Bare Your Sole

Get your feet in tip top shape for the summer! Enjoy a soak in a refreshing foot bath followed by an invigorating exfoliation revealing baby soft feet. A massage with Marine Therapy Pedi Balm soothes and leaves feet deeply hydrated.

Ingredients

- Marine Therapy Pedi-Scrub [1/2 oz]
- Marine Therapy Pedi-Balm [1/2 oz]
- Awaken Essential Oil [10 drops]
- 1 Lemon

Supplies

Large Bowl/Basin
2 Rubber Spa Bowls

Instructions

1. Cut lemon into slices.
2. Warm product prior to application.
3. Add warm water to large bowl/basin and add lemon slices and 10 drops of Awaken Essential Oil. Let feet soak in footbath for 5 minutes.
4. Remove right foot from footbath and smooth Marine Therapy Pedi-Scrub over the entire foot. Apply in small circular movements, paying special attention to rough/callused areas. Place foot back in bath, repeat with left foot.
5. Remove feet from footbath and wipe clean from excess granules.
6. Complete the treatment with a quick foot and lower-leg massage using Marine Therapy Pedi-Balm.

*Follow protocols in BIOTONE Spa Brochure