## **CLUB TREADMILLS**





ur treadmills have been placed in the most demanding commercial environments around the world, where our fitness equipment has proven its strength and endurance. When using a Landice treadmill in a commercial facility, you can be confident of its long-lasting and reliable performance.

## **EXPERT CRAFTSMANSHIP SINCE 1967**

#### **A SMOOTH RIDE**

Landice is the industry leader in treadmill shock absorption. Our standard VFX Shock Absorption System provides optimum comfort while reducing impact on your joints. It is 5 times softer than running on grass and great for runners and walkers seeking impact reduction.

#### THE FINEST TREADMILLS

Landice built its reputation on the quality and craftsmanship of its treadmills. Since 1967, we have engineered the most innovative and durable fitness products in the industry, in the USA.





## THE BENCHMARK FOR FITNESS

#### TREADMILL FRAME COMPARISON

Solid construction – commercial grade

	L7 CLUB	L10 CLUB
User Capacity	400 lbs.	500 lbs.
<b>Equipment Weight</b>	300 lbs.	460 lbs.
Dimensions	35" W x 76" L x 59" H	34" W x 83" L x 64" H
Running Surface	20" W x 58" L	22" W x 60" L
Power	220 VAC, 50/60Hz, 10A (optional) 110 VAC, 50/60Hz, 15A (standard)	220 VAC, 50/60Hz, 10A (optional) 110 VAC, 50/60Hz, 15A (standard)
Roller	2 ½" 14lbs.	3 ½" 22lbs.
Step-up Height	5 1/2"	9"
Speed	0.5 to 11 mph	0.5 - 15.5 mph (220 VAC) 0.5 - 12.5 mph (110 VAC)
Incline	0% to 15%	0% to 15%
Drive System <sup>†</sup>	4 HP Continuous duty DC motor	5 HP Continuous duty AC motor
Deck	1" - Reversible	1" - Reversible
Control Panels	Landice Achieve Pro Sports	Landice Achieve Pro Sports



### **CLUB**

Designed specifically for high-volume usage in health club settings, the L-Series Club treadmills are ideal for walkers, joggers and serious runners alike. The L7 offers an aluminum frame and whisper quiet 4 HP<sup>†</sup> continuous duty motor, and the L10 offers a steel frame with a 5 HP<sup>†</sup> AC drive. The L7 offers one of the lowest step-up heights in the industry, while the L10 accommodates users over 6 feet tall with a spacious running surface.

<sup>&</sup>lt;sup>†</sup>The stated horsepower is based on the motor's horsepower rating as measured in a laboratory setting. The motor's horsepower rating is an indication of the robustness of the motor. It does not reflect the operational horsepower of the motor which is typically limited by home electrical systems.



## TREADMILL CONSOLE OPTIONS



LANDICE ACHIEVE	
Display	9" color LCD with capacitive touch buttons
Programs	8 Built-in programs 6 User-defined programs, 3 Goal programs 2 Interactive HRC Built-in programs 4 Interactive HRC User programs 3 Fitness tests 2 HIIT programs
Keypad	Numeric keypad with express speed and incline keys
Heart Rate	Contact heart rate with heart-rate control. Wireless chest strap is an option on commercial products.
Bluetooth	Yes (see website for details)
Warranty	3 year console warranty



PRO SPORTS	
Display	9" color LCD
Programs	5 Built-in programs 5 User-defined programs, 3 Goal programs
Keypad	Numeric keypad with express speed and incline keys
Heart Rate	Contact heart rate (read only)
Warranty	3 year console warranty

To review additional warranty details and treadmill options, please visit us at **www.landice.com**.



THE INDUSTRY'S TOP-RATED ELLIPTICAL WORKHORSE



The Landice E9 Commercial Elliptical is manufactured to exceed industry standards. It is one of the most durable and safest ellipticals on the market. The E9 accommodates any fitness level with easy entry and one of the lowest step-up heights in the industry. This machine is designed to satisfy light commercial and club applications.

#### **COMMERCIAL WARRANTY**

5-year parts3-year console1-year labor







LANDICE ACHIEVE	
Display	9" color LCD with capacitive touch buttons
Programs	8 Built-in programs, 6 User-defined programs, 3 Goal programs, 2 Interactive HRC Built-in programs, 4 Interactive HRC User programs, 3 Fitness tests, 2 HIIT programs
Keypad	Numeric keypad for quick data entry
Heart Rate	Interactive contact heart rate
Resistance Levels	1-20
User Capacity	500 lbs.
Active Footprint	35" W x 76" L x 67" H
Physical Footprint	35" W x 68" L x 67" H
Power	110 VAC, 60Hz, 15A 220 VAC, 60Hz, 15A (optional)
Handrails	2" Medical-Grade Side Rails
Stride Length	Fixed 21" stride
Drive System	Center Drive
Flywheel	11" diameter, 20 lbs.
Pedals	2" Spacing with Orthopedic Gel Inserts
Bluetooth	Yes (see website for details)

[Certifications: UL 1647, CAN/CSA - C22.2, CE]

#### WARRANTY

Landice offers a 5-year parts, 3-year console, and a 1-year labor warranty which is valid for all commercial applications including light commercial, rehabilitation, health clubs and payfor-membership facilities.

#### THE ELLIPTICAL WORKHORSE

The Landice E9 Commercial Elliptical offers multiple and varied workouts with just one machine. Its center-drive technology replicates the natural stride of outdoor running with zero-impact on your knees. Stand upright on the frame's stationary platform and isolate your workout to strengthen your upper body using the machine's variable resistance settings.

## **L4NDICE**







#### **SETTING THE NEW STANDARD**

Complete with comfort, conveniences and innovation, the R9 and U9 series represent the new standard in reliability and performance from a name you can trust – Landice.

To review additional bike options, please visit us at www.landice.com.

	R9	U9
Frame Type	Step-through recumbent with low step-over height	Upright
Pedal Type	Self-balanced pedals with adjustable straps	Self-balanced pedals with adjustable straps
Seat Adjustment	Forward/backwards with 15 settings	Up/down with 12 settings
Flywheel Weight	15 lbs.	15 lbs.
Resistance System	Eddy current magnetic braking system	Eddy current magnetic braking system
Resistance Range	1-20	1-20
Handlebar	Console grip bars, seat grips with contact heart-rate monitoring and resistance controls	Racing style handlebars with contact heart-rate monitoring and resistance controls
Display	Landice Achieve: 9" color LCD with capacitive touch buttons	Landice Achieve: 9" color LCD with capacitive touch buttons
Heart Rate	Contact heart rate for heart rate control/wireless chest-strap (optional)	Contact heart rate for heart rate control/wireless chest-strap (optional)
Accessories	Water bottle holder, accessory pocket	Water bottle holder, accessory pocket
Electrical Requirement	Self-powered	Self-powered
Transport Wheels	Yes	Yes
Levelers	Yes	Yes
Assembled Weight	205 lbs.	159 lbs.
Dimensions	65.74" L x 25.31" W x 52.20" H	44.56" L x 24.72" W x 58.11" H
Max User Weight	350 lbs.	350 lbs.
Bluetooth	Yes (see website for details)	Yes (see website for details)

#### WARRANTY

Landice offers a 5-year parts, 3-year console, and a 1-year labor warranty valid to all commercial applications which include light commercial, hotels, health clubs and pay-for-membership facilities.

#### **PROGRAMS**

#### **Landice Achieve**

8 Built-in programs6 User-defined programs

3 Goal programs

2 Interactive HRC Built-in programs 4 Interactive HRC User programs

2 HIIT programs

#### **WORKOUT FEEDBACK**

Speed, Distance, Laps, Calories, Cal/Hour, RPM, Resistance, Watts, Time, METS, Heart Rate, Target Heart Rate, Time in Heart-Rate Zone

# SPORTS/PHYSICAL THERAPY & REHABILITATION

**REHABILITATION TREADMILLS - ELLIPTICALS - BIKES** 



The Landice line of rehabilitation products provides the very best in functional usage and reliability. From reversing treadmills to low-impact ellipticals and easy-to-start self-powered bikes, Landice fitness equipment provides the perfect tools to assist a wide variety of patients in their recovery and rehabilitation.

#### REHABILITATION EQUIPMENT

L7 / L8 Rehab Treadmills E9 Elliptical R9 / U9 Recumbent & Upright Bikes

## THE ROAD TO RECOVERY STARTS HERE

#### L7 & L8 REHAB TREADMILLS

Made with the finest materials, the L7 and L8 Rehabilitation Treadmills provide the best and safest support for all your rehabilitative programs. With a low step-up height, zero starting speed, 300 micro-amp isolation leakage kit and extended parallel medical handrails, these treadmills are ideal for any physical therapy and sports conditioning center. A number of unique options are also available, such as a reversing treadbelt for downhill walking, 100 micro-amp hospital isolation leakage kit, and an orthopedic suspension system. For a complete list of options please visit us at www.landice.com.



#### TREADMILL FRAME COMPARISON

Solid aluminum construction – rust free and durable

	L8	L7
User Capacity	500 lbs.	400 lbs.
Equipment Weight	340 lbs.	300 lbs.
Dimensions	35" W x 83" L x 61.5" H	35" W x 76" L x 60" H
Running Surface	22" W x 63" L	20" W x 58" L
Power	110 VAC, 60Hz, 15A 220 VAC, 60Hz, 15A (optional)	110 VAC, 60Hz, 15A 220 VAC, 60Hz, 15A (optional)
Rollers	3 ½" 22 lbs.	2 ½" 14 lbs.
Step-up Height	7 ½"	5 ½"
Speed	0.1 to 12 mph	0.1 to 12 mph
Incline	0% to 15%	0% to 15%
Drive System <sup>†</sup>	4 HP Continuous Duty Motor	4 HP Continuous Duty Motor
Deck	1" - Reversible	1" - Reversible
Control Panel	Rehabilitation	Rehabilitation
Heart Rate	Interactive Contact Heart Rate	Interactive Contact Heart Rate
Warranty*	5-year parts, 3-year console, 2-year wear items, 1-year labor	5-year parts, 3-year console, 2-year wear items, 1-year labor

\*Treadmills are covered by the LTD warranty which offers coverage for usage of less than 5 hours per day.
†The stated horsepower is based on the motor's horsepower rating as measured in a laboratory setting.
The motor's horsepower rating is an indication of the robustness of the motor. It does not reflect the operational horsepower of the motor which is typically limited by home electrical systems.



Landice engineers, assembles and tests the finest specialty fitness equipment on the market and is one of the only manufacturers to do so in the USA. Landice has been recognized repeatedly by leading consumer rating publications as having the world's finest treadmills and ellipticals.



## **COMFORTABLE AND SAFE REHAB**

#### **BIKE SPECIFICATIONS**

	R9	U9
Frame Type	Step-through recumbent with low step-over height	Upright
Pedal Type	Self-balanced pedals with adjustable straps	Self-balanced pedals with adjustable straps
Seat Adjustment	Forward/backwards with 15 settings	Up/down with 12 settings
Flywheel Weight	15 lbs.	15 lbs.
Resistance System	Eddy current magnetic braking system	Eddy current magnetic braking system
Resistance Range	1-20	1-20
Handlebar	Console grip bars, seat grips with contact heart-rate monitoring and resistance controls	Racing style handlebars with contact heart-rate monitoring and resistance controls
Control Panel	Landice Achieve: 9" color LCD with capacitive touch buttons	Landice Achieve: 9" color LCD with capacitive touch buttons
Heart Rate	Contact heart rate for heart rate control/wireless chest-strap (optional)	Contact heart rate for heart rate control/wireless chest-strap (optional)
Accessories	Water bottle holder, accessory pocket	Water bottle holder, accessory pocket
Electrical Requirement	Self-powered	Self-powered
Transport Wheels	Yes	Yes
Levelers	Yes	Yes
Assembled Weight	205 lbs.	159 lbs.
Dimensions	65.74" L x 25.31" W x 52.20" H	44.56" L x 24.72" W x 58.11" H
Max User Weight	350 lbs.	350 lbs.
Bluetooth	Yes (see website for details)	Yes (see website for details)
Warranty*	5-year parts, 3-year console, 1-year labor	5-year parts, 3-year console, 1-year labor

\*Bikes are covered by the Club warranty which offers coverage for usage of more than 5-hours per day.

#### **R9 / U9 BIKES**

The Landice R9 & U9 bikes offer a comfortable and safe rehabilitation option. The wide step-through design on the R9 allows for easy access along with superior back support. The U9 offers well-cushioned seating with adjustable height levels to support a personalized lower-body rehabilitation regimen.



## NATURAL BIOMECHANICS - LOW IMPACT

Patients at any athletic level from beginner to professional will find physical benefits and rehabilitative functionality on a Landice.

The E9 offers one of the only fitness units that enables both upper and lower body exercise capabilities. Patients can stand upright on the frame's stationary footpads and perform an isolated workout to strengthen the upper body. This back-and-forth motion is considered a preferable position as opposed to a seated rotational movement.

For the lower body, the center- drive technology replicates the biomechanics of walking or running. The E9 provides a low impact alternative to treadmills.

The elliptical also features an accessible, safe, stable and patient-friendly exercise platform. Users can easily grab the side rails, step-up and safely start a workout. The pedals will move only when the patient engages the upper body handrails and/or foot pedals.

#### **E9 ELLIPTICAL FEATURES**

LANDICE ACHIEVE	
Control Panel	Landice Achieve: 9" color LCD with capacitive touch buttons
Programs	8 Built-in programs, 6 User-defined programs, 3 Goal programs, 2 Interactive HRC Built-in programs, 4 Interactive HRC User programs, 3 Fitness tests, 2 HIIT programs
Keypad	Numeric keypad for quick data entry
Heart Rate	Interactive contact heart rate
Resistance Levels	1-20
User Capacity	500 lbs.
Active Footprint	35" W x 76" L x 67" H
Physical Footprint	35" W x 68" L x 67" H
Power	110 VAC, 60Hz, 15A 220 VAC, 60Hz, 15A (optional)
Handrails	2" Medical-Grade Side Rails
Stride Length	Fixed 21" stride
Drive System	Center Drive
Flywheel	11" diameter, 20 lbs.
Pedals	2" Spacing with Orthopedic Gel Inserts
Bluetooth	Yes (see website for details)
Warranty*	5-year parts, 3-year console, 1-year labor

<sup>\*</sup>Ellipticals are covered by the Club warranty which offers coverage for usage of more than 5-hours per day.



Visit us at www.landice.com for additional options and complete warranty information.