



# Chocolate Creme Bliss

All of the pleasure, none of the guilt! Immerse yourself in chocolaty bliss that will stimulate all of your senses. This body treatment combines the detoxifying effects of Black Baltic Body Mud with the antioxidant properties of pure cocoa to increase cellular turnover while hydrating and firming the skin.



## Ingredients

- Micro-Buff Body Polish [2 oz]
- Black Baltic Body Mud [4 oz]
- Pure Cocoa [1 tsp]
- Unscented Hydrating Lotion [1 oz]
- Milk & Honey Signature Customizing Complex [40-50 Drops]

## Supplies

3 Rubber Spa Bowls  
Plastic Wrap  
10 Hot, Moist Hand Towels

Session Time: 60 mins

Recommended Price: \$130

## Instructions

1. Preheat towel roaster to 250 degrees Fahrenheit
2. Combine ¼ cup **Micro-Buff Body Polish**, ½ tsp of 100% Pure Cocoa and 10 drops **Milk & Honey Signature Customizing Complex**. Mix well. Warm prior to application.
3. Apply the exfoliation treatment according to menu for **Micro-Buff Body Polish**.
4. Combine ½ cup **Black Baltic Body Mud**, ½ tsp 100% Cocoa and 30-40 drops **Milk & Honey Signature Customizing Complex**. Mix well. Place in towel roaster.
5. Mix 1oz **Unscented Hydrating Lotion** with 10-12 drops **Milk & Honey Signature Customizing Complex** in rubber bowl and place in towel roaster
6. Warm products in towel roaster prior to application.
7. Allow client to breathe in the mixed product aroma before you begin.
8. Apply mud in an even layer to each body part, following the BIOTONE protocol, while quickly covering each area with plastic wrap. Cover the client with a towel to keep warm.
9. While standing at the head of the able, pull up all layers of sheets, thermal wrap and blankets, cocooning the client.
10. Allow client to rest wrapped for 20-30 minutes.
11. Remove mud with plastic wrap, then remove remaining mud with warm, damp towels.
12. Apply **Milk & Honey Hydrating Lotion** as a finishing treatment or massage.