as possible with the wrap. Remove remaining mud with warm, moist towels. Be sure to cover exposed damp skin with a bath towel.
11. Perform a finishing treatment with Smoothing Massage Butter.



Session Time: 60 min*

Recommended Price: \$100 - \$125

Cost Per Treatment: \$5.53