## **MEDICINAL MUSHROOMS** QUICK REFERENCE CHART

| MUSHROOM    | SUMMARY OF KEY BENEFITS   | PARTICULARLY<br>BENEFICIAL FOR DOGS<br>WITH   |
|-------------|---|---|
| Cordyceps   | <ul> <li>✓ Enhances the immune system</li> <li>✓ Supports recovery from chronic illness and infection</li> <li>✓ Strengthens the cardiovascular system</li> <li>✓ Supports healthy micro-circulation</li> <li>✓ Increases energy and physical stamina</li> <li>✓ Protects the liver</li> <li>✓ Anti-cancer effects</li> <li>✓ Antimicrobial</li> <li>✓ Improves kidney function</li> <li>✓ Supports lung function</li> <li>✓ Anti-inflammatory</li> <li>✓ Increases resistance to oxidative stress and free radical damage</li> </ul>   | <ul> <li>Kidney disease</li> <li>Chronic renal failure</li> <li>Liver disease</li> <li>Cancer</li> <li>Diabetes mellitus</li> <li>Chronic illness</li> </ul>                          |
| Lions' Mane | <ul> <li>Neuroprotective</li> <li>Nootropic properties</li> <li>May reduce neurodegeneration and neuronal cell death</li> <li>Stimulates nerve growth factor</li> <li>May enhance myelination</li> <li>Enhances the immune system</li> <li>Increases resistance to oxidative stress and free radical damage</li> <li>Antimicrobial</li> <li>Protects the liver</li> <li>Supports healthy ageing</li> <li>Reduces inflammation</li> <li>Promotes energy production</li> <li>Reduces physical fatigue</li> <li>Anti-cancer properties</li> <li>Supports a healthy mood</li> <li>Beneficial for the treatment of ulcers, tumours and inflammation of the digestive system</li> </ul> | <ul> <li>Canine cognitive<br/>dysfunction</li> <li>Neurological disease</li> <li>Degenerative<br/>myelopathy</li> <li>Nerve damage from<br/>prolapsed disc</li> <li>Cancer</li> </ul> |

| MUSHROOM    | SUMMARY OF KEY BENEFITS   | PARTICULARLY                |
|-------------|---|-----------------------------|
|             |   | BENEFICIAL FOR DOGS         |
|             |   | WITH                        |
| Maitake     | ✓ Fortifies the body against disease-causing  | Cancer                      |
|             | pathogens   | Liver disease               |
|             | ✓ Indicated in the treatment and prevention of cancer   | Immune suppression          |
|             | ✓ Improves vitality   | Chronic illness             |
|             | ✓ Balances endocrine and metabolic dysfunction  | Hyperlipidaemia             |
|             | ✓ Improves digestive ailments   | Diabetes mellitus           |
|             | ✓ Protects the liver  | Allergies                   |
|             | ✓ Anti-inflammatory   | Atopic dermatitis           |
|             | ✓ Anti-allergy  | • IBD                       |
| Reishi      | ✓ Supports the immune system  | Kidney disease              |
|             | ✓ Promotes recovery from chronic disease and  | Liver disease               |
|             | debility  | Cancer                      |
|             | ✓ Strengthens cardiac function  | Chronic illness             |
|             | ✓ Boost overall vitality  | Lowered immune              |
|             | ✓ Anti-cancer   | function                    |
|             | ✓ Promotes restful sleep  | Emaciation                  |
|             | ✓ Promotes appetite   | Epilepsy                    |
|             | ✓ Supports lung health  | • Allergies                 |
|             | ✓ Anti-inflammatory and antioxidant   | Gastric ulcers              |
|             | ✓ Enhances nerve growth factor  |                             |
|             | <ul> <li>Promotes healthy mitochondrial function</li> </ul>   |                             |
|             | ✓ Reduces histamine   |                             |
| Shiitake    | ✓ Strengthens the immune system   | Kidney disease              |
|             | <ul> <li>✓ Improves stamina and reduces fatigue</li> <li>✓ Deast singulation</li> </ul>                 | Liver disease               |
|             | ✓ Boost circulation   | Chronic illness             |
|             | <ul> <li>✓ Anti-cancer</li> <li>✓ Antimicrobial properties</li> </ul>                                   | Lowered immune     function |
|             | <ul> <li>✓ Antimicrobial properties</li> <li>✓ Prebiotic properties that increase beneficial</li> </ul> | Cancer                      |
|             | bacteria and reduce pathogenic bacteria   | Receiving                   |
|             | <ul> <li>✓ Protects organs during chronic or recurring illness</li> </ul>                               | chemotherapy                |
| Turkey Tail | <ul> <li>✓ Provides potent immune support</li> </ul>  | Liver disease               |
| rankey ran  | <ul> <li>Acts as a powerful antioxidant and anti-</li> </ul>  | Cancer                      |
|             | inflammatory agent  | Chronic illness and         |
|             | ✓ Anti-tumour, antiviral, and antibacterial actions   | infection                   |
|             | ✓ Improves chemotherapy response  | Allergies                   |
|             | ✓ Improves digestive functioning  | Kennel cough                |
|             | ✓ Supports healthy ageing   | Yeast infections            |
|             | ✓ Helps the immune system resist infections   | Gastrointestinal            |
|             | ✓ May aid in reducing the severity of seasonal  | inflammation                |
|             | ailments  |                             |
|             | ✓ Supports organ health and respiratory function  |                             |