



Beautifully Balanced

Calm both body and mind with a therapeutic blend of essential oils while Black Baltic Body Mud frees skin of environmental stress and toxins. A refreshing scalp massage restores from head to toe.



Ingredients

- Micro-Buff Body Polish [2 oz]
- Black Baltic Body Mud [4 oz]
- Revitalizing Massage Oil [1/2 oz]
- Pure Touch Organics Gel [1 oz]
- Orange Essential Oil [10 Drops]
- Relaxing Customizing Complex [55 Drops]

Supplies

3 Rubber Spa Bowls
 Plastic Wrap
 Tipped Applicator Bottle
 10 Warm, Moist Hand Towels

Session Time: 60-90 mins

Recommended Price: \$120 - \$150

Cost Per Treatment: \$9.06 Large Sizes

Instructions

1. In separate bowls prepare:
 - Micro-Buff Body Polish with 15 drops of Relaxing Customizing Complex
 - Black Baltic Body Mud with 30 drops of Relaxing Customizing Complex
 - Revitalizing Massage Oil with 10 drops of Orange Essential Oil
 - Pure Touch Organics Massage Gel with 10 drops of Relaxing Customizing Complex
2. Apply an exfoliation treatment with Micro-Buff Body Polish.*
3. Apply Black Baltic Body Mud in an even layer to each part of the body*, while quickly covering each area with plastic wrap. Cover the client with a towel to keep warm.
4. While standing at the head of the table, pull up all layers of sheets, thermal wrap and blanket, cocooning the client.
5. Apply Revitalizing Massage Oil sparingly to the scalp and massage. Begin at the temples with fingers spread; massage scalp in small circles for about 5 min. Cover scalp with warm moist hand towel.
6. Allow client to rest 10-15 min. Remove plastic wrap, removing as much mud as possible with the wrap. Remove remaining mud with warm, moist towels. Cover exposed damp skin with a bath towel. Remove towel from scalp.
7. Perform a finishing treatment with Pure Touch Organics Massage Gel.