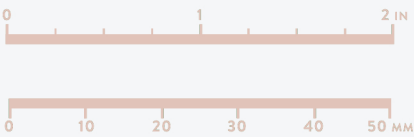


# JEWEL WITHIN™

## RING SIZING GUIDE

**CONFIRM PRINTED PAPER SIZE**



**PLEASE READ CAREFULLY**

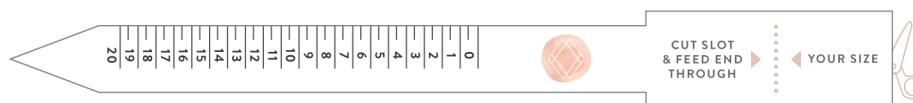
Measure the above bar to ensure it has printed exactly 2 inches, or 50mm, long. If measurement is not accurate, ring size measurement will not be completed properly.

### HOW TO USE THIS GUIDE

- ▶ Before proceeding, use a ruler to confirm the printed paper size in the box to the right.
- ▶ Pull tightly. The sizer must fit snugly to produce an accurate size.
- ▶ Measure your finger at the time of the day when it will be at its largest—this is usually at the end of the day.
- ▶ Avoid measuring your fingers when they are cold or damp, as they will be at their smallest.
- ▶ Bands and rings over 5mm in width may fit your finger more tightly than rings of the same size in narrower widths.

### OPTION 1 CREATE YOUR OWN RING SIZER

1. Cut out the ring sizer below.
2. Wrap the ring sizer snugly around the widest part of the intended finger so that the numbers are visible to you, and insert the pointed end through the slit you made in the sizer.
3. Make note of the number that lines up with the slit, this is your ring size! Keep in mind that quarter sizes are also available if your sizer indicates that you are between whole and half sizes.



### OPTION 2 MEASURE A CURRENT RING

1. Choose a ring that correctly fits the finger you are purchasing the ring for. In the united states the engagement ring and wedding band are most commonly worn on the “ring finger” of the left hand.
2. Lay the ring over each of the size circles below, until you are able to closely match the inside edge of the ring to one of the circles on the guide.
3. If the ring falls between two of the sizes, order the quarter size in the middle.

