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SESAME STREET

POTTY TRAINING GUIDE





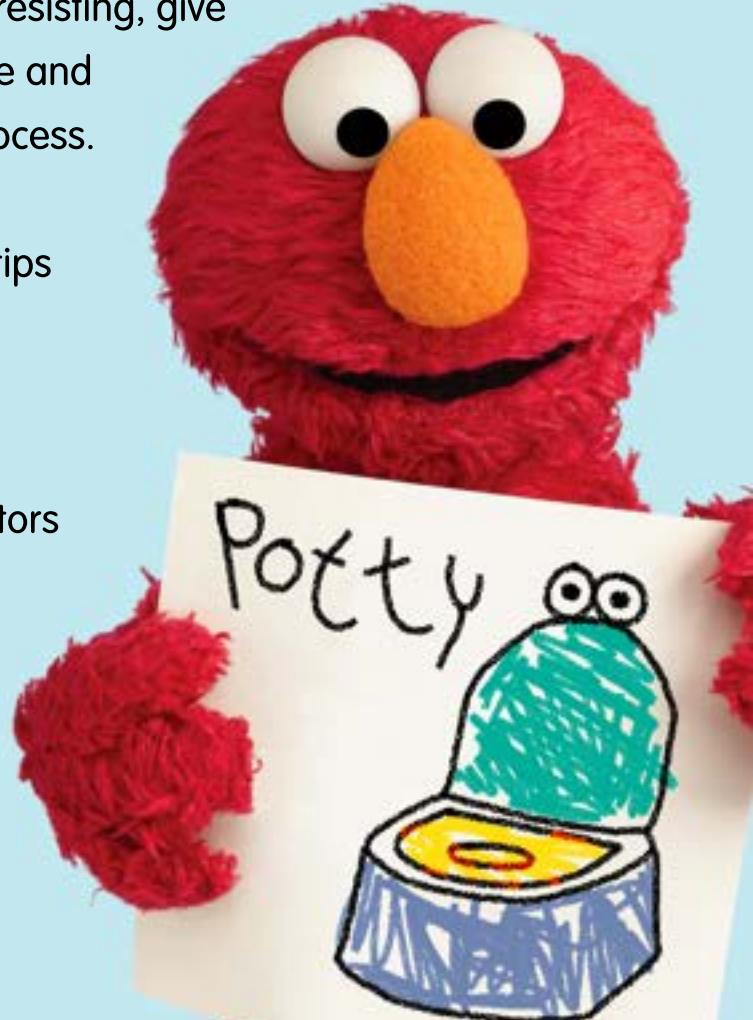
Dear Parents,

Being ready to use the potty can be an exciting yet challenging time in your child's life. There is no set age to begin toilet training, but children are usually ready between 18 to 36 months. Be attuned to your child's cues so that you can be aware of when it is appropriate for him or her to begin. Observe if he can now follow simple instructions, help undress himself, or give verbal or facial cues that he needs to use the toilet.

Remember that your child must also be emotionally ready so it's important to be patient and encouraging. If she keeps resisting, give her more time and continue to stay positive and reassuring as you help her through this process.

Included in this guide are fun and helpful tips for you to help your child transition from diapers to the potty.

Brought to you by the letter P and the creators of Sesame Street.



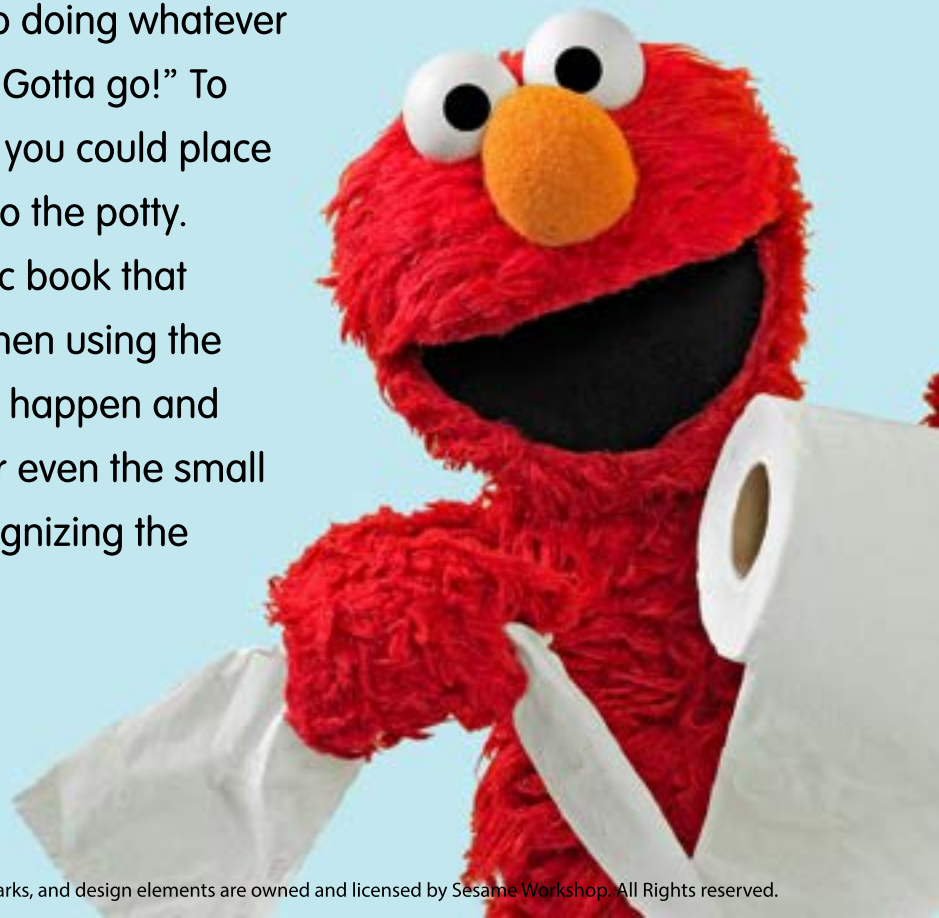


My Very Own Potty!

If possible, take your child to the store with you to choose and purchase the potty together. When you get home, introduce your child to his very own potty, making sure he feels comfortable with it. Help him personalize it by decorating the lid with his name, stickers, or colored markers. Also, have your child sit on the potty a few times with his pants on to assure him that he will not fall in. To make him feel even more comfortable during this time, you can read him a book about using the potty.

Uh-oh...Gotta Go!

Help your child listen her body and recognize the feeling she gets right before she has to go to the bathroom. Whenever she gets that feeling, emphasize that she should stop doing whatever she is doing and say, “Uh-oh... Gotta go!” To comfort your child on the potty, you could place a basket of books or toys next to the potty. You may want to have a specific book that you and your child only read when using the potty. Remember accidents will happen and that’s okay. Praise your child for even the small accomplishments, such as recognizing the feeling that she has to go.



Potty training is easier with Elmo's help!

The Sesame Street Elmo Hooray! 3-in-1 Potty helps your little one get ready for their potty training adventure in as easy as

1, 2, 3!



1. Potty Chair
with pretend flush
handle and removable
waste cup



2. Toilet Trainer
with hold-on
handles. Attaches to
most adult toilets



3. Step Stool
for hand washing
(holds up to
200 lb.!)



*Pretend flush
handle plays
Elmo's voice and
"flush" sounds!*

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Wipe, Flush, and Wash!

Keep a potty routine as your child is getting started. Help him learn and follow the steps of using the potty. Remind him that after going pee-pee or poo-poo, he must wipe with toilet paper, but only a little bit. Then he must flush. Finally, after using or even touching the potty, make sure you tell him not to forget to wash his hands with soap and water for at least 15-20 seconds or as long as it takes to sing the ABC song.

Keep Trying!

Never scold or punish your child while she is learning to use her potty. All children have accidents, so remember to stay patient and use gentle reminders to encourage success.

Help your child regain confidence by saying, “That’s okay: Next time, you’ll remember to use your potty!” The most important thing is for your child to feel proud of herself and keep trying.



Children's Potty Training and Hygiene Accessories



Soft Potty Seats



Folding Travel Potty Seats



Potty Training Reward Kits



Musical Hand Washing
Soap Pump Timers

Call 800-257-7844 to find a retailer near you!

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Great Job!

Cheerfully praise your child not only for succeeding, but also for trying! Continue to reward him with hugs and encouraging words. After a couple of successful tries, you can even get him excited and motivated by going to buy big kid underpants. Also, have your child keep track of his own progress! He can get reward stickers to decorate a blank notebook or a poster chart. Keep this near the potty. When you feel that your child has learned to use the potty on his own, present him with a reward certificate and let him know just how proud you, Elmo and his Sesame Street friends are of his big accomplishment! Praise your child for even the small accomplishments, such as recognizing the feeling that she has to go.



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The bestselling family favorite, *Elmo's Potty Time*, has been updated in the new *Potty Time Plus: Getting Ready With Elmo*.

Guest stars **Stephen & Ayesha Curry!** AND includes a Potty Reward Poster!

**New
DVD!**