



Blessing OF THE Senses

Parents make a cross on their child over each of their senses.

God bless my child's mind. **Make cross over forehead.**
Fill it with good and positive thoughts. Grow and expand the things they know.

God bless my child's eyes. **Make cross over eyes.**
Help them to look deeper. Not just for what they want, but for what they need.

God bless my child's mouth. **Make cross over mouth.**
Words are important - they have power. They can help others, or tear them down.
Help my child speak words of love and care.

God bless my child's heart. **Make cross over heart.**
Give them your heart, God, one that is open to everyone.
Help them to love like you.

God bless my child's ears. **Make cross over ears.**
Help them to listen better to the voices that are important.
Help them to hear others who need them.

God bless my child's hands. **Make cross over hands.**
Keep them open to new experiences, new adventures, and new friendships.
Keep their spirit open to the purpose you have for them.

God bless my child's footsteps. **Make cross over feet.**
Bless them each place they go and each step they take.
Keep them safe and protected.

Now, have children make a cross over their parents' hearts.

God, bless my parents. It can be tough being a parent. Guide them as they raise me.
They have to make tough decisions sometimes, please lead them. Help them to
know how much I love them.

Amen.

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