

Aromatherapy Scalp Treatment



This quick 10-15 minute add-on treatment pampers and releases tension, leaving the scalp richly nourished and the hair with a healthy shine. This scalp experience is deeply relaxing, meditative and luxurious. A few drops of essential oils may help treat a variety of scalp conditions.

Ingredients

- Revitalizing Massage Oil [1/2 oz]
- Essential Oil Recipe: 2 Drops to treat the following conditions
 - Tea Tree: Dandruff
 - Rosemary: Stimulate Circulation
 - Geranium Rose: Balance
 - Lavender: Soother & Anti-Itch
 - Peppermint: Cooling & Stimulating



Supplies

Tipped Applicator Bottle
Plastic Cap
Hot Towel

Session Time: 15 mins
Recommended Price: \$25
Cost Per Treatment: \$2.46

Instructions

1. Preheat towel roaster/caddy to 250 degrees Fahrenheit.
2. Mix Revitalizing Massage Oil with Essential Oil recipe. Place in tipped applicator bottle and warm product prior to application.
3. Place client in the supine or reclined position.
4. Part hair into 1-inch sections. Apply the warmed product sparingly to the scalp.
5. Cover with a plastic cap and wrap with a hot towel.
6. Let warm towel sit for approximately 10 minutes.
7. Return to head and remove the towel and plastic cap.
8. Gently rock the head back and forth to begin relaxation.
9. Beginning at the temples with the fingers spread; massage the scalp in small circles. Continue this motion to the base of the neck. Repeat three times
10. Press firmly using fingertips, massage the skin and muscles of the scalp.
11. Hold the hair at the roots and gently pull.
12. Proceed with a thorough neck massage.
13. Finish by massaging the ear lobes.