



# AXIS F T S

## AXIS FREE TRAINER S

Multiple Position Chin Up/  
Suspension Trainer Anchor

Universal Device Holder with  
QR Code for Exercise Videos

21 Numbered Height  
Settings per Column

Integrated Accessory Storage  
*Standard Accessories include:  
Short Bar, Long Bar, Tricep Rope,  
Ankle Strap, and Two Strap Handles*

Height Adjustable Dual  
Swiveling Pulleys

Two 150 or 200 lb Weight Stacks  
with .5:1 Weight Ratio

Floor Mounting Plates  
with Rubber Feet

Optional Full Length Curved  
Steel Weight Stack Enclosures

Optional Accessory Storage



Scan/Click for  
360 View



## Scannable QR Code for Exercise Videos



Click Image to See Available Videos



\*Shown with Optional AXIS F.I.D. Bench

# — AXIS Free Trainer S Custom Options —



## AFTS Base Unit

Choose between:  
150 lb or 200 lb  
solid steel weight stacks.



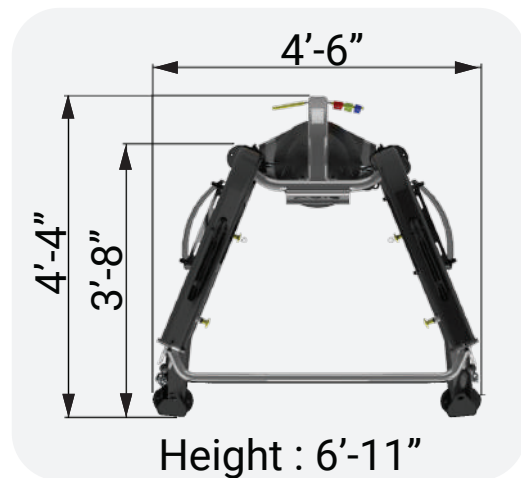
## Optional\* Weight Stack Enclosures

Full length curved steel  
weight stack enclosures.  
Gloss black with laser cut logo.



## Optional\* Accessory Storage

Accessory storage has two exercise  
ball rings, two storage pegs, and  
a multi-purpose shelf.



Height : 6'-11"

Weight :

AFTS150 Base Unit: 619 lbs  
AFTS200 Base Unit: 719 lbs  
Stack Enclosures: 44 lbs  
Accessory Storage: 77 lbs





# AXIS

## TRI

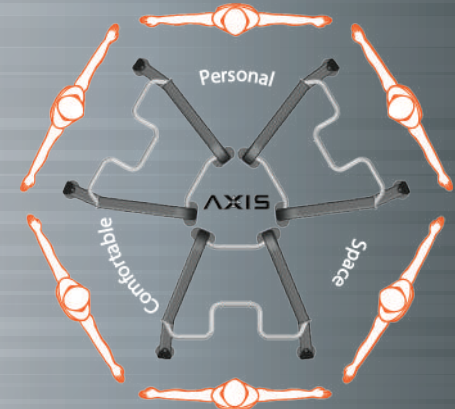


THE AXIS TRI CONFIGURATION PROVIDES THE ULTIMATE IN VERSATILITY. SELECT THREE MAIN STATIONS AND UP TO FOUR AUXILIARY STATIONS FOR AN INCREDIBLE VARIETY OF DYNAMIC STRENGTH AND FUNCTIONAL TRAINING FOR SIX USERS.

\*REQUIRES AXIS SHELF CONNECTOR A AND B

WITH HEAVY BAG HANGER:  
L = 9' 8" W = 8' 7" H = 7' 10"

W/O HEAVY BAG HANGER:  
L = 9' 8" W = 8' 7" H = 7' 6"



CLICK OR SCAN  
360 VIEW



AXIS TRI CONFIGURATION

# AXIS

## DUAL

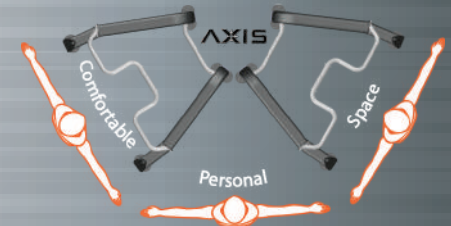
SELECT ANY TWO AXIS MAIN STATIONS THEN PICK YOUR FAVORITE AUXILIARY STATION TO CUSTOM BUILD YOUR IDEAL SYSTEM (ACCOMMODATES THREE USERS).

THIS SPACE EFFICIENT DESIGN WORKS PERFECTLY AGAINST A FLAT WALL OR IN OPEN SPACE.

\*REQUIRES AXIS SHELF CONNECTOR A

WITH HEAVY BAG HANGER:  
L = 9' 8" W = 5' 2" H = 7' 10"

W/O HEAVY BAG HANGER:  
L = 9' 8" W = 4' 8" H = 7' 6"



CLICK OR SCAN  
360 VIEW



AXIS DUAL CONFIGURATION



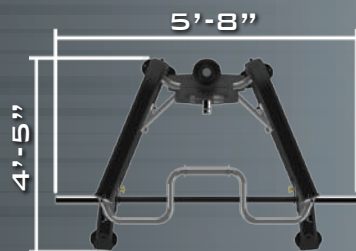
## AST

THIS ULTRA SMOOTH SMITH MACHINE WORKS AS A MODULAR ELEMENT OF THE AXIS SYSTEM OR AS A COMPACT FREESTANDING UNIT.

PAIR WITH AN AXIS F.I.D. BENCH TO ADD A VARIETY OF OLYMPIC BENCH EXERCISES.

\* SHOWN WITH OPTIONAL OLYMPIC WEIGHT PLATES

CLICK OR SCAN  
360 VIEW



HEIGHT : 7'-6"  
WEIGHT : 402 LBS



SUSPENSION TRAINING  
ANCHOR POINT

MULTIPLE POSITION CHIN UP BAR

INTEGRATED WEIGHT PLATE STORAGE:

\* ACCOMMODATES FULL  
OLYMPIC WEIGHT PLATE SET

ADJUSTABLE SAFETY STOPS

18 POSITION RACKING SYSTEM

45 LB SMITH BAR ON ULTRA  
SMOOTH LINEAR BEARINGS

FLOOR MOUNTING  
PLATES WITH RUBBER FEET

\* OPTIONAL MEDICINE BALL  
AND STABILITY BALL STORAGE  
AVAILABLE FOR THIS UNIT



**AXIS SMITH TRAINER**

**AXIS F.I.D. BENCH**

## AFR

THIS STRONG YET COMPACT  
FREEWEIGHT RACK WORKS AS  
A MODULAR ELEMENT OF THE  
AXIS SYSTEM OR AS A FREE  
STANDING UNIT.

PAIR WITH AN AXIS F.I.D.  
BENCH TO ADD A  
VARIETY OF OLYMPIC  
BENCH EXERCISES.

\* SHOWN WITH OPTIONAL  
OLYMPIC WEIGHT PLATES.



SUSPENSION TRAINING  
ANCHOR POINT

MULTIPLE POSITION CHIN UP BAR

INTEGRATED WEIGHT PLATE STORAGE:

\* ACCOMMODATES FULL  
OLYMPIC WEIGHT PLATE SET

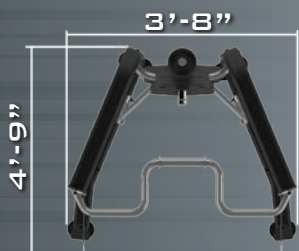
ADJUSTABLE SAFETY CATCHES

12 POSITION RACKING SYSTEM

FLOOR MOUNTING  
PLATES WITH RUBBER FEET

\* OPTIONAL MEDICINE BALL  
AND STABILITY BALL STORAGE  
AVAILABLE FOR THIS UNIT

CLICK OR SCAN  
360 VIEW



HEIGHT : 7'-6"  
WEIGHT : 316 LBS

**AXIS FREEWEIGHT RACK**



**AXIS F.I.D. BENCH**

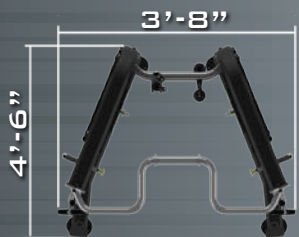




THIS REFINED FREE TRAINER WORKS AS A MODULAR ELEMENT OF THE AXIS SYSTEM AS WELL AS A COMPACT FREESTANDING FUNCTIONAL TRAINER.

PAIR WITH AN AXIS F.I.D. BENCH TO FURTHER EXPAND THE AXIS FREE TRAINER'S RANGE OF CAPABILITIES.

CLICK OR SCAN  
360 VIEW



HEIGHT : 7'-6"  
WEIGHT : 710 LBS

## AXIS FREE TRAINER



# AXIS

## AFT

SUSPENSION TRAINING  
ANCHOR POINT

MULTIPLE POSITION CHIN UP BAR

INTEGRATED ACCESSORY  
STORAGE

STANDARD ACCESSORIES INCLUDE:  
SHORT BAR, LONG BAR,  
TRICEP ROPE, ANKLE STRAP  
AND TWO STRAP HANDLES

FULL LENGTH STEEL  
WEIGHT STACK ENCLOSURES

FLOOR MOUNTING  
PLATES WITH RUBBER FEET

TWO 200 LB WEIGHT STACKS  
WITH .5:1 WEIGHT RATIO

ADJUSTABLE  
DUAL SWIVEL PULLEYS

23 NUMBERED  
HEIGHT ADJUSTMENTS



AXIS F.I.D. BENCH



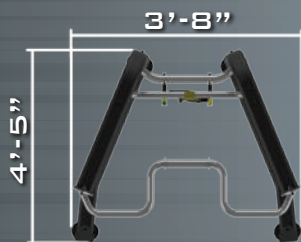
# AXIS

## ABT

THIS INCREDIBLY VERSATILE  
SUSPENSION/BAND TRAINER  
WORKS AS A MODULAR ELEMENT  
OF THE AXIS SYSTEM OR AS THE  
PERFECT FREESTANDING  
COMPLEMENT TO ANY FITNESS  
ROOM.

\*SHOWN WITH OPTIONAL STRENGTH/  
RESISTANCE BANDS AND SUSPENSION  
TRAINING STRAP .

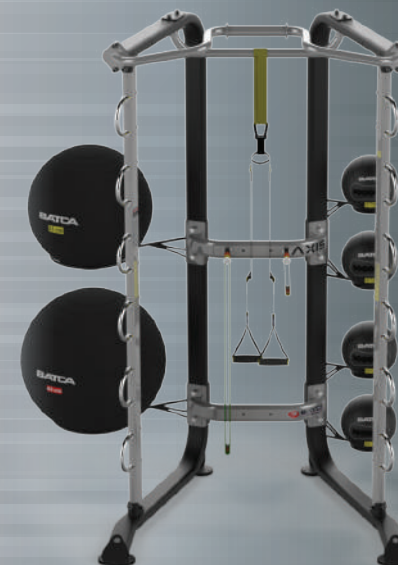
CLICK OR SCAN  
360 VIEW



HEIGHT : 7'-6"  
WEIGHT : 294 LBS



- SUSPENSION TRAINING ANCHOR POINT
- MULTIPLE POSITION CHIN UP BAR
- INTEGRATED STRENGTH/ RESISTANCE BAND STORAGE
- FULL RANGE OF MULTI USE ANCHOR POINTS
- FLOOR MOUNTING PLATES WITH RUBBER FEET
- \*OPTIONAL MEDICINE BALL AND STABILITY BALL STORAGE AVAILABLE



### AXIS BODYWEIGHT TRAINER

\*SHOWN WITH OPTIONAL STORAGE



**ADP**

**DIP/PLYO PLATFORM**

LARGE PLYO JUMP PLATFORM IS EASILY ADJUSTABLE FROM 14" TO 50" AND ALSO SERVES AS A STEP UP FOR THE DIP STATION.

ANGLED DIP HANDLES ALLOW DIFFERENT GRIP WIDTHS AND ARE EASILY REMOVED AND STORED IN BASE OF MACHINE.

WEIGHT: 179 LBS



**AKBS**

**KETTLEBELL/BALL STORAGE**

STAY ORGANIZED WITH STORAGE OF FOUR 10" MEDICINE BALLS AND UP TO SIX KETTLEBELLS.

\*MAY BE COMBINED WITH AXIS HEAVY BAG HANGER.

\*BALLS AND KETTLEBELLS SOLD SEPARATELY

WEIGHT WITHOUT ACCESSORIES: 58 LBS



**ARRT**

**ROTATIONAL/ROPE TRAINER**

ALLOWS A FULL RANGE OF OLYMPIC BAR ROTATIONAL AND ROWING MOVEMENTS. OLYMPIC BAR CAN BE EASILY REMOVED AND PLACED IN VERTICAL STORAGE HOLDER.

DEDICATED BATTLE ROPE ANCHOR POINT

\*BATTLE ROPE AND OLYMPIC BAR SOLD SEPARATELY

WEIGHT WITHOUT BAR/ROPE: 51 LBS



**AHBH**

**HEAVY BAG HANGER**

PROVIDES THE PERFECT ANCHOR POINT FOR HEAVY BAGS.

CAN BE USED IN COMBINATION WITH THE AXIS KETTLEBELL AND BALL STORAGE.

\*HEAVY BAG SOLD SEPARATELY

WEIGHT WITHOUT HEAVY BAG: 47 LBS





# AXIS

## AXIS F.I.D. BENCH

OPTIMIZED - FOR  
AXIS MODULAR TRAINING SYSTEMS

EASILY ADJUSTABLE -  
FROM 10 DEGREE DECLINE  
TO 80 DEGREE INCLINE

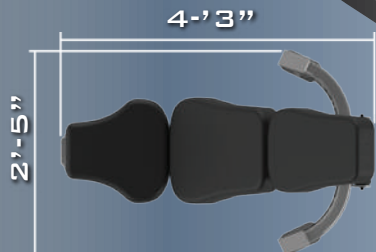
TRANSPORT HANDLE -  
AND WHEELS ALLOW EASY MOBILITY

EXTREMELY STABLE -  
1 3/4" X 4" X 11 GA. FLAT OVAL FRAME

GENEROUS AND DURABLE PADDING -  
FOR COMFORT AND LONG LIFE

STANDARD COLOR -  
PLATINUM SILVER FRAME/  
BLACK UPHOLSTERY

RUBBER FEET - PREVENT SLIDING



HEIGHT : 1'-6" (FLAT)  
WEIGHT : 99 LBS

AXIS FLAT/INCLINE/DECLINE BENCH



## AVDR

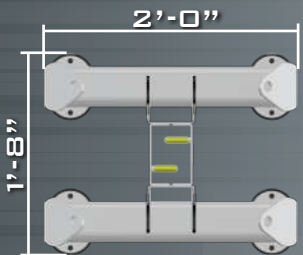
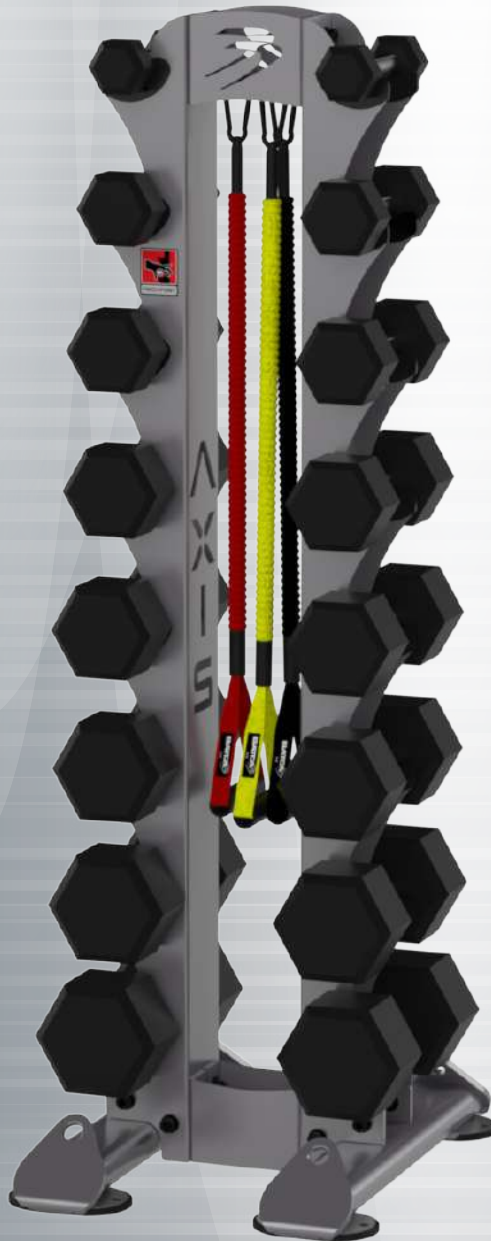
SPACE SAVING AND ROBUST  
DESIGN HOLDS EIGHT PAIRS  
OF DUMBBELLS

THERMOPLASTIC CRADLES PROTECT  
DUMBBELL AND RACK FINISH

UNIQUE EXERCISE BAND STORAGE  
AND ANCHOR POINTS ADD VARIETY TO  
THIS ALREADY SPACE EFFICIENT RACK

RUBER FEET PROTECT FLOOR

OPTIMIZED FOR BATCA 5 - 40LB HEX  
DUMBBELLS AND LIGHT, MEDIUM,  
AND HEAVY EXERCISE BANDS



HEIGHT : 4'-11"  
WEIGHT : 60LBS

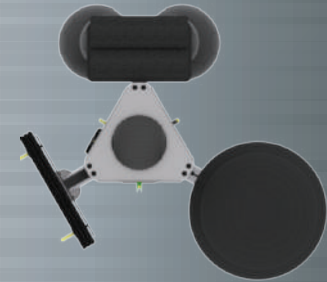
### AXIS VERTICAL DUMBBELL RACK

CLICK OR SCAN  
360 VIEW



## AAM

THE ELEGANT ACCESSORY STORAGE SOLUTION



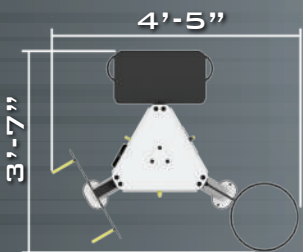
TRIANGULAR DESIGN - FITS PERFECTLY AGAINST A FLAT WALL, IN A CORNER, OR IN OPEN SPACE

OPTIMIZED FOR:  
TWO 10" MEDICINE BALLS  
TWO 14" MEDICINE BALLS  
TWO FOAM ROLLERS  
UP TO SIX EXERCISE MATS  
TWO STABILITY BALLS  
THREE HOOKS FOR BAND/  
STRAP STORAGE

UNIFORM UPRIGHT HOLE SPACING -  
ALLOWS ACCESSORY HOLDERS  
TO BE INSTALLED IN  
ANY ARRANGEMENT

\*ADDITIONAL TOP AND  
BOTTOM SHELF

CLICK OR SCAN  
360 VIEW



HEIGHT : 5'-4"  
WEIGHT : 182LBS

**AXIS ACCESSORY MODULE**





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# FUSION 3

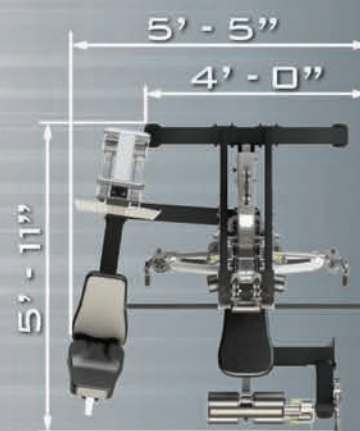
PERSONAL GYM

THE  
**PERFECT BLEND**  
OF MACHINE AND USER DEFINED  
EXERCISE CAPABILITY

ADHERENCE TO COMMERCIAL DESIGN PRINCIPLES MAKES THE FUSION 3 THE MOST FEATURE RICH AND HIGHEST QUALITY PERSONAL GYM AVAILABLE. A SMART BALANCE OF FIXED PATH AND FREE CABLE EXERCISE STATIONS ENSURE AN UNSURPASSED WORKOUT EXPERIENCE.

## ACCESSORIES

2 MULTI-HOOK STRAP HANDLES,  
MULTI-USE SHORT BAR,  
ANKLE STRAP,  
TWO-HOOK LAT BAR



HEIGHT: 6' - 11"  
WEIGHT: 632 LBS.



ADDITIONAL  
INFORMATION

FUSION 3 PERSONAL GYM





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**FUSION 3**  
PERSONAL GYM

\*LEG PRESS/  
CALF RAISE



\*AB CRUNCH



\*DUMBBELL  
EXERCISES



FUSION 3  
BASE UNIT



FUSION 3  
LEG PRESS

\* OPTIONAL  
LEG PRESS







# FUSION 4 CARBON EDITION

EXPERIENCE **LIMITLESS EXERCISE OPTIONS**  
WITH MODERN STYLING AND UNRIVALED VERSATILITY

MODERN STYLING AND ELEGANT ARCHITECTURE MAKE THE FUSION 4 NOT ONLY THE MOST ATTRACTIVE CHOICE, BUT ALSO THE SMARTEST. ALL EXERCISES ARE PERFORMED FROM THE FRONT OF THE GYM ALLOWING OPTIMAL PLACEMENT AND THE MOST EFFICIENT USE OF SPACE.

UNRIVALED VERSATILITY IS ACHIEVED THROUGH THE INTELLIGENT COMBINATION OF MACHINE DEFINED AND USER DEFINED EXERCISE STATIONS. THIS MAKES THE FUSION 4 A GYM WITH NO LIMITS.



ADDITIONAL  
INFORMATION

FUSION 4 MODULAR GYM

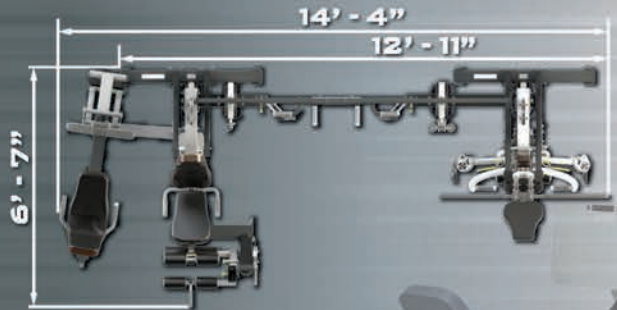
SHOWN WITH:  
FZ-1 UPPER BODY UNIT,  
FZ-2 CABLE ARMS, FZ-3 LOWER BODY UNIT  
FZ-4 LEG PRESS/CALF RAISE, FZ-5 FUNCTIONAL TRAINER





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# FUSION 4 CARBON EDITION



HEIGHT: 7'-2"  
WEIGHT:  
FZ-5 - 729 LBS  
TOTAL WEIGHT OF  
COMPLETE SYSTEM:  
2,051 LBS



**\*\*FZ-5 IS NOT FREE STANDING AND  
REQUIRES SUPPORT OF FZ-1 AND FZ-3**

## FZ-5 FUNCTIONAL TRAINER

**FREE CABLE EXERCISES -**  
ADJUSTABLE DUAL PULLEYS OFFER  
LIMITLESS FREE CABLE EXERCISE  
PATTERNS

**BAR EXERCISES -**  
PERFORM SQUATS, CURLS, ROWS,  
AND MORE WITH STANDARD BAR  
ATTACHMENT

**CHIN UP -**  
WIDE AND NEUTRAL HAND GRIPS  
**\* BENCH EXERCISES -**  
USING OPTIONAL FZ-6 F.I.D. BENCH

## FZ-3 LOWER BODY UNIT

**SEATED LEG CURL/LEG EXTENSION -**  
PATENTED KNEE ALIGNMENT PADS  
CONTOURED AND TELESCOPING BACK PAD  
8 STARTING POINT ADJUSTMENTS  
COUNTER BALANCED EXERCISE ARM

**FZ-4 LEG PRESS/ CALF RAISE -**  
WALK THROUGH FRAME DESIGN  
LARGE FOOT PLATE  
FOUR BAR LINKAGE  
2 TO 1 WEIGHT RATIO

\* OPTIONAL  
FZ-4  
LEG PRESS



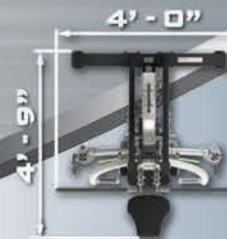
HEIGHT: 6'-3"  
WEIGHT:  
FZ-3 - 610 LBS  
FZ-4 - 154 LBS

## FZ-1 UPPER BODY UNIT

**DUAL SWIVELING HIGH PULLEYS -**  
STRAIGHT OR SIDE AB CRUNCH  
ISOLATERAL OR BAR LAT PULL

**MULTI-PRESS ARMS -**  
CHEST/INCLINE/DECLINE PRESS  
CHEST SUPPORTED MID ROW

**FZ-2 OPTIONAL CABLE ARMS -**  
SHOULDER PRESS, PEC FLY, BICEP CURL,  
TRICEP EXTENSION, AND A  
MULTITUDE OF FREE CABLE  
EXERCISES



HEIGHT: 6'-11"  
WEIGHT:  
FZ-1 520 LBS  
FZ-2 38 LBS



\* OPTIONAL  
FZ-2  
CABLE  
ARMS

**FUSION 4 ELEMENTS**





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# FZ BENCH

FREEWEIGHT/BODYWEIGHT

## FZ<sup>6</sup>

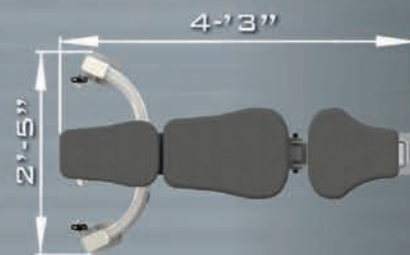
EASILY ADJUSTABLE -  
FROM 10 DEGREE DECLINE TO 80  
DEGREE INCLINE

TRANSPORT HANDLE -  
AND WHEELS ALLOW EASY MOBILITY

EXTREMELY STABLE -  
1-3/4" X 4" X 11 GA. FLAT OVAL FRAME

GENEROUS AND DURABLE PADDING -  
FOR COMFORT AND LONG LIFE

RUBBER FEET -  
PREVENT SLIDING



HEIGHT: 1'-6" (FLAT)  
WEIGHT: 99 LBS

**FZ-6 F.I.D. BENCH**



# FZ<sup>B</sup>

ADJUSTABLE THIGH PADS -  
ACCOMMODATE A WIDE RANGE OF HEIGHTS

SPLIT PAD DESIGN -  
MAXIMIZES COMFORT

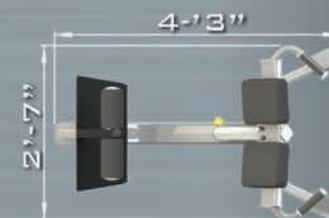
GENEROUS FOOT PLATE -  
AND ROLLERS COMFORTABLY CRADLE USER  
IN POSITION DURING EXERCISE

ERGONOMICALLY PLACED HANDLES -  
ALLOW EASY LIFT SUPPORT

WALK THROUGH DESIGN -  
FOR EASY ACCESS

# FZ BENCH

FREEWEIGHT/BODYWEIGHT



HEIGHT : 2'-11"  
WEIGHT : 82 LBS

## FZ-B 45 DEGREE BACK EXTENSION



# FZ BENCH

FREEWEIGHT/BODYWEIGHT



## FZ<sup>9</sup>

ANGLED BACK PAD -  
COMFORTABLY CRADLES USER DURING  
EXERCISE AND ALLOWS STRICT MUSCLE  
TARGETING

ANGLED ARM PADS AND HANDLES -  
PROVIDE IDEAL STABILITY AND ELIMINATE  
WRIST STRAIN

ANGLED DIP HANDLES -  
ELIMINATE WRIST STRAIN

STEP PLATES -  
ALLOW EASY ACCESS  
TO EXERCISE



HEIGHT : 4'-0"  
WEIGHT : 137 LBS

FZ-9 V.K.R/DIP



# FZ<sup>10</sup>

EASILY ADJUSTABLE -  
WITH GAS ASSIST ADJUST FROM 15  
DEGREE DECLINE TO 35  
DEGREE INCLINE

EXTREMELY STABLE -  
DUAL DOWNTUBE FRAME DESIGN

GENEROUS AND DURABLE PADDING -  
FOR COMFORT AND LONG LIFE

# FZ BENCH

FREEWEIGHT/BODYWEIGHT



HEIGHT : 3'-4" (FLAT)  
WEIGHT : 132 LBS

FZ-10 ADJUSTABLE AB BENCH



# FZ BENCH

FREEWEIGHT/BODYWEIGHT



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\*SHOWN WITH  
OPTIONAL BALL RACK



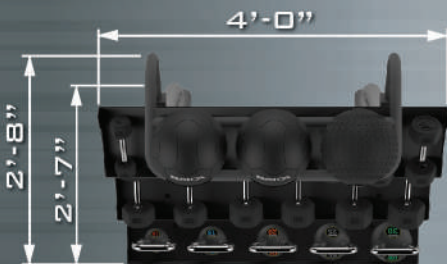
## FZ<sup>7</sup>

HEAVY FRAME DESIGN -  
MAKES AN EXTREMELY  
STABLE RACK

3-TIER DESIGN -  
MAXIMIZES SPACE

ANGLED TIERS -  
ALLOW EASY LIFT OFF  
ELIMINATE WRIST STRAIN

ACCOMMODATES 5 LB.  
THROUGH 50 LB. SETS



HEIGHT : FZ7 - 4'-0"  
\*WITH FZ-7BR- 4'-7"

WEIGHT :  
FZ-7 - 154 LBS  
FZ-7BR - 47 LBS



\*BASE UNIT

### FZ-7 3 TIER DUMBBELL RACK



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**FZ<sup>11</sup>**

HEAVY FRAME DESIGN -  
MAKES EXTREMELY STABLE RACK

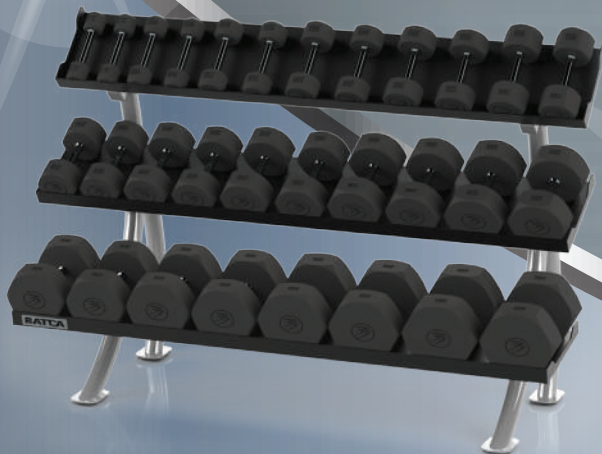
3 TIER DESIGN -  
MAXIMIZES SPACE

ANGLED TRAYS -  
ALLOW EASY LIFT OFF  
AND ELIMINATE WRIST STRAIN

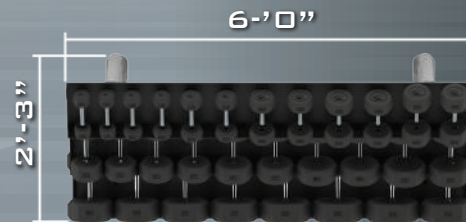
STANDARD COLOR -  
PLATINUM SILVER FRAME

RUBBER FEET -  
PREVENT SLIDING

\*OPTIONAL BALL RACK -  
EASILY ADDS BALL STORAGE  
TO DUMBBELL RACK



HEIGHT : 4'-2"  
HEIGHT WITH  
BALL RACK: 4'-9"  
WEIGHT : 154 LBS



**FZ-11 3 TIER 6' DUMBBELL/KETTLEBELL RACK**



# FZ BENCH

FREEWEIGHT/BODYWEIGHT



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## FZ<sup>12</sup>

HEAVY FRAME DESIGN -  
MAKES AN EXTREMELY  
STABLE RACK

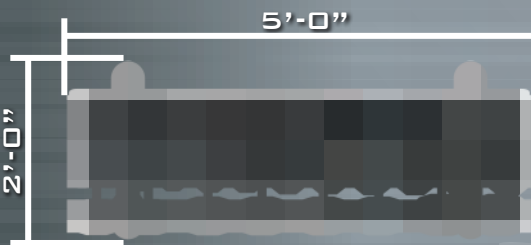
2-TIER DESIGN -  
MAXIMIZES SPACE

ANGLED RACKS -  
ALLOW EASY LIFT OFF AND  
ELIMINATE WRIST STRAIN

RUBBER FEET -  
PREVENT SLIDING

LOW PROFILE IS IDEAL FOR  
PLACEMENT ON MIRRORRED WALLS

STANDARD COLOR -  
TITANIUM SILVER FRAME



HEIGHT : 2'-11"  
WEIGHT : 104 LBS

CLICK OR SCAN  
360 VIEW



FZ-12 2 TIER DUMBBELL RACK

# LD<sup>1</sup>

CHEST PRESS FOOT ASSIST

DUAL HANDGRIPS

GAS ASSISTED SEAT

SELF-ADJUSTING PEC  
FLY ARMS

PEC FLY RANGE OF MOTION

1.25 TO 1 CHEST PRESS  
WEIGHT RATIO  
(250 LBS. ACTUAL RESISTANCE)

200 LB. WEIGHT STACK

EXERCISE DEMO VIA  
INTEGRATED QR CODE



HEIGHT : 5'-10"  
WEIGHT : 553 LBS



**LD-1 CHEST PRESS/PEC FLY**



**LINK**  
DUAL FUNCTION



**LD<sup>2</sup>**

TELESCOPING CHEST PAD

DUAL HANDGRIPS

GAS ASSISTED SEAT

HOLD-DOWN ROLLERS

SWIVELING HIGH PULLEY

200 LB. WEIGHT STACK

EXERCISE DEMO VIA  
INTEGRATED QR CODE



HEIGHT : 7'-0"  
WEIGHT : 505 LBS

**LD-2 MID ROW/LAT PULL DOWN**

# LD<sup>3</sup>

WALK THROUGH FRAME DESIGN

TELESCOPING BACK PAD

LARGE FOOTPLATE

DUAL FOUR BAR LINKAGE

2 TO 1 WEIGHT RATIO  
(400 LBS. ACTUAL RESISTANCE)

200 LB. WEIGHT STACK

EXERCISE DEMO VIA  
INTEGRATED QR CODE



HEIGHT : 5'-0"  
WEIGHT : 619 LBS



**LD-3 LEG PRESS/CALF RAISE**



**LINK**  
DUAL FUNCTION



**BATCA**  
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**LD<sup>4</sup>**

PATENTED KNEE  
ALIGNMENT SUPPORT

LEG CURL  
HOLD-DOWN ROLLERS

TELESCOPING BACK PAD

RANGE OF  
MOTION SETTINGS

COUNTER-BALANCED  
EXERCISE ARM

200 LB. WEIGHT STACK

EXERCISE DEMO VIA  
INTEGRATED QR CODE



HEIGHT : 5'-0"  
WEIGHT : 529 LBS

**LD-4 LEG EXTENSION/SEATED LEG CURL**

# LD<sup>5</sup>

## RANGE OF MOTION SETTINGS

LARGE CHEST/BACK  
ROLLER PAD

## ADJUSTABLE FOOT PLATFORM

COUNTER-BALANCED  
EXERCISE ARM

## BACK EXTENSION HANDLES

150 LB. WEIGHT STACK

EXERCISE DEMO VIA  
INTEGRATED QR CODE



HEIGHT : 5'-0"  
WEIGHT : 430 LBS





**LINK**  
DUAL FUNCTION



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**LD<sup>6</sup>**

COUNTER-BALANCED  
PRESS ARM

DUAL HANDGRIPS

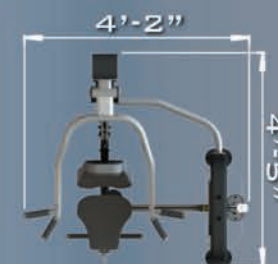
GAS ASSISTED SEAT

CONTOURED PADS

LOW PULLEY

150 LB. WEIGHT STACK

EXERCISE DEMO VIA  
INTEGRATED QR CODE



HEIGHT : 5'-0"  
WEIGHT : 459 LBS

**LD-6 SHOULDER PRESS/LOW PULLEY**

# LD<sup>7</sup>

SELF-ADJUSTING ARM

ADJUSTABLE CHEST PAD

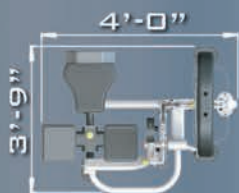
GAS ASSISTED SEAT

STARTING POINT ADJUSTMENTS

COUNTER-BALANCED  
EXERCISE ARM

150 LB. WEIGHT STACK

EXERCISE DEMO VIA  
INTEGRATED QR CODE



HEIGHT : 5'-0"  
WEIGHT : 426 LBS





**LINK**  
DUAL FUNCTION



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**LD<sup>8</sup>**

WEIGHT STACK SHROUD  
PROVIDES PRIVACY

DUAL FOOT RESTS

CONTOURED BACK PAD

360-DEGREE  
ROTATING KNEEPADS

RANGE OF MOTION SETTINGS

150 LB. WEIGHT STACK

EXERCISE DEMO VIA  
INTEGRATED QR CODE



HEIGHT : 5'-0"  
WEIGHT : 464 LBS

**LD-8 INNER/OUTER THIGH**



# LD<sup>9</sup>

ANTI-FRICTION LINEAR BEARINGS

DUAL CHIN-UP HANDLES

FLIP STYLE DIP HANDLES

FOLDING PAD DESIGN

CONVENIENT STEPS

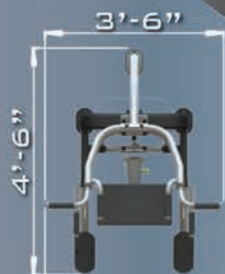
200 LB. WEIGHT STACK

EXERCISE DEMO VIA  
INTEGRATED QR CODE



# LINK

DUAL FUNCTION



HEIGHT: 7'-3"  
WEIGHT: 527 LBS



## LD-9 WEIGHT ASSISTED CHIN-UP/DIP



# LINK

FREE TRAINER



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## LFT

UNIQUE BENCH DOCKING BAR

ADJUSTABLE DUAL PULLEYS

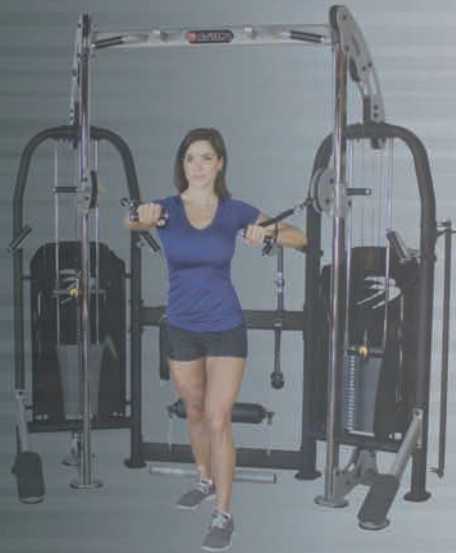
PERFORM SQUATS,  
CURLS, ROWS, AND  
MORE WITH STANDARD  
BAR ATTACHMENT

SEVEN POSITION  
STRETCHING PROGRAM

360 DEGREE ROTATING  
BALANCE HANDLES

WEIGHT ASSISTED  
CHIN-UP STATION

EXERCISE DEMO VIA  
INTEGRATED QR CODE



HEIGHT: 7'-6"  
WEIGHT: 958 LBS

*\*OPTIONAL FZ-6 F.I.D. BENCH IS THE PERFECT  
COMPLEMENT TO THE LINK FREE TRAINER.*

**LINK FREE TRAINER**



# LST

FREE BAR SAFETY CATCHES

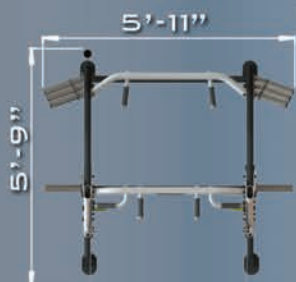
FREE BAR RACKING  
EVERY FIVE INCHES

CHIN UP/DIP STATIONS

OLYMPIC BAR  
STORAGE HOLDER

SMITH BAR RACKING  
EVERY 3 INCHES

INTEGRATED WEIGHT HOLDERS



HEIGHT : 7'-0"  
WEIGHT : 413 LBS

## LINK SMITH TRAINER

*\*OPTIONAL FZ-6 F.I.D. BENCH IS THE PERFECT  
COMPLEMENT TO THE LINK SMITH TRAINER.*





# OMEGA 2

TWO WEIGHT STACK GYM

## PERFECT BALANCE -

THE OMEGA 2 IS THE SYNTHESIS OF PERFECTLY BALANCED EXERCISE STATIONS, ADVANCED FRAME STRUCTURE, AND REFINED ERGONOMICS.

WHILE ENJOYING A **PERFECTLY BALANCED** FULL-BODY WORKOUT, YOU WILL NOTICE TWO DISTINCT PERFORMANCE CHARACTERISTICS OF THE OMEGA 2; **ULTRA-SMOOTH** MOVEMENT AND QUIET PERFORMANCE. BOTH THE RESULT OF PREMIUM COMPONENTRY AND PRECISE DETAILING.

THE SLEEK, MUSCULAR **FRAME STRUCTURE** IS HIGHLIGHTED BY ITS BEAUTIFUL TRI-TONE FINISH OF **STRONG MATTE BLACK**, **PRECISE TITANIUM SILVER**, AND **ELEGANT GLOSS BLACK**.

THE **REFINED ERGONOMICS** AND UNMATCHED EASE OF USE MAKE THE OMEGA 2 THE IDEAL SOLUTION FOR THOSE LOOKING FOR POWERFUL PERFORMANCE IN A PRACTICAL SPACE.

### EXERCISE STATIONS:

ADJUSTABLE CHEST PRESS  
LAT PULL-DOWN/SWIVELING HIGH PULLEY  
AB CRUNCH/MID PULLEY  
ADJUSTABLE LEG EXTENSION  
ADJUSTABLE SEATED LEG CURL  
CHEST SUPPORTED MID ROW  
CABLE ARMS: SHOULDER PRESS, PEC FLY,  
BICEP CURL, INNER/OUTER THIGH,  
GLUTE KICK, UPRIGHT ROW,  
SHOULDER SHRUG...  
\*OPTIONAL LEG PRESS/CALF RAISE



ADDITIONAL  
INFORMATION

OMEGA 2 COMMERCIAL MULTI-STATION





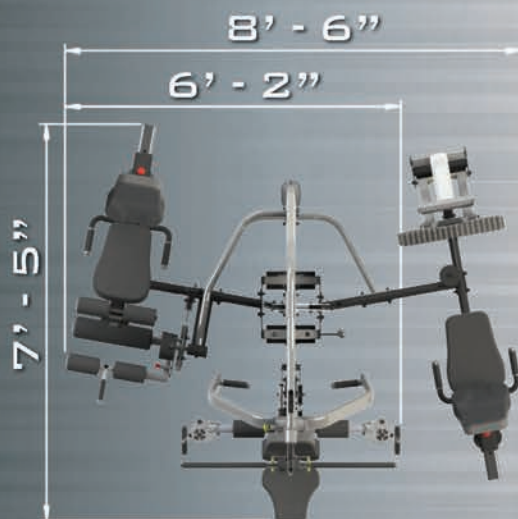
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**OMEGA 2**  
TWO WEIGHT STACK GYM

**OPTIONAL  
LEG PRESS/CALF RAISE**

**2:1 CABLE RATIO OFFERS 400LBS.  
OF WEIGHT RESISTANCE**

**FEATURES AN ADJUSTABLE  
BACK PAD FOR A VARIETY  
OF STARTING POINTS AND AN  
OVERSIZED FOOTPLATE THAT  
ALLOWS A WIDE RANGE OF  
FOOT POSITIONS FOR  
MUSCLE TARGETING**



**HEIGHT : 7'-0"**

**WEIGHT:**

**BASE UNIT - 969 LBS**

**WITH LEG PRESS - 1,201 LBS**



**OMEGA 2 LEG PRESS**





# OMEGA 4

FOUR WEIGHT STACK GYM

## OUTRIGHT PERFORMANCE -

IS THE BASIS OF DESIGN FOR THE OMEGA 4. THE IDEAL BLEND OF REFINED EXERCISE STATIONS AND ADVANCED FRAME DESIGN.

BASED ON SINGLE STATION DESIGN PRINCIPLES, THE OMEGA 4 OFFERS A COMPLETE CIRCUIT OF **REFINED EXERCISE STATIONS** WITHOUT COMPROMISE. EVENLY BALANCED STATIONS ALLOW EACH USER (UP TO FOUR) TO EXERCISE IN A VERY COMFORTABLE AMOUNT OF PERSONAL SPACE. THE SMOOTH AND QUIET PERFORMANCE LEADS TO AN UNMATCHED FULL-BODY WORKOUT.

THE **ADVANCED FRAME** STRUCTURE PROVIDES A SOLID WORKOUT EXPERIENCE FROM ALL ANGLES. OUTSTANDING DESIGN ELEMENTS MAKE THE OMEGA 4 AS ATTRACTIVE AS IT IS STRONG. THE METICULOUS DESIGN IS HIGHLIGHTED BY A BEAUTIFUL FINISH OF DEEP MATTE BLACK, PRECISE TITANIUM SILVER, AND ELEGANT GLOSS BLACK.

### EXERCISE STATIONS:

ADJUSTABLE CHEST PRESS  
FREE FORM PEC FLY  
LAT PULL/SWIVELING HIGH PULLEY  
AB CRUNCH/MID PULLEY  
ADJUSTABLE LEG EXTENSION  
ADJUSTABLE SEATED LEG CURL  
CHEST SUPPORTED MID ROW  
LOW PULLEY/STANDING BICEP CURL  
\*OPTIONAL LEG PRESS/CALF RAISE



ADDITIONAL  
INFORMATION

OMEGA 4 COMMERCIAL MULTI-STATION



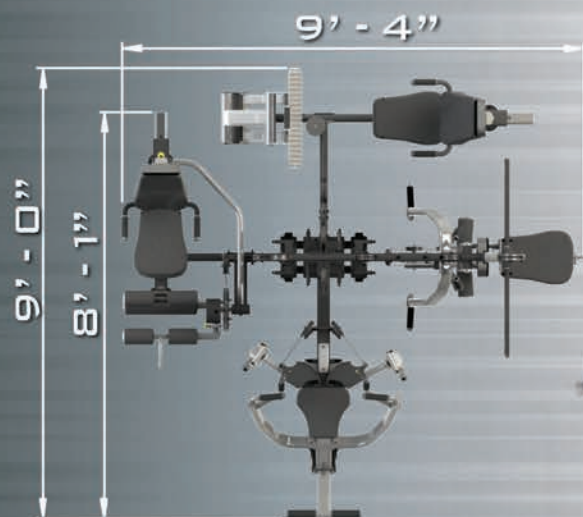
### OPTIONAL LEG PRESS/CALF RAISE

ADDS THE FOURTH WEIGHT STACK TO THE THREE WEIGHT STACK BASE UNIT OMEGA 4

ADDS VARIETY TO LOWER BODY WORKOUTS

2:1 CABLE RATIO OFFERS 400LBS. OF WEIGHT RESISTANCE

FEATURES AN ADJUSTABLE BACK PAD FOR A VARIETY OF STARTING POINTS AND AN OVERSIZED FOOTPLATE THAT ALLOWS A WIDE RANGE OF FOOT POSITIONS FOR MUSCLE TARGETING



HEIGHT : 7'-1"

WEIGHT:

BASE UNIT - 1,339 LBS

WITH LEG PRESS - 1,755 LBS

