

HAND GRIP

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DON'T WANT TO READ WORDS! PICTURE IS NOT EASY TO UNDER-STAND! **WATCH PRODUCT TUTORIAL VIDEO ON** WWW.FITBEASTSPORT.COM







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STRENGTHENER KIT



HAND GRIP



PRODUCT DISPLAY AND

GRIP STRENGTH INTRODUCTION







There is a rotary button on the front surface of the grippe which can adjust the weight from 10kg to 60kg. You can swirl the button to adjust the measurements on the basis your personal needs of training, either increase or decreas the resistance, so that you can achieve your training goals





USE ACTION SHOW-HAND GRIP





















USE ACTION SHOW























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