



HK Optimum Facial Garment Kit provides comfortably firm surgical-site compression (*to minimize post-op bleeding and bruising*), and it holds absorbent padding in-place beneath the submental chin-neck area (*to absorb surgical drainage*).

The Kit consists of 3 parts:

- a) beige Spandex facial garment,
- b) white elastic (circumferential) compression band

Step-by step Instruction-For-Use (IFU):

- 1) Separate the color-coded Velcro-like fasteners from their attachments** (*fasteners on the neck-portion of the garment are white, the fasteners on the scalp-portion that go over the top of the head are tan-beige colored*).
- 2) Place absorbent padding overlying the chin/neck area** and hold in-place while the compression garment is applied. *Consider HK Super-Absorbent Sterile Absorption Pads.*
- 3) Apply the garment with the seams facing away from the skin.**
- 4) Position the shorter neck-straps** (*the shorter pair of straps with white Velcro fasteners*) so that the strap wraps comfortably around the neck and attach Velcro behind the neck; the garment's seam on chin-portion should be centered midline.
- 5) For patients with long hair: position the two pony-tails**, one on each side of the posterior (occipital) vertical strap. The vertical strap ought to extend up the occipital-back of head.
- 6) Lift the two longer side scalp-straps** (with tan-beige Velcro fasteners) **upward and over the top of the head** and attach the two tan-beige Velcro segments at the midline of head (anterior-vertex).
- 7) The posterior midline strap**, extending over the occipital midline, prevents the vertical side-straps from sliding forward.
- 8) If the patient has long hair, separated it vertically down the middle into two "ponytail-like" bundles**, with each bundle passing through the opening on either side of the posterior midline vertical strap. *Hint: It is often helpful to have two people assist when initially applying the garment after surgery.*
- 9) Adjust the positions of the straps** and the Velcro attachments, if necessary.
- 11) Position the white elastic strap transversely under the chin**, pulling the ends of the strap upward over the cheeks and onto the top of the head. Press the beige Velcro "hook and eye" fasteners together.

1271 Puerta del Sol, San Clemente, CA 92673
Toll-free: 800-909-0060 | Direct: +1-949-369-0101
www.HKSurgical.com