



Dare to Bare

Get beach body ready with stunningly smooth, toned skin. Eliminate toxins and impurities with a detoxifying exfoliation for maximum absorption of a firming body wrap, enriched with a special blend of essential oils, to reveal sleeker skin.



Ingredients

- Exfoli-Sea Salt Glow [2 oz]
- Firmi-Sea Body Mud [4 oz]
- Smoothing Massage Butter [1 oz]
- Detoxifying Customizing Complex [10 Drops]
- Firming Customizing Complex [35 Drops]

Supplies

3 Rubber Spa Bowls
9 Warm, Moist Hand Towels
Plastic Wrap

Session Time: 60 mins

Recommended Price: \$130

Instructions

1. Mix **Exfoli-Sea Salt Glow** with 30 drops of **Detoxifying Customizing Complex** in a rubber bowl.
2. Mix **Firmi-Sea Body Mud** with 30 drops of **Firming Customizing Complex** in a rubber bowl.
3. Mix **Smoothing Massage Butter** with 5 drops of **Firming Customizing Complex** in a rubber bowl.
4. Apply an exfoliation treatment with **Exfoli-Sea Salt Glow**.
5. Apply **Firmi-Sea Body Mud** in an even layer to each part of the body*, while quickly covering each area with plastic wrap. Cover the client with a towel to keep warm.
6. While standing at the head of the table, pull up all layers of sheets, thermal wrap and blanket, cocooning the client.
7. Allow the client to rest for 15-20 min. This is an ideal time to incorporate an add-on face or foot massage.
8. Remove plastic wrap, removing as much mud as possible with the wrap. Remove remaining mud with warm, moist towels. Be sure to cover exposed damp skin with a bath towel.
9. Perform a finishing treatment with **Smoothing Massage Butter**.