

# User Manual

## MS-76D1MAXSB



# Preface

Dear users:

We're pleased to present to you the *9 IN 1 40K Ultrasonic Cavitation RF Vacuum Photon&Micro Current Beauty Machine* featured with weight loss, figure slimming, anti-aging, repairing, lifting, tightening, body shaping and so on. It is a multifunctional beauty machine, targeted at both face and body, mainly focusing on lifting and tightening of face, removing wrinkles, and body shaping. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. *9 IN 1 40K Ultrasonic Cavitation RF Vacuum Photon&Micro Current Beauty Machine* is specialized anti-aging machine for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore we advise any personnel read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

# Table of Contents

|                                 |
|---------------------------------|
| Preface                         |
| Part I                          |
| Introduction                    |
| Advantages                      |
| Working Principles & Treatments |
| Facial Tightening and Repair    |
| Eye Anti-aging                  |
| Double Chin Removal             |
| Neck Anti-aging                 |
| Shaping Waist & Abdomen         |
| Shaping Breasts                 |
| Body-shaping                    |
| Arms                            |
| Back                            |
| Buttocks                        |
| Legs                            |
| Body Sculpting & Slimming       |
| Overall Facial Care             |
| Part II                         |
| 1.Detailed Operations           |
| 2.Technical Parameters          |
| 3. Safety Precautions           |
| 4. Dos and Don'ts               |
| 5. Troubleshooting & Solutions  |
| 6.FAQs                          |
| 7.Packing List                  |
| 8.Operational Diagrams          |

# Part I

## Brief Introduction

RF and ultrasonic beauty machines are currently the most popular beauty machines that work on tightening, body-shaping and anti-aging. It's an effective replacement of all the facial and body care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. RF machines heats deeper skin layers, stimulates collagen cells to reform in dermis, increases blood circulation in hypodermis, thus achieving skin tightening and anti-aging.

## Advantages

1. 9-in-1 multifunctional beauty machine that works on both of your facial and body care.
2. Ultrasonic fat burning replaces and transcends liposuction, bringing good news for treating obesity.
3. Various work heads can be replaced in different parts according to different requirements.
4. The perfect combination of ultrasound and RF solves the dilemma of losing weight. It helps with weight loss while at the same time maintains firm skin, increases skin elasticity, metabolism, and ultimately better health.
5. Adopting the cutting-edge technology of ultrasonic fat burning.
6. Suitable for all skin types.
7. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
8. No consumption, low cost and quick returns.
9. Wider treatment range and faster and more visible effects.
10. Unevenness, bleed, swelling and stasis will not appear after treatment.
11. Vacuum and RF both release energy of red LED. They can dissolve fat and massage while at the same time accelerate metabolism, and sterilize skin. The effect is remarkable with a higher comfort level.

## Facial Tightening and Repair

### Principles

#### Face RF

RF works through the circuits formed by electrodes in pair. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy. During the process, RF promotes the metabolism and proliferation of skin collagen through high electromagnetic wave change, therefore heating up dermis layer of the skin, thus achieving effects like tightening, lifting, wrinkle removal, anti-aging and smooth skin.

### **Biological Effect**

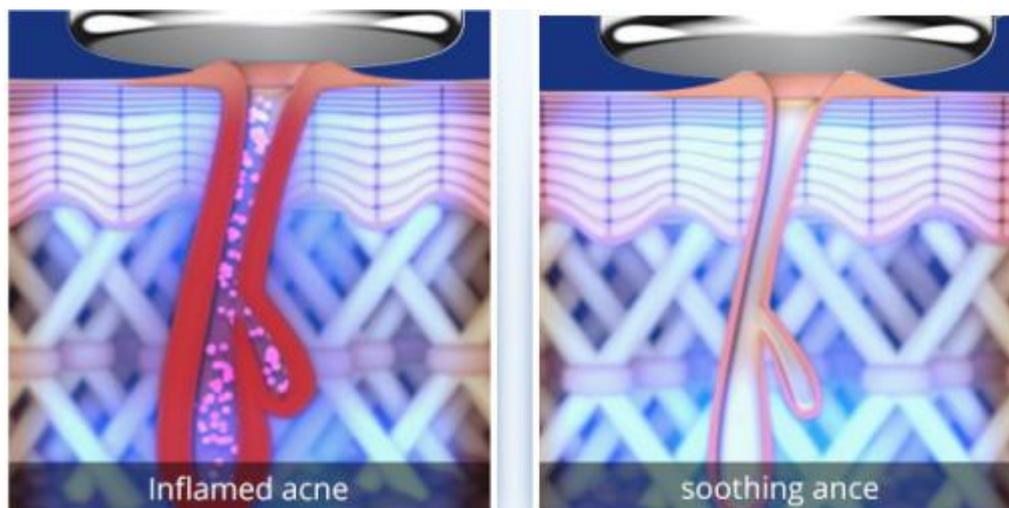
RF generates millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C- 60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

### **Cold Hammer**

Use the principle of air conditioner. Special wafer ceramics are used to absorb energy and refrigerate at - 5 degrees in an instant. The method of physical heat accumulation produced by wafer energy absorption makes one side produce heat up to 40 degrees. The fan discharges excess heat energy and achieves the effect of constant temperature and freezing alternately. It also promotes metabolism, alleviates allergic reaction, shrinks pore, calms skin, whitens and tenders skin.

**Biological Effects:** During the cooling process, tissue temperature cools down, blood vessels and veins contract, metabolic rate reduces, cell activity inhibits, peripheral nerve sensitivity reduces, thus having a sedative and soothing effect, counteracting or reducing the symptoms of allergic reaction, such as redness, swelling, and pain, therefore achieving certain effects, such as calming the skin, reducing redness and swelling, shrinking pores and so on.



## Microcurrent & Photon

LED photon therapy uses the principle of photodynamics to activate deep cells and boosts skin metabolism. After light is absorbed by the skin, the light energy is transformed into intracellular energy, which expands and strengthens microvessels and produces photochemical reaction-enzymatic reaction with the skin, increasing the activity of Catalase and superoxide dismutase (SOD), which serve as the "guard" and "cleaning worker" of cells. The breakdown of adenosine triphosphate (ATP), a source of cellular energy, increases. Increase glycogen and protein content, thereby promoting cell metabolism and synthesis. To stimulate the body alkaline synthetic fiber growth factor (BFGF) the secretion of epidermal growth factor (EGF), making collagen fibers and increase elasticity, rearranging fibers, blocking and eliminating the formation of melanin, accelerating cell growth and blood circulation, stimulating fiber cells to produce collagen, increasing skin elasticity, repairing the aging skin, acne skin, fade spots, firm and alleviate the sun burns. It plays an important role in skin care such as killing bacteria to provide a suitable environment for new cells.

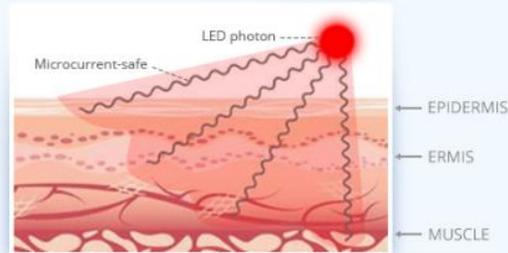
### Biological Effect

Using photodynamic principle, it activates deep cells and boosts skin metabolism. After the light is absorbed by the skin, the light energy is converted into cellular energy, which can relax and strengthen the micro vessels and produce photochemical reactions with the skin -- enzymatic reactions, increasing the content of glycogen and protein, thus promoting the metabolism and synthesis of cells.

# Skin Facial Lifting

## Microcurrent & LED light therapy -acne treatment & skin firming

Microcurrent-safe and painless facial helps erase fine lines and wrinkles, while firming your skin and defining your features. It improves muscle tone, reduces puffiness, increases cellular activity, and tightens pores. That is why the result will be double after LED light therapy for acne, wrinkle, the overall result is a healthier and younger looking skin, no matter your age.



## Effects

1. Reduce facial redness, swelling, acne and allergy etc.
2. Soothe and calm skin.
3. Refine pores. Reduce couperose skin. Minimize pore sizing.
4. Lift and tighten skin. Increase skin elasticity.
5. Improve sagging, loose and wrinkled skin.
6. Help skin absorb and lock in nutrients. Smooth skin.
7. Increase skin resistance. Repair fragile skin.
8. Accelerate skin circulation and metabolism. Help achieve healthy skin.

## Applicable Range

1. Those with dull and sallow skin.
2. Those with loose and sagging skin.
3. Those with black circles, under eye bags, fine lines, nasionobial folds and crow's feet.
4. Those with indistinct facial contour.
5. Those with coarse skin, large pores and excessive oil secretion.
6. Those who are under long-term exposure of UV radiation at workplace.
7. Those with skin relaxation, sagging and swelling after child delivery.
8. Those with sensitive skin, acne skin and skin that's prone to redness, swelling and allergies.

## Inapplicable Range

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those who have recently received injections, such as hyaluronic acid, intradermal injection, wrinkle removal and plastic surgeries.
3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
4. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
5. Those with skin trauma or wound.
6. Those who are over aging.
7. Those in menstruation, pregnancy, lactation, surgical recovery.
8. Those with skin diseases and infectious diseases.
9. Those who are unrealistic about the effects.

## **Notes after Operation**

1. Do not wash your face with overheated water within three days (lukewarm or cold water can be used).
2. Strengthen moisturizing and sunscreen.
3. Do not soak in hot springs, steam saunas or exercise strenuously, etc. within three days.
4. Use facial masks at least three times a week.
5. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. More vegetables, fruits, and less greasy food.
6. Avoid food that will cause 'three highs'(high blood pressure, high cholesterol and high blood sugar), less greasy food is advised.

## **Eye Anti-aging**

### **Principles**

#### **Eye RF**

RF works through the circuits formed by electrodes in pair. Radio frequency waves penetrate skin directly and produce thermal energy created by strong vibration from tissue resistance (1 MHz). During the treatment, RF device stimulates new collagen production by heating up hypodermis around eyes, which helps to tighten the skin, remove dark circles and bags, treat couperose and fine lines.

#### **Biological Effects**

RF can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth

of collagen fibers, so that it has a large number of new collagen support, make the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C-60°C, it will shrink immediately and stimulate the collagen to continue. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

## Effects

1. Relieve eye fatigue, dark circles, eye bags and edema.
2. Reduce lines around eyes and crow's feet.
3. Reduce dark spots and accelerate blood circulation.
4. Accelerate metabolism and prevent hyperpigmentation.
5. Supplement nutrition to the eyes and moisturize skin.
6. Tighten and soften skin, lift the corners of the eyes.
7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

## Applicable Range

1. Those with wrinkles, fine lines, bags and dark circles around the eyes.
2. Those with dry skin, dry lines and dynamic wrinkles.
3. Those with eyes prone to fatigue and dryness.
4. Those frequently face computer screens and mobile phones.
5. Those who often stay up late and have dark circles.
6. Those who often stay in a dry or hot environment.

## Inapplicable Range

1. Those who had just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and contagious diseases.

## Notices after Operation

1. Avoid excessive exposure to the sun. Sun protection is encouraged.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or other strenuous exercise within 7 days after operation.
5. Moisturizers and eye masks are encouraged to use, preferably 3 times or more on eye masks a week.

## Double Chin Removal

### Principles

#### Face RF

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

#### Lipo Laser Fat Removal

Laser fat-dissolving device uses red laser with a wavelength of 635nm-650nm, which is a visible spectrum. This wavelength of light has a strong penetrating power, which can effectively activate and repair fat cells, penetrate the fat layer, and dissolve subcutaneous fat by heat. Its treatment method is safe, without side effects or pain. Small laser pads can be applied on small areas, such as chin, arms and so on.

### Effects

1. Remove double chin. Metabolize fat.
2. Tighten skin and improve skin sagging.
3. Prevent loose skin and fat accumulation.
4. Define facial outline. Shape facial V-line.

### Applicable Range

1. Those with excessive fat accumulation and double chin.
2. Those with indistinct facial outline and a relatively round face.
3. Those with loose and sagging chin skin.

## **Inapplicable Range**

1. Those with jaw filler or who have just undergone microsurgery.
2. Those with chin, neck, facial cuts or allergies.
3. Those with skin disease.
4. Those with serious acne breakouts on chin.
5. Those with lymphatic disease and hyperthyroidism.
6. Those who are over aging.
7. Those who are pregnant or convalescents.

## **Notes after Operation**

1. Sunscreen is encouraged . Keep the neck warm.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or strenuous exercise within 7 days after operation.
5. Moisturizing and mask for the neck is encouraged, at least 3 times masks a week. Essence or neck cream is encouraged.
6. Avoid bowing head for a long time.

# **Neck Anti-aging**

## **Principles**

### **Face RF**

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6

months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

### **Biological Effect**

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C-60°C, it will shrink immediately and stimulate the collagen to continue to grow. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

### **Effects**

1. Reduce fine lines and wrinkles on the neck.
2. Improve the flabbiness, roughness and dullness of the neck skin.
3. Tighten skin and increase skin elasticity.
4. Remove double chin.
5. Accelerate lymphatic detoxification and improve facial skin.
6. Prevent cervical and lymphatic diseases.

### **Applicable Range**

1. Those with fine lines and wrinkles on the neck.
2. Those with loose and inelastic neck skin.
3. Those with dull and sallow skin.
4. Those who often bow their heads.

### **Inapplicable Range**

1. Those who have just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are over aging.

6. Those who are pregnant or convalescents.
7. Those with skin disease and other contagious diseases.

## Notes after Operation

1. Sunscreen is encouraged . Keep the neck warm.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or strenuous exercise within 7 days after operation.
5. Moisturizing and mask for the neck is encouraged, at least 3 times masks a week
6. Avoid bowing head for a long time.

## Shaping Waist & Abdomen

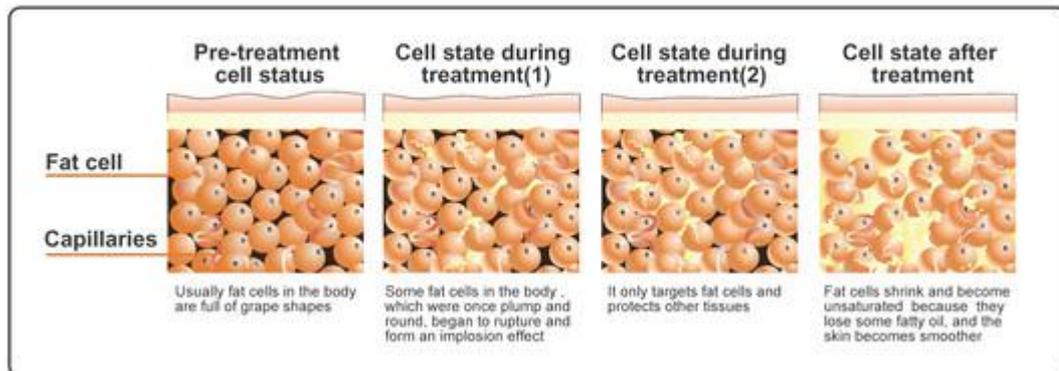
### Principles

#### 40K

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

**Cavitation Principle of Ultrasound:** Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

**Advantages:** It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



## Vacuum & RF

RF energy travels through the skin epidermis and acts directly on the dermis. It heats up directly from within the body, reaching temperature up to 40°C-60°C. Through biological heat effect, it enhances the blood and lymph circulation of the cervical region, fast decomposes and metabolizes adipose tissue, thereby regulating the uterus, increasing the menstruation discharge, and is beneficial for inhibiting coldness of the womb.

### Vacuum Physical Effects

#### 1. Skin layer

The suction and release of air pressure:

- (1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.
- (2) Draining lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

#### 2. Vascular layer

The suction and release of air pressure:

- (1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.
- (2) Remove excess toxins in the body.

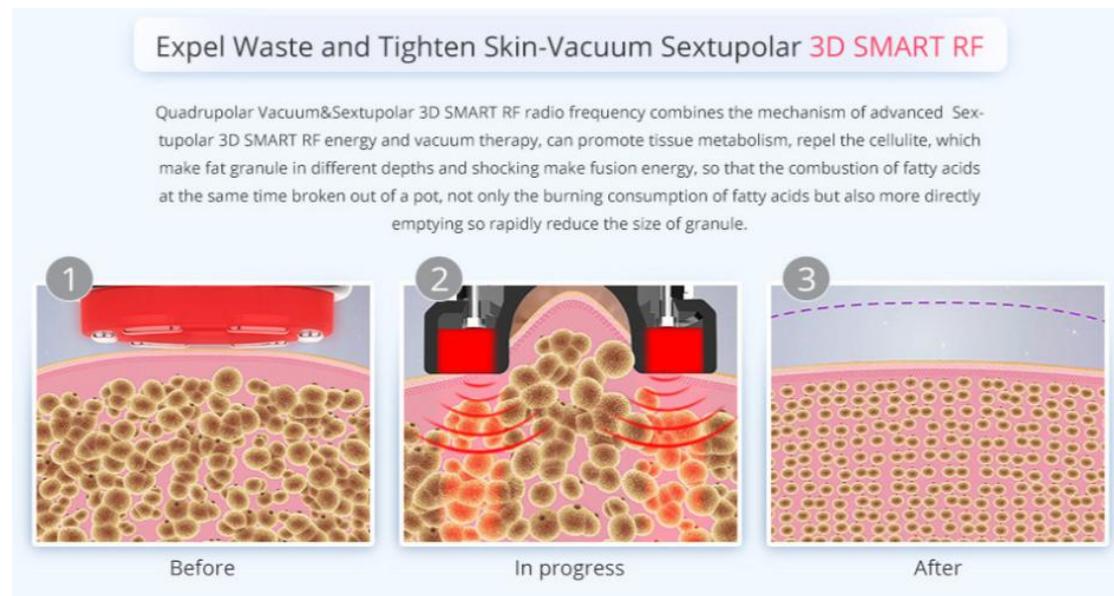
Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

#### 3. Fibrous layer

The suction and release of air pressure:

- (1) Repair cell tissue, increase its activity. Lift and revive skin elasticity.
- (2) Stimulate the production of bone collagen and improve skin plumpness.
- (3) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.



## Lipo Laser Fat Removal

Laser fat-dissolving device uses red laser with a wavelength of 635nm-650nm, which is a visible spectrum. This wavelength of light has a strong penetrating power, which can effectively activate and repair fat cells, penetrate the fat layer, and dissolve subcutaneous fat by heat. Its treatment method is safe, without side effects or pain.

Low levels of laser energy chemical signals are sent to fat cells to break down triglycerides stored in the body's fat layer into free fatty acids and glycerol and release them through membrane channels. Fatty acids and glycerol are transported to tissues that produce metabolic energy. The release of fatty acids is a natural response when the body needs to use stored energy reserves, so there is no unnatural reaction in the body, nor does it affect or damage surrounding structures such as skin, blood vessels and peripheral nerves. After a period of exercise therapy, it will ensure that the free fatty acids of the body are eliminated through complete metabolism.

### Biological Effect

LED uses 635nm - 650nm LED laser heating fat cells in the target zone to make it decompose. In a very short period of time, fat deposition is only absorbed by our body's natural metabolic processes and discharge. In the process of operation, the laser seal small blood vessels, significantly reduce the injuries, introduce the heat treatment area, stimulates the production of collagen, to make it smooth and tight and also achieve the effect of body-sculpting.

Laser mainly acts as a low-energy laser (biological stimulation) to reach fat in depth. It stimulates biological cells and induces or strengthens a series of physiological reactions by giving appropriate energy, including promoting local blood circulation, regulating cell function, enhancing immune function and promoting cell metabolism.

It can at the same time tighten skin, wrinkles, reduce fat, and shape body. Laser penetrating power is very strong, and can activate or repair fat cells more effectively. It can also penetrate the fat layer, heat up and dissolve subcutaneous fat. The treatment method is safe, and has no side effects, no pain.

Using the latest non-operative, non-invasive laser fat decomposition technique, low levels of laser energy released. It produce a kind of chemical signals in the fat cells that will dissolve the trioxide triene stored in body into free fatty acid, glycerin and water molecules. And this is the natural reaction when using the energy reserves one need. The free fatty acids are transported into the body through the lymphatic system to provide energy for the body, just like the body would respond when lack of heat.

**Fix body sculpture result-laser photon**

Laser photon emits low levels of laser energy, which creates a chemical signal in the fat cells, breaking down the stored triglycerides into free fatty acids, glycerol and water molecules, the same natural response initiated by the body anytime it needs to use its stored energy reserves

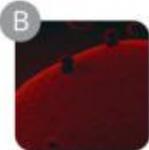




laser energy irradiates fat cells after penetrating skin



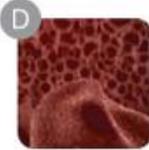
A laser energy irradiates adipocytes



B pores have formed on the adipoc allowing water, glycerol and free fatty acids move out into interstitial space to spill out



C more water, glycerol and free fatty acids spill out



D adipocytes significantly reduced in size while blood vessel unaffected

## Effects

1. Relieve cold hands and cold feet, cold womb or cold body of women.
2. Tighten the skin on the waist and abdomen.
3. Reduce lumbar and abdominal fat.
4. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity.
5. Accelerate metabolism, relieve constipation and encourage intestinal peristalsis.

## Applicable Range

1. Those with cold hands and cold feet and cold womb.
2. Those with lumbar and abdominal fat or who have sagging skin after birth.
3. Those sitting for a long time, or with unideal waistlines.
4. Those with striae due to obesity and pregnancy.
5. Those with constipation or obstruction of abdominal meridians.

## **Inapplicable Range**

1. Those with “3 Hs”(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.

## **Notes after Operation**

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Keep abdomen warm. Take a bath after 4-6 hours.
4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.

# **Shaping Breasts**

## **Principle**

### **Body RF**

RF heat effect produces specific radio frequency waves in a specific depth of the subcutaneous skin, which directly acts on the dermis through the skin epidermis, thus heating the tissue, promoting the catabolism of subcutaneous fat, and stimulating the proliferation and reorganization of collagen and elastic fibers. With the continuous regeneration and rearrangement of collagen in the dermis, it can be achieved. Let the flabby skin feel the effect of lifting upward and compacting immediately after the treatment. At the same time, massage can promote breast blood circulation,

accelerate blood circulation, dredge congested blood clots and silt, and free fat to the chest under the condition of vibration. At the same time, more nutrients are absorbed into the breasts, which not only prevents atypical lobular hyperplasia and breast cancer, but also enables you to have natural, healthy, beautiful and strong breasts, and makes beautiful female friends more confident.

## Effects

1. Adjust chest type and reduce accessory breast.
2. Relieve thoracic nodules, slight hyperplasia, alleviate menstrual breast pain.
3. Reduce chest expansion.
4. Alleviate irregular menstruation and reduce facial spots or skin without elasticity.
5. Alleviate postpartum breast atrophy, breast relaxation, breast duct blockage.

## Applicable Range

1. Those with bad breast shape and accessory breasts.
2. Those with nodules in the chest, slight hyperplasia and painful breast during menstruation.
3. Those with extended chest fat extended.
4. Those with low immunity.
5. Those with irregular menstruation and facial spots or whose skin is inelastic.
6. Those with improperly developed mammary glands, postpartum mammary gland atrophy, flabby breasts, mammary duct block and other conditions.

## Inapplicable Range

1. Those with cardiovascular and cerebrovascular diseases, diabetes mellitus, abnormal coagulation function and impaired vital organ function.
2. Those who are long-term or ongoing users of anticoagulants, vasodilators, corticosteroids and other drugs.
3. Those with infectious lesions on the chest skin.
4. Patients with severe thoracic proliferative or fibroma or cyst.
5. Those in pregnancy and lactation.

## Notes after Operation

1. Keep warm. Drink more warm water.
2. Wear styled and comfortable underwear. Don't press your chest hard.
3. Avoid getting cold. Take a bath after 4-6 hours.

# Body-shaping

## Body RF

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

## Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to continue to grow. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

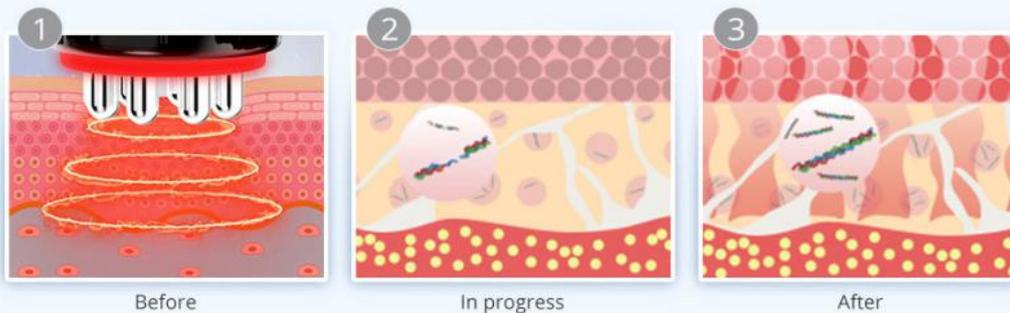
## Body sculpture & cellulite treatment

Body 8-Polar 3D SMART RF & Unoisetion cavitation 2.0 & Vacuum  
Sextupolar 3D SMART RF + Laser Photon

# 01

### Soften Fat Cells-Body 8-Polar 3D SMART RF

Using a high power of 1MHz 8-Polar 3D SMART RF radio frequency which is the same power for professional use, with a patent pending technology that generates heat deep under the skin, promoting metabolism by its hyper-thermal effect, this procedure enhances blood/lymph flow and is used for the purpose of fat reduction.



## 40K

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

**Cavitation Principle of Ultrasound:** Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

**Advantages:** It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.

## Vacuum Slimming

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels,

clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

**Advantages:** Breaking through the previous single and simple working mode of negative air pressure, using different modes for different parts can be more efficient and more effective, slimming, shaping, and will never harm human body. Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF, each other as a whole. Compared to the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

## **Vacuum Physical Effects**

### **1. Skin layer**

The suction and release of air pressure:

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) Draining lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

### **2. Vascular layer**

The suction and release of air pressure:

(1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.

(2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

### **3. Fibrous layer**

The suction and release of air pressure:

(1) Repair cell tissue, increase its activity.

(2) Lift and revive skin elasticity.

(3) Stimulate the production of bone collagen and improve skin plumpness.

(4) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.

#### **4. Nerve layer**

The suction and release of air pressure:

- (1) Stimulates the surface and deep sympathetic nervous system.
- (2) Improves skin sensitivity.
- (3) Repair skin elasticity and resist tissue fibrosis.

Effects: Repair and improve skin sensitivity.

### **Lipo Laser Fat Removal**

Laser fat-dissolving device uses red laser with a wavelength of 635nm-650nm, which is a visible spectrum. This wavelength of light has a strong penetrating power, which can effectively activate and repair fat cells, penetrate the fat layer, and dissolve subcutaneous fat by heat. Its treatment method is safe, without side effects or pain.

Low levels of laser energy chemical signals are sent to fat cells to break down triglycerides stored in the body's fat layer into free fatty acids and glycerol and release them through membrane channels. Fatty acids and glycerol are transported to tissues that produce metabolic energy. The release of fatty acids is a natural response when the body needs to use stored energy reserves, so there is no unnatural reaction in the body, nor does it affect or damage surrounding structures such as skin, blood vessels and peripheral nerves. After a period of exercise therapy, it will ensure that the free fatty acids of the body are eliminated through complete metabolism.

#### **Biological Effect**

LED uses 635nm - 650nm LED laser heating fat cells in the target zone to make it decompose. In a very short period of time, fat deposition is only absorbed by our body's natural metabolic processes and discharge. In the process of operation, the laser seal small blood vessels, significantly reduce the injuries, introduce the heat treatment area, stimulates the production of collagen, to make it smooth and tight and also achieve the effect of body-sculpting.

Laser mainly acts as a low-energy laser (biological stimulation) to reach fat in depth. It stimulates biological cells and induces or strengthens a series of physiological reactions by giving appropriate energy, including promoting local blood circulation, regulating cell function, enhancing immune function and promoting cell metabolism. It can at the same time tighten skin, wrinkles, reduce fat, and shape body. Laser penetrating power is very strong, and can activate or repair fat cells more effectively. It can also penetrate the fat layer, heat up and dissolve subcutaneous fat. The treatment method is safe, and has no side effects, no pain.

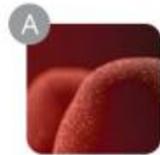
Using the latest non-operative, non-invasive laser fat decomposition technique, low levels of laser energy released. It produce a kind of chemical signals in the fat cells that will dissolve the trioxide triene stored in body into free fatty acid, glycerin and water molecules. And this is the natural reaction when using the energy reserves one need. The free fatty acids are transported into the body through the lymphatic system to provide energy for the body, just like the body would respond when lack of heat.

## Fix body sculpture result-laser photon

Laser photon emits low levels of laser energy, which creates a chemical signal in the fat cells, breaking down the stored triglycerides into free fatty acids, glycerol and water molecules, the same natural response initiated by the body anytime it needs to use its stored energy reserves



laser energy irradiates fat cells after penetrating skin



laser energy irradiates adipocytes



pores have formed on the adipoc allowing water, glycerol and free fatty acids move out into interstitial space to spill out



more water, glycerol and free fatty acids spill out



adipocytes significantly reduced in size while blood vessel unaffected

## Shaping Arms

### Effects

1. Stimulate collagen hyperplasia in the bottom of the skin to shape and firm it.
2. Improve loose skin.
3. Improve flabby arms and thick arms.
4. Soothe and firm loose skin.
5. Dissolve the fat, and say goodbye to flabby arms.
6. Accelerate blood circulation and dredge channels and collaterals.

### Applicable Range

1. Those with thick arms and want to look better in clothes.
2. Those with jiggly and flabby arms.
3. Those with loose arm skin.
4. Those whose arms are prone to pain and numbness.

## **Inapplicable Range**

1. Those who have just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are overly old.
6. Those who are pregnant and who are recovering from surgery.
7. Those with skin diseases and infectious diseases.

## **Notes after Operation**

1. Keep warm after operation. Do not eat cold food.
2. 4-6 hours later in the shower.
3. Drink plenty of warm water to stay hydrated.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

## **Shaping Back**

### **Effects**

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Increase blood circulation and metabolism.
4. Improve blood supply to the head and sleep.
5. Regulate the functions of viscera and strengthen the body.
6. Firm skin and prevent sagging.
7. Improve excess fat on the back and shape the back.

### **Applicable Range**

1. Those with sore shoulders and backs and stiff necks.
2. Those with insomnia, dreaminess and fading memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with thick back and want to look better in clothes.
5. Those who has a lump on the back of the neck.

### **Inapplicable Range**

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.

2. Those are during pregnancy, menstruation and lactation.
3. Those whose surgical wound is healing or convalescence
4. Those who has “three Hs” , heart disease, epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumor and hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who are too weak.
8. Those who are drunk, full, empty, thirsty and overworked.

## Notes after Operation

1. Keep warm, avoid cold air and drink plenty of hot water.
2. Shower 4-6 hours after operation.
3. Avoid staying up late, drinking and overeating.
4. Avoid raw, cold and spicy foods and get enough sleep.
5. Avoid shoulder-baring and backless clothing.

## Shaping Buttocks

Buttocks are located in the middle of human body, and are the key hub of meridian qi and blood operation. They are the main switch of six meridian and also the bridge connecting the upper jiao qi and lower jiao qi blood operation of human body. They are the important factor of the body management whose S curve increases the feminine charm.

## Effects

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.
3. Improve sleep quality, improve female sexual function and tighten the vagina.
4. Activate the warm nest function, stimulate the secretion of glands, and increase the feelings between husband and wife.
5. Make complexion ruddy, fade color spots and return to young state.
6. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

## Applicable Range

1. Those with saggy hips and fat accumulation.
2. Those with stretch marks induced by obesity and obesity.
3. Those whose butt shape is not good-looking, flat and soft outward expansion.
4. Those with cold and cool hips with low hip temperature.

5. Those with dysmenorrhea, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.
6. Those with decreased estrogen levels and poor sex lives.

## **Inapplicable Range**

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Those with allergic and severely sensitive skin.
6. Those who have just had liposuction.
7. Those who are overly old.

## **Notes after Operation**

1. Keep hips warm and avoid wearing miniskirts and shorts.
2. Shower 4-6 hours after operation.
3. Drink plenty of hot water to avoid cold air.
4. Avoid staying up late, drinking and overeating.
5. Avoid eating raw, cold and spicy foods and get enough sleep.
6. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.

# **Shaping Legs**

## **Effects**

1. Tighten skin and prevent sagging.
2. Stimulate collagen regeneration and improve fat lines.
3. Increase leg circulation and detoxification, metabolism.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten excessive protruding fat on legs and rid thick thighs.

## **Applicable Range**

1. Those with poor circulation of lower limbs, edema and obese people.
2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.
3. Those with constipation and has coarse, flabby skin.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

## **Inapplicable Range**

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Patients with severe varicose veins and tumors.
6. Those with allergic and severely sensitive skin.
7. People who have just had liposuction.
8. Those who are overly old.
9. Those who are pregnant or recovering from surgery.

## **Notes after Operation**

1. Keep warm after operation. Do not eat cold food.
2. 4-6 hours later in the shower.
3. Drink more warm water to replenish water and speed up metabolism.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear pants when you're done. Avoid miniskirts and shorts.

## **Body Sculpting & Slimming**

### **Effects**

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Accelerate blood circulation and dredge channels and collaterals.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Regulate the functions of viscera and strengthen the body.
6. Improve cold hands, feet, uterus and body of female.
7. Stimulate collagen regeneration, firming and shaping.
8. Improve loose and soft waist and abdomen skin.
9. Improve the jiggly and thick arm.
10. Improve unwanted fat on the back, waist and abdomen.
11. Tighten skin and prevent sagging.
12. Improve stretch marks, fat marks, and increase skin elasticity.
13. Accelerate metabolism, improve constipation and intestinal peristalsis.

## Applicable Range

1. Those with cold hands, feet, womb and body.
2. Those who are sedentary and don't look good at the waist.
3. Those with unwanted fat on waist and abdomen, prominent belly, loose skin after delivery.
4. Those with fat marks, stretch marks.
5. Those with constipation, abdominal meridian blocking.
6. Those with big arms, thick back, poor leg shape ratio and want to look better in clothes.
7. Those with jiggly and flabby arms.
8. Those with loose skin on arms and legs.
9. Those whose hands and legs are easily sore and numb.
10. Those with sore shoulders and backs and stiff necks.
11. Those with insomnia and dream, memory decline of the population.
12. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
13. Those with thick back and unattractive clothes.
14. Those with poor circulation of lower limbs, edema and obese people.
15. Those who have low immunity and feel discomfort and pain all over the body are susceptible to colds.

## Inapplicable Range

1. Those who are during pregnancy, menstruation and lactation.
2. Those with hypertension, heart disease, diabetes, thyroid, epilepsy and severe hyperthyroidism.
3. Those with malignant tumor and hemophilia or severe bleeding.
4. Those who have just had liposuction.
5. Those with severe varicose veins and tumors.
6. Those whose surgical wound is healing or recovering.
7. Those with skin diseases and infectious diseases.
8. Those with severe gynecological diseases.
9. Those with gynecological diseases being treated.
10. Those with allergic and severely sensitive skin.
11. Those with skin trauma or cut.
12. Those who are overly old.
13. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
14. Those who are too weak.
15. Those who over-drink, full, empty, thirsty and overworked.

## Notes after Operation

1. Avoid wearing clothes that show navel, shoulder or back, miniskirts or shorts, and avoid getting cold from the wind.
2. Avoid overeating, staying up late, drinking and eating raw, cold, spicy and greasy food.
3. Keep warm after operation, and do not bathe until 4-6 hours apart.
4. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
5. Before going to bed at night, you can knead your abdomen clockwise with your hands to make the metabolic effect of weight loss better.
6. Drink plenty of hot water to hydrate and speed up metabolism.

## Overall Facial Care

### Effects

1. Improve facial wrinkles, canthus lines, crow's feet and neck fine lines.
2. Deeply introduce nutrition and fade hyperpigmentation and brighten skin.
3. Increase skin elasticity. Tighten and refine skin. Lift skin around eye corners.
4. Relieve eye fatigue, dark circles, under eye bags and edema.
5. Accelerate blood circulation and metabolism.
6. Improve sagging skin and remove double chin.
7. Stimulate collagen regeneration and prevent skin aging.
8. Accelerate lymphatic detoxification and improve facial skin quality.
9. Prevent neck and lymphatic diseases.

### Applicable Range

1. Those with coarse, dull, dehydrated skin and large pores.
2. Those with loose, sagging and inelastic skin.
3. Those with fine lines, nasionobial folds, crew's feet and wrinkles on the neck.
4. Those with wrinkles, fine lines, under eye bags, and dark circles.
5. Those who face computer screens and cell phones for long hours.
6. Those who often stay up late with dark circles under their eyes.
7. Those who always be in a dry or hot environment.
8. Those with skin relaxation, sagging and swelling after child delivery.
9. Those who are under long-term exposure of UV radiation at workplace.
10. Those with indistinct facial contour and who often bow their heads.

### Inapplicable Range

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those who recently experienced certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
4. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
5. Those with skin trauma or wound.
6. Those who are overaging.
7. Those in menstruation, pregnancy, lactation, surgical recovery.
8. Those with skin diseases and infectious diseases.
9. Those who are unrealistic about the effects.

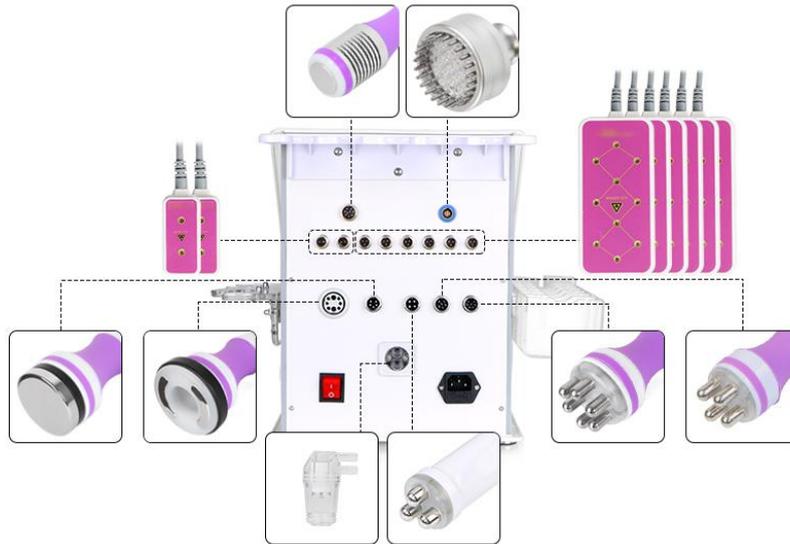
## **Notes after Operation**

1. Do not wash your face and neck with overheated water (with either warm or cold) within 7 days.
2. Strengthen hydrating and moisturizing, avoid overexposure to sunlight, and always apply sunscreen.
3. It is recommended to apply facial mask + eye mask + neck mask at least 3 times a week.
4. Within 1-3 days after operation, it is best not to use products such as alcohol, AHAs or exfoliating scrub and so on.
5. Avoid sauna, hot spring or strenuous exercise within 7 days after operation.
6. Avoid spicy and greasy food, staying up late, smoking and drinking; eat more fruits and vegetables, less greasy food.
7. Avoid food that will lead to "3Hs"(hypertension, hyperglycemia, hyperlipidemia), and mainly consume less greasy food.
8. Keep your neck warm.
9. Apply neck serum or cream.
10. Avoid head-bowing for long hours.

## **Part II**

### **1. Detailed Operation**

Detailed installation is as follows:



After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



### 1.1 Function Selection



Working Time



Energy

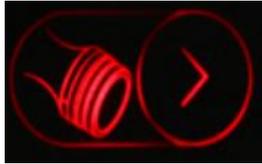


Model



Start/Pause

## 1.2 Detailed Operation: 40K



Select to go to the interface below



Working Time



Time +/-



Model

Select the model of your choice based on one's own comfort level



Energy +/-

Adjust energy level based on one's own comfort level. It is advised to start from level 1-2 and add up slowly after adaptation



Click to start

### 1.3 Detailed Operation: Body Vacuum&RF



Select to go to the interface below



Working Time



Vacuum&RF SUCTION

Select suction time subjecting to one's own comfort level. It is advised to start from the minimal number and add up slowly. Higher number, more intensive the suction is.



Vacuum&RF RELEASE

Release time refers to the interval period between suction and release. Higher number, longer release there is. 0 means direct suction.



Model

Select the model of your choice based on one's own comfort level



Energy +/-

Adjust energy level based on one's own comfort level. It is advised to start from level 1-2 and add up slowly after adaptation



Click to start

### 1.4 Detailed Operation: Body RF



Select to go to the interface below



Working Time



RF Model

Select the model of your choice based on one's own comfort level



Energy +/-

Adjust energy level based on one's own comfort level. It is advised to start from level 1-2 and add up slowly after adaptation



Click to start

### 1.5 Detailed Operation: Cold&Hot Hammer



Select to go to the interface below



Working Time



Model

Select cold/hot hammer mode depending on the client's skin needs.

Cold hammer serves to shrink pores, calm skin, lock in moisture and is suitable for sensitive and dry skin.

Hot hammer serves to open up pores, help absorb nutrients, boost circulation and is

suitable for normal skin.

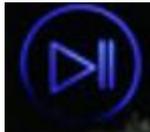


Energy +/-

Adjust energy level based on one's own comfort level. It is advised to start from level 1-2 for first-time users and add up slowly after adaptation.

Cold hammer: Higher number, lower temperature.

Hot hammer: Higher number, higher temperature.



Click to start

## 1.6 Detailed Operation: Eye RF



Select to go to the interface below



Working Time



Model

Select the model of your choice based on one's own comfort level



Energy +/-

Adjust energy level based on one's own comfort level. It is advised to start from level 1-2 and add up slowly after adaptation



Click to start

### 1.7 Detailed Operation: Face RF



Select to go to the interface below



Working Time



Model

Select the model of your choice based on one's own comfort level



Energy +/-

Adjust energy level based on one's own comfort level. It is advised to start from level 1-2 and add up slowly after adaptation



Click to start

### 1.8 Detailed Operation: Microcurrent & Photon



Select to go to the interface below



Working Time



Model

Select the model of your choice based on one's own comfort level



Energy +/-

Adjust energy level based on one's own comfort level. It is advised to start from level 1-2 and add up slowly after adaptation



Click to start

### 1.9 Detailed Operation: Lipo Laser Paddle



Select to go to the interface below



Working Time



Model

Select the model of your choice based on one's own comfort level



Energy +/-

Adjust energy level based on one's own comfort level. It is advised to start from level 1-2 and add up slowly after adaptation



Click to start

## 2. Technical Parameters

Power supply Input:100V-240V

Power :190W

40K Unoisetion Cavitation 2.0 Handle

Frequency:40KHz

Power:20W

Sextupole RF Handle

Frequeuncy:3MHz

Power:50W

Vacuum& Biploar RF Head

Frequeuncy:3MHz

Power:50W

Vacuum: <-80kPa

Pressure: >250kPa

Air flow: >10L/minute

Noise level: <70dB (30cm away)

Quadrupole RF Handle

Frequeuncy:1MHz

Power:30W

3-Pole RF Handle

Frequeuncy:1MHz

Power:10W

Cold hammer:

Temperature: 0-5 degrees

Microcurrent & Photon

7 colors : Red, Blue, Green, Purple, Orange, Turquoise, White

Led laser wavelength: 635nm ~650nm

Power of each light: 5mw

Energy output :64 x 5mW =320mw ( 6 big pads \*10 light/each+2 small pads \* 2 light/each)

Mains power output: 100VA

### 3. Safety Precautions

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are pregnant or lactating.
2. Those with heart disease or who are equipped with pacemaker.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Use with caution for those who are allergic to electric currents.
8. Do not use around body implants, such as metal, plastic, silicon and so on.

### 4. Dos and Dont's

1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.

8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
10. Use device or train device operators in strict accordance with instructions in the user manual.
11. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if you wish to lose weight immediately.
12. Don't use the instrument with an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.
13. When operating, the instrument should fully touch the skin to avoid uneven heat.
14. Start from the lowest energy level and slowly add up.
15. When using this device, the operating parts must be kept moist and dry skin should be avoided.
16. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.

## **5. Troubleshooting & Solutions**

### **1. The instrument cannot be started, but the key light on the back of the instrument does not work?**

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.

### **2. No RF output of the instrument?**

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no rf output.

### **3. Weakened RF output?**

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether non-conductive grease and other substances are stained on the treatment handle, which will cause poor contact and weaken the output.
- C. Please check whether the product used is the adaptive product specified by the instrument.

### **4. No suction or very little suction?**

- A. Please turn off the instrument and check the filter element specially used for the instrument, which may need to be replaced.
- B. Please check the rubber ring of the handle plug, because the rubber ring may be worn and cause air leakage.
- C. Please check whether the oil filter cup outside the filter is tightened and whether the rubber ring is worn. It is possible that air leakage at this position may lead to poor air pressure.
- D. If the above methods cannot address the issue, please contact the instrument dealer for assistance.

#### **5. I can start the instrument, but the screen show's error message?**

- A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.
- B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

## **6.FAQs**

### **1. Q: How long can I start seeing results of RF treatment?**

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

### **2. Q: Is RF harmful to skin?**

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

### **3. Q: How long does the body firming treatment take?**

A: One operation time is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

### **4.Q: What are all the functions of this instrument?**

A: Dissolve fat, body shaping, smooth skin, firming, lifting, and anti-aging. It can be operated all over the body. In terms of facial care, it can contour facial outline, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness and build S curve, promote the metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and regulate the sub-health of the body.

**5.Q: Which one is better in terms of weight loss, liposuction or this machine?**

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects. While losing weight, it can stimulate collagen regeneration to lift and tighten skin. By lifting, it can also shape perfect curves and accentuate women's natural charm.

**6.Q: Will I experience rebound after operation?**

A: RF works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through RF treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

**7.Q: Do I need to be on a diet?**

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment end with blasting adipose and accelerated metabolism. It's best to avoid eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

**8.Q: Does it have any side effects on the body?**

A: RF beauty treatment is non-invasive and so far the most safe and effective method to remove wrinkles and shape body. Generally speaking side effects won't appear. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience atrophy after the initial treatment. The skin will lose moisture due to RF heat. However, the skin will become plump at the beginning of collagen regeneration and these symptoms will disappear after three days. There are no side effects on health.

**9.Q: Can RF instrument be used for breast shaping?**

A: As the growth of age and female physiology period, sub-health state, gravity, stimulation during lactation, a large number of nutrition loss... All the above will cause collagen loss, decreased blood flow, damaged elastic tissue, flabby ligament gland, and prolapsed breasts. Through RF energy conduction, collagen protease can be promoted to repair elastic tissue and ligament glands, thus achieving the effect of chest lifting and shaping.

**10. Q: Can ultrasound be operated all over the body?**

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye

and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

**11.Q: Does ultrasound have side effects on human body?**

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

**12.Q: Why does tinnitus occur?**

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".

**13.Q: What is collagen?**

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20, women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40, the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

**14. Q: Why do I need breast maintenance?**

A: The lymph nodes of bosom rank the top among other parts of the body, which also lead to toxin accumulation very easily, and urbanite life rhythm is very fast now, working pressure is very big, which can bring about the hyperplasia of different level. The saying goes that bosom is the cradle of children, the garden of the woman, the symbol of female identity! Breast maintenance can make your figure more beautiful, add scores for your whole temperament, thus turn head rate increases 10 times certainly! Good figure and temperament will also ensure husband's loyalty!

The evolution of breast cancer: breast milk residual , secretions, toxins -- nodules and blockages -- lobular hyperplasia, ductal hyperplasia, breast hyperplasia -- duct blockage and adhesion -- fibroma, breast cyst -- breast cancer.

**15.Q: Why do I need hip maintenance?**

A: Because it can help the body lymphatic system discharge poison, improve the gynaecological disease, and avoid harm brought by buttock blockage. Hip impassability surely bring about gynaecological issues. What's inside buttocks is pelvic cavity, bowel. It connects daimai, lumbar vertebra, sciatic nerve from above, uterus ovary, uterine adenexa in front, anus, vagina, inguinal lymphatic from below.

If suffering from squeeze of shangjiao and xiaojiao meridian channels, hip would be most vulnerable to cold, wet and blood stasis. When hip is affected by cold, it can cause meridian contraction of hips, dysmenorrhea, irregular menstruation, dark menstruation color , clot, deterred blood flow and meridian channels. It also affects fertility.

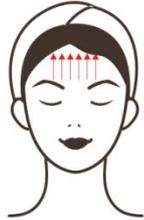
**16.Q: How does negative pressure detoxify?**

A: Negative pressure can congest capillary, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, therefore promote skin breathing, increase the amount of skin oxygen, speed up the elimination of waste. So it achieves the effects of promoting qi and blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins,heat and so on.

## **7. Packing List**

- 1 x Sextupole RF Handle
- 1 x 40K Unoisetion Cavitation 2.0 Handle
- 1 x Vacuum& Biploar RF Head
- 1 x 3-Pole RF Handle
- 1 x Quadrupole RF Handle
- 1 x Microcurrent &Photon
- 6 x Big led laser paddle
- 2 x Small led laser paddle
- 1 x Cold hammer
- 1 x Power cord

## 8. Operational Diagrams

| Parameter Adjustment  | Product  | Techniques   | Diagrams  |
|---|--|--|---|
| <b>Facial Tightening &amp; Repair: 60 min, 1-2times/week</b>  |  |  |   |
| <p>RF Energy: 30%-80%</p> <p>Mode: PRO</p> <p>Microcurrent &amp; Photon Energy: 30%-80%</p> <p>Mode: Flash</p> <p>Color: Choose based on skin needs</p> <p>Cold Hammer Mode: COLD</p> | <p>Makeup remover+ Face wash+ Cleaning base mask+ Cold&amp;Hot steam+ Massage cream+ Essence+ Facial mask+ MS-76D1M AXSB</p> | <ol style="list-style-type: none"> <li>1. Remove makeup and cleanse face, 5 min.</li> <li>2. Apply toner, 1 min.</li> <li>3. Apply cleaning base mask+hot steam, 10 min.</li> <li>4. Wash face clean, 3 min.</li> <li>5. Apply massage cream evenly on face and caress face, 3 times.</li> <li>6. Push the following acupoints (Ren-24, Du-26, St-4, St-6, LI-20, BL-1, BL-2, EM3, TE-23, Gb-1, the Temple, St-1, St-2), 3 times.</li> <li>7. Caress the whole face, 3 times.</li> <li>8. Use both hands to lift face as if plucking the string, 1 min.</li> <li>9. Alternate hands in lifting the face as if plucking the string on one side, 1 min.</li> <li>10. Do the same on the other side.</li> <li>11. Alternate both hands to lift in 3 lines from chin to ear lobe, corner of mouth to ear gate, nose wing to temple, lower eyelid to temple, lift canthus, 3 times.</li> <li>12. Lift towards hairlines on</li> </ol> | <p>Technique6</p>  <hr/> <p>Technique11,15</p>  <hr/> <p>Technique12,16</p>  <hr/> <p>Technique14</p>  |

|  |   |   |
|--|---|---|
|  | <p>forehead, 3 times.</p> <p>13. Do the same on the other side.</p> <p>14. RF Operation: Move the probe from jaw to earlobe, mouth corner to ear gate, nose wing to temple in circles, 3 times.</p> <p>15. Brace the skin with the probe and another free hand to keep the treatment surface tight and lifted; move from jaw to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple to lift the treatment area, 3 times.</p> <p>16. Combined with hands to lift towards hairline on forehead, 3 times.</p> <p>17. Do the same on the other side.</p> <p>18. Clean face, 3 min.</p> <p>19. Apply essence evenly on the face, 1 min.</p> <p>20. Microcurrent&amp;Photon Operation: Move the probe horizontally in circular motions across the entire face, 3 times.</p> <p>21. Move the probe horizontally in circles or back and forth on forehead, 3 times.</p> <p>22. Point treat the entire face, 3-5 times.</p> <p>23. Apply hydrating mask+cold hammer to cover the whole face in circles, 3 times.</p> <p>24. Remove the mask and wash face clean, 3 min.</p> <p>25. Apply toner, essence, cream and sunscreen.</p> | <p>Technique20</p>  <hr/> <p>Technique21</p>  |
|--|---|---|

**Suggested Treatment:**

10 treatments account for one full course. After one time, skin feels heated and appears to be clean and glossy. After a full course, skin is translucent, smooth, fine and full nourished with increase collagen regeneration. Two courses help increase skin elasticity, increase skin metabolism, detoxification, fade pigmented spots and brighten dull skin. Three courses help consolidate the effect and prevent skin sagging and laxity.

**Eye Anti-aging: 60min, 1-2times/week**

RF Energy:  
30%-80%

Mode: PRO

Makeup remover+  
Face wash+  
Toner+  
Eye essence+  
Eye masks+  
MS-76D1M  
AXSB

1. Remove makeup and clean face, 5 min.
2. Apply toner, 1 min.
3. Apply essence evenly around eyes and gently massage to rub it in, 1 min.
4. Push the following acupoints(BL-1, BL-2, EM3, TE-23 , the Temple, Gb-1, St-1) using middle and ring fingers, 3 times.
5. Move hands in circular motion on eyes and push temples, 3 times.
6. Move middle and ring fingers horizontally below lower eyelids and slide to back of the ear, 3 times.
7. Lift middle and ring fingers from inner eye corner to upper eyelids and slide to back of the ear, 3 times.
8. Lift eye corners with "scissor" hand gesture, 3-5 times.
9. Repeat the previous operation on the other side, 3 times.
10. Move hands in circular motion on eyes and push temples, 3-5 times.
11. RF operation: move the probe beneath lower eyelid in small circles and move all the

Technique3,5,10



Technique4



Technique6



Technique7



Technique8

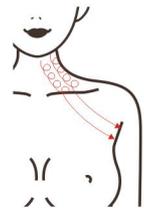
|  |  |  |  |
|--|--|--|--|
|  |  | <p>way till the temple, 3-5 times.</p> <p>12. Combined with hand, move the probe from lower eyelid to temple to lift the treatment area, 3-5 times.</p> <p>13. Lift from the beginning of the eyebrows to the end, 3-5 times.</p> <p>14. Combined with hand, move the probe to lift the corner of the eyes towards the hairline, 3-5 times.</p> <p>15. Do the same on the other side.</p> <p>16. Apply eye mask, 15 min.</p> <p>17. Wash eyes and face clean, 2 min.</p> <p>18. Apply toner, facial essence, eye essence, cream and sunscreen.</p> |  <p>Technique11</p>  <p>Technique12,14</p>  <p>Technique13</p>  |
|--|--|--|--|

**Suggested Treatment:**

10 treatments account for one full course. Once done, the eyes are lifted and tightened, increasing blood circulation to the eyes. After one course, it lightens fine lines, dark circles under the eyes and brightens the skin. After 3 courses, the skin around the eyes is firm, tender and shiny, improving and preventing the aging of the eyes.

**Neck Anti-aging: 60 min, 1-2times/week**

|  |  |  |   |
|--|--|--|---|
| <p>RF Energy:<br/>30%-80%</p> <p>Mode: PRO</p> | <p>Makeup remover+<br/>Face wash+<br/>Toner+<br/>Massage cream+<br/>Essence+</p> | <ol style="list-style-type: none"> <li>1. Remove makeup and cleanse face, 5 min.</li> <li>2. Apply toner, 1 min.</li> <li>3. Neck massage: apply and rub oil on the chest with both hands to the back of the neck and press Gb-20 and Du-16</li> </ol> | <p>Technique3</p>  |
|--|--|--|---|

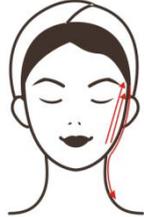
|  |   |  |  |
|--|---|--|--|
|  | <p>Neck mask+<br/>MS-76D1M<br/>AXSB</p> | <p>acupoint, 3 times.</p> <p>4. Alternately lift the lower jaw and double chin to pass behind the ear and under the armpit, 3 times.</p> <p>5. Push downwards with hand spread and hukou pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times.</p> <p>6. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to the armpit, 3 times.</p> <p>7. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times.</p> <p>8. Push downwards with hand spread and hukou pointing down from external collarbone to armpit, 3-5 times.</p> <p>9. Do the same on the other side.</p> <p>10. Wash neck clean. 2 min.</p> <p>11. Apply essence evenly on neck, 1 min.</p> <p>12. RF operation: coupled with hand massage, lift double chin to pass behind the ear and under the armpit, 3 times.</p> <p>13. Move the device in circles on one side of neck to pass under armpit, 3 times.</p> <p>14. Slide the device from internal and external clavicle to the armpit, 3-5 times.</p> <p>15. Move the device in circles on the whole neck area, 3 times.</p> <p>16. Coupled with hand, lift</p> | <p>Technique4,12</p>  <hr/> <p>Technique5,6,7,13</p>  <hr/> <p>Technique15</p>  <hr/> <p>Technique16</p>  |
|--|---|--|--|

|  |  |   |  |
|--|--|---|--|
|  |  | neck in lines, 3-5 times.<br>17. Do the same on the other side.<br>18. Apply neck mask, 15 min.<br>19. Wash neck clean, 2 min.<br>20. Apply essence and neck cream. |  |
|--|--|---|--|

**Suggested Treatments:**

10 treatments account for one full course. After one treatment, skin becomes tender, smooth. After a full course, neck skin becomes smooth, speed up the neck lymphatic circulation. After 2 courses it tightens skin, fade neck lines, improve the double chin. After 3 course, skin is fine, firm and glowing, which also promote lymph drainage, improve facial dullness, some problems such as acne, and delay the aging of the skin, make skin restore young state.

**Double Chin Removal: 45 min, 2-3times/week**

|   |   |   |  |
|---|---|---|--|
| <p>RF Energy:<br/>30%-80%</p> <p>Mode:<br/>PRO</p> <p>Lipo Laser<br/>Paddle Energy:<br/>30%-100%</p> <p>Mode:M1</p> | <p>Makeup<br/>remover+<br/>Cleanser+<br/>Toner+<br/>Massage<br/>cream+<br/>Gel+<br/>MS-76D1MA<br/>XSB</p> | <ol style="list-style-type: none"> <li>1. Remove makeups on chin and neck, 5 min.</li> <li>2. Apply massage cream evenly on double chin, 1 min.</li> <li>3. Alternate four fingers of both hands in lifting from jawline to the earlobe, 5-8 times.</li> <li>4. Alternate hands in lifting from the masseter muscle to the temple and then slide to neck lymph, 5-8 times.</li> <li>5. Running kneeling fingers of one hand on the jawline back and forth, 5-8 times.</li> <li>6. Do the same on the other side.</li> <li>7. Clean the treated area, 2 min.</li> <li>8. Apply gel evenly on the treatment area, 1 min.</li> <li>9. RF operation: Coupled with hand, lift slowly from jawline to the earlobe, 5-8</li> </ol> | <p>Technique3. 9</p>  <p>Technique4</p>  <p>Technique5. 10</p>  <p>Technique11</p> |
|---|---|---|--|

|  |  |  |   |
|--|--|--|---|
|  |  | <p>times.</p> <p>10. Move the probe back and forth tracing the jawline, 5-8 times.</p> <p>11. Move the probe in small circles on double chin, 5-8 times.</p> <p>12. Do the same on the other side.</p> <p>13. Clean the treated area, 1 min.</p> <p>14. Wrap the strap around chin and head. Fixate small laser paddles on double chin. Wait for 30 min.</p> <p>15. Remove the strap and laser paddles.</p> <p>16. Clean the treated area and apply toner.</p> |  |
|--|--|--|---|

**Suggested Treatments:**

10 treatments account for one full course. It is advised to treat 2-3 times per week during initial stages. Skin tightening and lifting result will be seen after one month of consistent use. Treat once a week after reaching the ideal state to enhance the effect.

**Shaping Waist&Abdomen: 60 min, 1-2times/week**

|  |   |  |  |
|--|---|--|--|
| <p>Vacuum&amp;RF<br/>Energy:<br/>30%-80%</p> <p>Suction Time:<br/>0.3-1.0</p> <p>Release Time:<br/>0-0.5</p> <p>Mode: M1</p> <p>40K Energy:<br/>30%-80%</p> <p>Mode:<br/>Consecutive</p> | <p>Essential<br/>oil+<br/>Gel+<br/>Towel+<br/>MS-76D1M<br/>AXSB</p> | <ol style="list-style-type: none"> <li>1. Apply and rub oil on abdomen with hands, 3 times.</li> <li>2. Rub stomach back and forth with both hands, 3-5 times.</li> <li>3. Knead abdomen with both hands using chiropractic techniques, 3 times.</li> <li>4. Lift Meridian BV(Belt Vessel) on both sides of waist with both hands alternately, 16 times.</li> <li>5. Move hands as if writing an "8" number on waist, 3 times.</li> <li>6. Overlap hands and message the intestinal canal</li> </ol> | <p>Technique1,7,10</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p> |
|--|---|--|--|

|   |  |  |   |
|---|--|--|---|
| <p>Lipo laser paddle<br/>energy:<br/>30%-100%</p> <p>Mode: M1</p> |  | <p>clockwise, 3 times.</p> <p>7. Move hands in circular motion and caress the treatment area, 3 times.</p> <p>8. Push on the following acupoints: Ren-13, Ren-12, Ren-10, Ren-8, Ren-6, Ren-4, Ren-3, St-25, SP-15, Ren-2, 2 times.</p> <p>9. Starting from Ren-3 point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</p> <p>10. Caress the treatment area with hands and slide to groin.</p> <p>11. Apply gel evenly on abdomen, 1 min.</p> <p>12. 40K operation: starting from one side of the waist, lift the device to abdomen and groin, 3 times.</p> <p>13. Repeat the previous operation on the other side, 3 times.</p> <p>14. Move the device on abdomen in small circular motions, 3 times.</p> <p>15. Move the device on abdomen in big circular motions, 3 times.</p> <p>16. Move the probe to shape the waist as if writing "8", 3-5 times.</p> <p>17. Move the probe up and down to shape the waist, 3-5 times.</p> <p>18. Combined with hand, lift Meridian BV on both sides of the waist, 16 times.</p> <p>19. Wipe clean abdomen with hot towel, 2 min.</p> <p>20. Apply essential oil evenly</p> |  <p>Technique4</p>  <p>Technique5</p>  <p>Technique6</p>  <p>Technique8</p>  <p>Technique9</p>  <p>Technique12</p> |
|---|--|--|---|

on the abdomen.

21. Vacuum&RF operation:
22. Starting from one side of the waist, lift the probe to abdomen and groin in parallel lines, 3 times.
23. Move the device on abdomen in small circular motions, 3 times.
24. Move the device on abdomen in big circular motions, 3 times.
25. Move the probe up and down to shape the waist, 3-5 times.
26. Combined with hand, lift Meridian BV on both sides of the waist, 16 times.
27. Clean the abdomen with dry towel.
28. Fixate the lipo laser paddles with straps. Wait for 20-30 min.
29. Remove the laser paddles.
30. Clean the treated area.



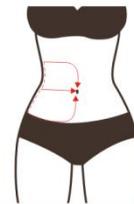
Technique14.23



Technique15.24



Technique16



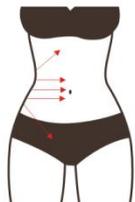
Technique17.25



Technique18.26



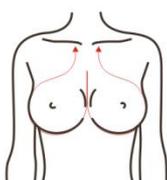
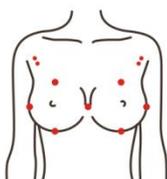
Technique22

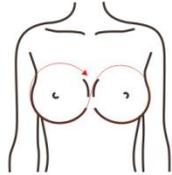
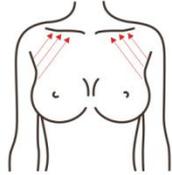
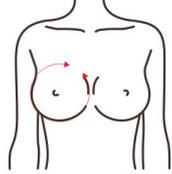
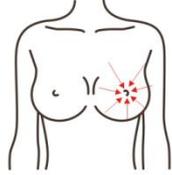
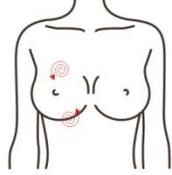
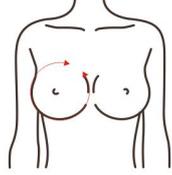
|  |  |  |   |
|--|--|--|---|
|  |  |  |  |
|--|--|--|---|

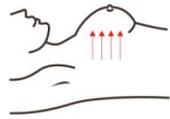
**Suggested Treatment:**

Ten treatments account for one full course of treatment. Once done, abdomen is heating up, metabolism is accelerated. After one course, fat slowly reduce through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 courses the effect gradually becomes obvious, skin is tightened and lifted, skin collagen increased. Stretch marks and flabby skin are also improved. 3 courses help reinforce the effect. Redundant adipose gradually disappear, lumbar abdomen curve start to take in shape, and slim waist starts to show.

**Shaping Breasts: 60 min, 1-2times/week**

|                               |  |   |   |
|-------------------------------|--|---|---|
| <p>RF Energy:<br/>30%-80%</p> | <p>Massage cream (essential oil)+ Towel+ MS-76D1M AXSB</p> | <ol style="list-style-type: none"> <li>1. Stand at the head of the bed, both hands from Ren-17, point began to rub oil to armpit up at the same time lift the suspension ligament (this is to caress treatment area) 3 times.</li> <li>2. Both hands thumb point: Ren-17, St-18, SP-21, St-16, LU-1, LU-2, 3 times.</li> <li>3. Caress the treatment area, 3 times.</li> <li>4. Overlap both palms from Ren-17 point to chest both sides back and forth as if writing an "8" number, 3 times.</li> <li>5. Lift the accessory breast to</li> </ol> | <p>Technique1,3,6,10</p>  |
|                               |  |   |  |
|                               |  |   | <p>Technique2</p>   |
|                               |  |   |  |
|                               |  |   | <p>Technique4</p>   |

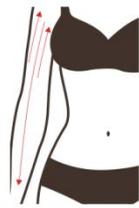
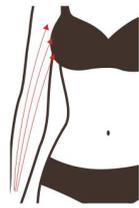
|  |   |   |
|--|---|---|
|  | <p>the suspensory ligament alternately with both hands, first left, then right, 10 times.</p> <p>6. Caress the treatment area, 3 times.</p> <p>7. Sit beside the customer, first left, then right, with both hands to soothe and lift the chest, 3-5 times.</p> <p>8. Alternately push the breast duct around the chest (one circle of the chest), 3-5 times.</p> <p>9. Use the thumb to dredge the nodules in the chest, 3 times.</p> <p>10. Lift the whole chest with hands, 3-5 times.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. RF operation: first left, then right, from the bottom to the top along the direction of the chest to the nipple, combined with hand pacification, 5-8 times.</p> <p>13. Draw half a circle along the chest to lift and pull from the bottom to the collarbone, combining with hand comfort, 5-8 times.</p> <p>14. Make small circles to clear the nodule site for 3-5 times.</p> <p>15. The customer lies on his side and stands up with her arms. The device burns fat in circles at the position of auxiliary breast, 5-8 times.</p> <p>16. The instrument is pushed from the position of underarm auxiliary breast to the chest (shaping and receiving auxiliary breast), 5-8 times.</p> |  <p>Technique5</p>  <p>Technique7</p>  <p>Technique8,12</p>  <p>Technique9,14</p>  <p>Technique13</p>  <p>Technique15</p> |
|--|---|---|

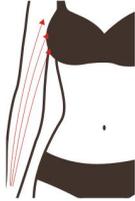
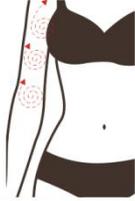
|  |  |   |  |
|--|--|---|--|
|  |  | <p>17. The technique on the other side is the same as above.</p> <p>18. Clean with hot towel.</p> |  <hr/> <p>Technique16</p>  |
|--|--|---|--|

**Suggested Treatment:**

10 times account for a course of treatment. After a full course, breasts will experience heat, blood circulation is boosted, and a certain improvement effect will be seen. After a course of treatment the effect is more obvious, nodules are improved. 3 courses help tighten the skin and consolidate shaping effect, and increase the elasticity of the breasts. Regulating endocrine makes women more attractive.

**Shaping Arms: 60 min, 1-2times/week**

|   |   |   |   |
|---|---|---|---|
| <p>RF Energy:<br/>30%-80%</p> <p>Mode: PRO</p> <p>40K Energy:<br/>30%-80%</p> <p>Mode:<br/>Intermittent</p> <p>Small lipo<br/>laser paddle<br/>energy:<br/>30%-100%</p> <p>Mode: M2</p> | <p>Essential<br/>oil+</p> <p>Ultrasonic<br/>gel+</p> <p>Towel+</p> <p>MS-76D1M<br/>AXSB</p> | <ol style="list-style-type: none"> <li>1. Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times.</li> <li>2. Push the entire arm with both palms, 3 times.</li> <li>3. Push hands upwards tracing three main collateral channels: Large Intestine Meridian(LI) - Triple Energizer Meridian(TE) - Small Intestine Meridian(SI) to armpits with fingers spread and hukou pointing upwards, 3 times.</li> <li>4. Caress the treatment area, 3 times.</li> <li>5. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3</li> </ol> | <p>Technique1</p>  <hr/> <p>Technique2,3,4,5,6</p>  <hr/> <p>Technique7</p>  |
|---|---|---|---|

|  |   |  |
|--|---|--|
|  | <p>times.</p> <p>6. Caress the treatment area, 3 times.</p> <p>7. Lay inner arm upwards, and push hands tracing three yin channel on inner arm: Lung Meridian(LU) - Pericardium Meridian(PC) - Heart Meridian(HT) to armpit, with hukou pointing upwards, 3 times respectively.</p> <p>8. Rub three channels back and forth with kneeling fingers, 3 times.</p> <p>9. Caress the treatment area and slide to fingers.</p> <p>10. Repeat the previous operation on another side.</p> <p>11. The end of massage technique.</p> <p>12. Apply gel evenly on the arm.</p> <p>13. 40K device operation: lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>14. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>15. You may double the operation on flabby arms, 3 times.</p> <p>16. Trace three channels to armpit, 3 times.</p> <p>17. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p> <p>18. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>19. Trace three channels from upper arm to armpit.</p> | <p>Technique8,17,19</p>  <hr/> <p>Technique9</p>  <hr/> <p>Technique13,16</p>  <hr/> <p>Technique14,15</p>  |
|--|---|--|

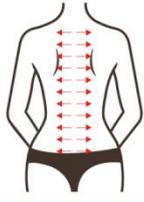
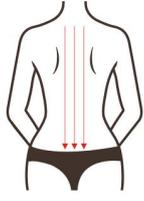
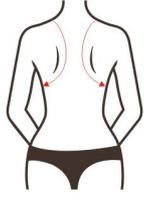
|  |  |   |  |
|--|--|---|--|
|  |  | <p>20. RF operation:</p> <p>21. Trace three channels to armpit, 3 times.</p> <p>22. Move the probe in annular motion, tracing three channels to armpit, 3 times.</p> <p>23. Lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>24. Trace three channels on upper arm and move the probe in circles to armpit, 3 times.</p> <p>25. Do the same on the other side.</p> <p>26. Fixate the lipo laser paddles with strap on the fat part of the arm. Wait for 20-30 min.</p> <p>27. Remove the paddles and clean the treated area.</p> |  |
|--|--|---|--|

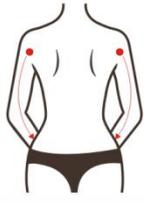
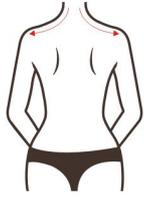
**Suggested Treatment:**

10 treatments account for a full course. Once done, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reduce excessive arm fat and the skin appear to be tight and plump. 2 courses of treatment began to shape the arms, strengthen the effect, dredge meridians, and enhance the physique. 3 courses help consolidate stability and prevent rebound.

**Shaping Back: 60 min, once/week**

|   |   |  |  |
|---|---|--|--|
| <p>RF energy:<br/>30%-80%</p> <p>Mode: PRO</p> <p>Vacuum&amp;RF energy:<br/>30%-80%</p> <p>Suction:<br/>0.3-1.0</p> | <p>Essential oil+ Gel+ Towel+ MS-76D1M AXSB</p> | <p>1. Apply oil on back and press Gb-20 and Du-16 points.</p> <p>2. (Starting from hairline) stroke Da Ban Jin with thumb, 3-5 times.</p> <p>3. Move thumb outwards from Bladder Meridian(BL) to the 8 Crevice Area and then to Gb-20 and Du-16 points.</p> <p>4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times.</p> | <p>Technique1,10</p>  <p>Technique2</p> |
|---|---|--|--|

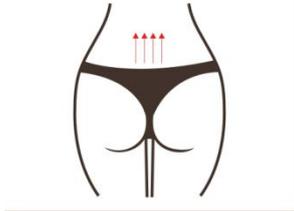
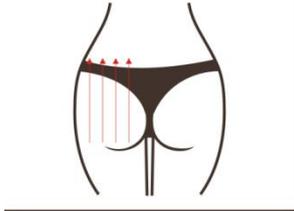
|   |  |   |   |
|---|--|---|---|
| <p>Release:<br/>0-0.5</p> <p>Mode:<br/>M1</p> <p>Lipo laser<br/>energy:<br/>30%-100%<br/>Mode: M1</p> |  | <p>5. Push Bladder Meridian(BL) with thumb in left-right order, 3 times.</p> <p>6. Push Bladder Meridian(BL) to the 8 Crevice Area with both thumbs, at the same time, 3 times.</p> <p>7. Push Bladder Meridian(BL) in three kneeling fingers, 3 times.</p> <p>8. Push scapula slot with both hands alternately in left-right order, 3-6 times.</p> <p>9. Push scapula slot with both hands horizontally, 3-6 times.</p> <p>10. Caress the back with both hands and push Gb-20 and Du-16 points, 3 times.</p> <p>11. Overlap both thumbs and push SI-11 point and slide to the arm, 3 times.</p> <p>12. Repeat the previous action on another arm, 3 times.</p> <p>13. Rub Meridian GV and Bladder Meridian(BL) with hands until they turned hot.</p> <p>14. The end of massage technique.</p> <p>15. Apply gel evenly on back.</p> <p>16. RF Operation: Starting from Meridian GV to Bladder Meridian(BL), move the device from neck to the 8 Crevice area, 3-5 times.</p> <p>17. Move the device in circles on Du-14 point, and the 8 Crevice area , 3-5 times respectively.</p> <p>18. From Da Ban Jin to neck, move the device back and forth, 3-5 times.</p> <p>19. Lift the device on scapula slot in left-right order, 3-5</p> |  <p>Technique3</p>  <p>Technique4</p>  <p>Technique5,6,7,13,16</p>  <p>Technique8,19</p>  <p>Technique9</p>  <p>Technique11,12</p> |
|---|--|---|---|

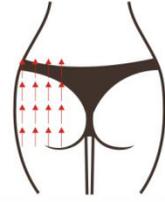
|  |  |  |   |
|--|--|--|---|
|  |  | <p>times.</p> <p>20. Move the device horizontally as if writing an "8" number to the 8 Crevice area, 3 times.</p> <p>21. Move the probe upwards in annular motion to armpit in left-right order on both sides, 3 times.</p> <p>22. Lift from sides of the waist upwards till armpit, 3-5 times.</p> <p>23. Clean with hot towel.</p> <p>24. Apply essential oil evenly on the back.</p> <p>25. Vacuum&amp;RF Operation:</p> <p>26. Trace the probe from firstly, Meridian GV then Bladder Meridian(BL). Slide from the neck to the 8 Crevice area , 3-5 times.</p> <p>27. From Da Ban Jin to neck, move the device back and forth, 3-5 times.</p> <p>28. Lift the probe on scapula slot in left-right order, 3-5 times.</p> <p>29. Move the device horizontally as if writing an "8" number to the 8 Crevice area, 3 times.</p> <p>30. Lift from sides of the waist upwards till armpit, 3-5 times.</p> <p>31. Clean with fresh towel.</p> <p>32. Fixate the lipo laser paddles on the fat part of the back. Wait for 20-30 min.</p> <p>33. Remove the paddles and clean the treated area.</p> |  <hr/> <p>Technique17</p>  <hr/> <p>Technique18</p>  <hr/> <p>Technique20</p>  <hr/> <p>Technique21</p>  <hr/> <p>Technique22</p>  |
|--|--|--|---|

**Suggested Treatment:**

10 treatments account for a full course. Once done, back feel significantly relaxed, and it can also alleviate neck stiffness, and lift skin. A course help relax shoulder, reduce back fat, ease the lump on the nape of the back, and shape the back line. After two courses, the lump appears to be smaller, and it help dredge meridians, regulate sub-health, and improve sleep. 3 courses help with back thinning, define back line, strengthen viscera function, improve digestion, detoxification and metabolism, (a period of treatment is to reduce size, two courses is to strengthen effect, three courses help with consolidation and avoid rebound.)

**Shaping Buttocks: 60 min, 1-2times/week**

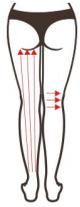
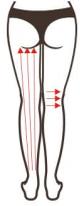
|  |   |  |  |
|--|---|--|--|
| <p>RF Energy:<br/>30%-80%</p> <p>Mode: PRO</p> <p>40K Energy:<br/>30%-80%</p> <p>Mode:<br/>Consecutive</p> | <p>Essential<br/>oil+</p> <p>Ultrasonic<br/>gel+</p> <p>Towel+</p> <p>MS-76D1M<br/>AXSB</p> | <ol style="list-style-type: none"> <li>1. Standing on the side, accumulate oil on hands and then slide to the waist and then lift up along the hips from the waist, 3 times (this is to caress the treatment area.)</li> <li>2. Repeatedly push the 8 Crevice area with two thumbs.</li> <li>3. Caress the treatment area for 3 times and then point: BL-23, 8 Crevice area, Du-1, Gb-30, BL-36, 3 times.</li> <li>4. Caress the treatment area, 3 times.</li> <li>5. First left, then right, with both hands extending from the root of the thigh from bottom to top -- Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) - Meridian BV, 3 times each.</li> <li>6. Both hands follow from the root of thigh from bottom to top -- Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) - Meridian BV, 3</li> </ol> | <p>Technique1,4,10</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique5,13,16</p>  <hr/> <p>Technique6</p> |
|--|---|--|--|

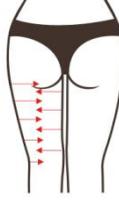
|  |   |   |
|--|---|---|
|  | <p>times each.</p> <p>7. Overlap both palms and push up together from thigh root to pulse (ascension) ,3 to 5 times.</p> <p>8. Push your hands from bottom to top from both sides of your hips to the top of your hips, 3 times.</p> <p>9. Repeat the previous operation.</p> <p>10. Caress the treatment area.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. Apply gel evenly on buttocks.</p> <p>13. 40K Operation: lift from the thigh root to Meridian BV in lines , 3 times.</p> <p>14. Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks.</p> <p>15. Circle your hips, 3 to 5 times.</p> <p>16. Lift 3 times from thigh root to Meridian BV.</p> <p>17. Lift from bottom to top on both sides of the buttocks to the highest point of the buttocks, 3 times.</p> <p>18. Do the same on the other side.</p> <p>19. RF operation:</p> <p>20. Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks.</p> <p>21. Move around the buttocks in small circles, 5-8 times.</p> <p>22. Lift 3 times from thigh</p> |  <hr/> <p>Technique8,14,17</p>  <hr/> <p>Technique15</p>  |
|--|---|---|

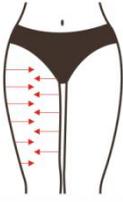
|  |  |   |  |
|--|--|---|--|
|  |  | root to Meridian BV.<br>23. Clean with hot towel. |  |
|--|--|---|--|

**Suggested Treatment:**  
 10 treatments account for a full course. After one treatment, buttocks will experience lifting and heat. After a course of treatment buttocks start to show obvious curve lines, and excessive fat begin to disappear slowly, and skin appear to be tight. After 3 courses, the conditions of cold body and uterus, other gynecological problems such as irregular menstruation are improved. It also help consolidate the effect, and increase the female charm.

**Shaping Legs: 70 min, once/week**

|  |  |   |  |
|--|--|---|--|
| <p>Vacuum&amp;RF<br/>Energy:<br/>30%-80%</p> <p>Suction:<br/>0.3-1.0</p> <p>Release:<br/>0-0.5</p> <p>Mode: M1</p> <p>40K Energy:<br/>30%-80%</p> <p>Mode:<br/>Consecutive</p> <p>Lipo laser<br/>paddle<br/>energy:<br/>30%-100%</p> <p>Mode: M3</p> | <p>Essential oil<br/>(massage<br/>cream)+<br/>Ultrasonic<br/>gel+<br/>Towel+<br/>MS-76D1M<br/>AXSB</p> | <ol style="list-style-type: none"> <li>1. Rear leg, left-right order: apply and rub oil in from calf to thigh to heel, 3 times.</li> <li>2. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times.</li> <li>3. Move hands upwards to four main collateral channels: Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) with fingers spread and hukou pointing upwards.</li> <li>4. Push hands alternately to popliteal fossa, 3 times.</li> <li>5. Twist both hands upwards alternately as if twisting a fried dough, 3 times.</li> <li>6. Caress the treatment area, 3 times.</li> <li>7. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</li> <li>8. Caress the treatment area, 3 times.</li> <li>9. Do the same on the other side.</li> <li>10. Wipe clean the treated</li> </ol> | <p>Technique1. 2. 3. 4. 7</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique12</p>  <hr/> <p>Technique13</p>  <hr/> <p>Technique14. 18</p> |
|--|--|---|--|

|  |  |  |
|--|--|--|
|  | <p>area with hot towel, 2 min.</p> <p>11. Apply gel evenly on the treatment area, 2 min.</p> <p>12. 40K operation: Move the probe from popliteal fossa to Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB), 3 times.</p> <p>13. Move the probe in small circular motion on calf, 3 times.</p> <p>14. Move the device upwards to popliteal fossa and caress the treatment area with hands, 3 times.</p> <p>15. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>16. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>17. Push from popliteal fossa tracing main collateral channels to the end of thigh, 3 times.</p> <p>18. Vacuum&amp;RF Operation: Move the probe from popliteal fossa to Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB), 3 times.</p> <p>19. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>20. Move the probe in small circular motion on calf, 3 times.</p> <p>21. Coupled with hand, lift from two sides of the leg to</p> |  <hr/> <p>Technique15. 17. 19</p>  <hr/> <p>Technique16. 20</p>  <hr/> <p>Technique21</p>  <hr/> <p>Technique22.23.24 .25</p>  <hr/> <p>Technique29</p>  <hr/> <p>Technique30</p> |
|--|--|--|

|  |  |  |
|--|--|--|
|  | <p>the middle in parallel lines, 3-5 times.</p> <p>22. Foreleg operation: Have the customer lay on his/her back. Rub oil with both hands from heel to the thigh root (namely to caress the treatment area), 3 times.</p> <p>23. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times.</p> <p>24. Move hands upwards to four main collateral channels: Spleen Meridian(SP) - Stomach Meridian(ST) - Liver Meridian(LV) - Gallbladder Meridian(GB) with fingers spread and hukou pointing upwards, 3 times.</p> <p>25. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>26. 40K operation: Lift the probe towards knee while tracing 3 meridians, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>27. Move the probe on two sides of calf in annular motion, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>28. Lift the probe from knee to thigh root in lines, 3 times.</p> <p>29. Move the probe in small circles on thigh, 3 times.</p> <p>30. Coupled with hand, lift from 2 sides of leg to the middle, 3 times.</p> <p>31. Lift the probe from knee to thigh root in annular</p> |  <hr/> <p>Technique31</p>  <hr/> <p>Technique32</p>  <hr/> |
|--|--|--|

|  |  |   |  |
|--|--|---|--|
|  |  | <p>motion, 3 times.</p> <p>32. Lift the device from knee to thigh root in lines in parallel lines, 3 times.</p> <p>33. Vacuum&amp;RF Operation: Lift the probe from knee to thigh root in lines, 3 times.</p> <p>34. Move the probe in small circles on the upper leg, 3 times.</p> <p>35. Coupled with hand, lift from 2 sides of leg to the middle, 3 times.</p> <p>36. Lift the probe from knee to thigh root in annular motion, 3 times.</p> <p>37. Do the same on the other side.</p> <p>38. Clean the treated area with hot towel, 2 min.</p> <p>39. The end of vacuum&amp;RF operation.</p> <p>40. Fixate the lipo laser paddles on the fat part of the legs. Wait for 25-30 min.</p> <p>41. Remove the paddles and straps and clean the treated area.</p> |  |
|--|--|---|--|

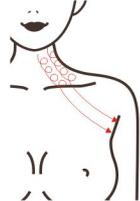
**Suggested Treatment:**

10 treatments account for a full course. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. 3 courses help consolidate the effect. Super RF + super ultrasound is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious.

**Overall facial Care: 100 minutes, 1-2times/week**

|                            |  |  |            |
|----------------------------|--|--|------------|
| RF Face Energy:<br>30%-80% | Makeup remover+<br>Cleanser+<br>Base mask+ | 1. Remove makeup and cleanse face and neck, 5 min.<br>2. Apply toner, 2 min. | Technique6 |
| Mode: PRO                  |  |  |            |

|   |   |   |  |
|---|---|---|--|
| <p>Eye RF Energy:<br/>30%-80%</p> <p>Mode: PRO</p> <p>Microcurrent&amp;<br/>Photon Energy:<br/>30%-80%</p> <p>Mode:<br/>Face, Neck:<br/>Consecutive</p> <p>Eye:<br/>Intermittent</p> <p>Cold&amp;Hot<br/>hammer<br/>energy:<br/>30%-80%</p> <p>Mode: COLD</p> | <p>Hot&amp;Cold<br/>Steam+<br/>Massage<br/>cream+<br/>Essence+<br/>Facial mask+<br/>MS-76D1MAX<br/>SB</p> | <p>3. Apply cleaning base mask+hot steam, 10 min.</p> <p>4. Wash face clean, 2 min.</p> <p>5. Apply massage cream evenly on face and caress face, 3 times.</p> <p>6. Push the following acupoints: Ren-24, Du-26, St-4, St-6, LI-20, BL-1, BL-2, EM3, TE-23, Gb-1, the Temple, St-1, St-2, 3 times.</p> <p>7. Caress the whole face, 2 times.</p> <p>8. Alternate both hands to lift in 3 lines from chin to ear lobe, corner of mouth to ear gate, nose wing to temple, lower eyelid to temple, 3 times.</p> <p>9. Do the same on the other side.</p> <p>10. Lift towards hairlines on forehead, 3 times.</p> <p>11. Move hands in circular motion around eyes and push temples, 3 times.</p> <p>12. Move middle and ring fingers horizontally below lower eyelids and slide to back of the ear, 3 times.</p> <p>13. Lift middle and ring fingers from inner eye corner to upper eyelids and slide to back of the ear, 3 times.</p> <p>14. Lift eye corners with "scissor" hand gesture, 3-5 times.</p> <p>15. Repeat the previous operation on the other side, 3 times.</p> <p>16. Move hands in circular motion around eyes and push temples, 3-5 times.</p> | <div data-bbox="1171 230 1313 450" data-label="Image"> </div> <p data-bbox="1082 488 1230 521">Technique8</p> <div data-bbox="1163 553 1289 750" data-label="Image"> </div> <p data-bbox="1082 779 1225 813">Technique10</p> <div data-bbox="1163 842 1289 1039" data-label="Image"> </div> <p data-bbox="1082 1068 1289 1102">Technique11,16</p> <div data-bbox="1163 1131 1289 1328" data-label="Image"> </div> <p data-bbox="1082 1357 1246 1391">Technique12</p> <div data-bbox="1163 1420 1289 1617" data-label="Image"> </div> <p data-bbox="1082 1646 1246 1680">Technique13</p> <div data-bbox="1163 1709 1289 1906" data-label="Image"> </div> <p data-bbox="1082 1935 1246 1968">Technique14</p> |
|---|---|---|--|

|  |  |  |  |
|--|--|--|--|
|  |  | <p>17. Use both hands to lift face as if plucking the string, 1 min.</p> <p>18. Move in letter Z on forehead with ring and middle fingers and push on temples, 3 times.</p> <p>19. Neck massage: apply and rub oil on the chest with both hands to the back of the neck and point to Gb-20 and Du-16 acupoints, 3 times.</p> <p>20. Alternately lift the lower jaw and double chin to pass behind the ear and under the armpit, 3 times.</p> <p>21. Push downwards with hand spread and hukou pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times.</p> <p>22. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to the armpit, 3 times.</p> <p>23. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times.</p> <p>24. Push downwards with hand spread and hukou pointing down from external collarbone to armpit, 3-5 times.</p> <p>25. Alternate hands in lifting the neck, 3 times.</p> <p>26. Do the same on the other side.</p> <p>27. Face RF Operation: Move the probe from jaw to earlobe, mouth corner to ear gate, nose wing to</p> |  <p>Technique18</p>  <p>Technique19</p>  <p>Technique20</p>  <p>Technique21,22,23</p>  <p>Technique24</p>  <p>Technique25</p> |
|--|--|--|--|

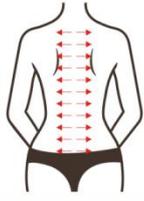
|  |   |  |
|--|---|--|
|  | <p>temple in circles, 3 times.</p> <p>28. Brace the skin with the probe and another free hand to keep the treatment surface tight and lifted; move from jaw to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple to lift the treatment area, 3 times.</p> <p>29. Combined with hands to lift towards hairline on forehead, 3 times.</p> <p>30. Do the same on the other side.</p> <p>31. Eye RF operation: move the probe beneath lower eyelid in small circles and move all the way till the temple, 3-5 times.</p> <p>32. Combined with hand, move the probe from lower eyelid to temple to lift the treatment area, 3-5 times.</p> <p>33. Lift from the beginning of the eyebrows to the end, 3-5 times.</p> <p>34. Combined with hand, move the probe to lift the corner of the eyes towards the hairline, 3-5 times.</p> <p>35. Do the same on the other side.</p> <p>36. Neck RF operation: coupled with hand massage, lift double chin to pass behind the ear and under the armpit, 3 times.</p> <p>37. Move the device in circles on one side of neck to pass under armpit, 3 times.</p> <p>38. Slide the device from internal and external clavicle</p> |  <p>Technique27</p>  <p>Technique28,44</p>  <p>Technique29</p>  <p>Technique31</p>  <p>Technique32,34</p>  <p>Technique33</p> |
|--|---|--|

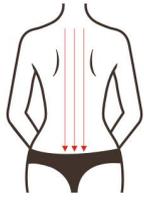
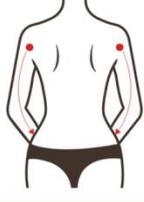
|  |  |  |
|--|--|--|
|  | <p>to the armpit, 3-5 times.</p> <p>39. Move the device in circles on the whole neck area, 3 times.</p> <p>40. Coupled with hand, lift neck in lines, 3-5 times.</p> <p>41. Do the same on the other side.</p> <p>42. Clean face and neck, 3 min.</p> <p>43. Apply (anti-aging) essence evenly on the face, 1 min.</p> <p>44. Face BIO Operation: Move the probe from jaw to earlobe, mouth corner to ear gate, nose wing to temple in circles, 3-5 times.</p> <p>45. Spot treat on the entire face, 3-5 times.</p> <p>46. Move the probe towards the hairline or horizontally in circles back and forth on forehead, 3 times.</p> <p>47. Do the same on the other side.</p> <p>48. Apply (hydrating) essence evenly around the eyes, 1 min.</p> <p>49. Apply hydrating eye mask, face mask, neck mask (at the same time)+cold hammer to move around the entire face using stamp technique, 3 times.</p> <p>50. Remove the masks and wash face and neck clean, 5 min.</p> <p>51. Apply toner, essence, cream, eye cream, neck cream and sunscreen.</p> |  <p>Technique36</p>  <p>Technique37</p>  <p>Technique40</p>  |
|--|--|--|

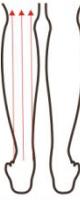
**Suggested Treatment:**

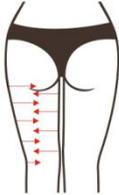
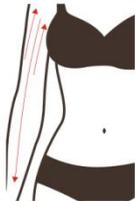
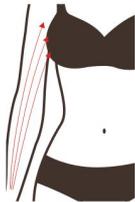
Ten treatments account for one full course. After one treatment, the skin will be firm, tender, delicate and smooth, and the eyes will be elevated to accelerate the blood circulation and lymph circulation of the eyes. After one course, it lightens fine lines, dark circles under the eyes and brightens the skin. After two courses, the overall skin is smooth, firm and elastic, and the double chin is improved. Three courses help prevent and delay skin aging, relaxation and sagging, and restore skin to its youthful state.

**Body-Sculpting&Slimming: 180 min, once/week**

|   |   |  |   |
|---|---|--|---|
| <p>Body RF<br/>Energy:<br/>30%-80%</p> <p>Mode: PRO</p> <p>Vacuum RF<br/>Energy:<br/>30%-80%</p> <p>Suction time:<br/>0.3-1.0</p> <p>Release time:<br/>0-0.5</p> <p>Mode: M1</p> <p>40K Energy:<br/>30%-80%</p> <p>Mode:<br/>Intermittent</p> <p>Lipo Laser<br/>Paddle<br/>Energy:<br/>30%-100%</p> <p>Mode: M1</p> | <p>Essential oil<br/>(massage<br/>cream) +<br/>Gel +<br/>Towel+<br/>MS-76D1M<br/>AXSB</p> | <p><b>Back</b></p> <ol style="list-style-type: none"><li>1. Apply oil on back and press Gb-20 and Du-16 points.</li><li>2. (Starting from hairline) stroke Da Ban Jin with thumb, 3-5 times.</li><li>3. Move thumb outwards from Bladder Meridian(BL) to the 8 Crevice area and then to Gb-20 and Du-16 point.</li><li>4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times.</li><li>5. Push Bladder Meridian(BL) with thumb in left-right order, 3 times.</li><li>6. Push Bladder Meridian(BL) to the 8 Crevice area with both thumbs, at the same time, 3 times.</li><li>7. Push Bladder Meridian(BL) in three kneeling fingers, 3 times.</li><li>8. Push scapula slot with both hands alternately in left-right order, 3-6 times.</li><li>9. Caress the back with both hands and push Gb-20 and Du-16 points, 3 times.</li><li>10. Overlap both thumbs and push SI-11point and slide to the arm, 3 times.</li><li>11. Repeat the previous</li></ol> | <p>Technique1,9</p>  <hr/> <p>Technique2,16</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5,6,7,12,14</p> |
|---|---|--|---|

|  |   |   |
|--|---|---|
|  | <p>action on another arm, 3 times.</p> <p>12. Rub Meridian GV and Bladder Meridian(BL) with hands until they turned hot.</p> <p>13. Apply gel evenly on back.</p> <p>14. RF Operation: Starting from Meridian GV to Bladder Meridian(BL), move the device from neck to the 8 Crevice area, 3-5 times.</p> <p>15. Move the probe in circles on Du-14 point, and the 8 Crevice area, 3-5 times respectively.</p> <p>16. From Da Ban Jin to neck, move the device back and forth, 3-5 times.</p> <p>17. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>18. Move the device horizontally as if writing an "8" number to the 8 Crevice area, 3 times.</p> <p>19. Move the device upwards in annular motion to armpit in left-right order on both sides, 3 times.</p> <p>20. Lift from sides of the waist upwards till armpit, 3-5 times.</p> <p>21. Clean with hot towel.</p> <p>22. Apply essential oil evenly on the back.</p> <p>23. Vacuum&amp;RF Operation:</p> <p>24. Trace the probe from firstly, Meridian GV then Bladder Meridian(BL). Slide from the neck to the 8 Crevice area , 3-5 times.</p> <p>25. From Da Ban Jin to neck, move the device back and forth, 3-5 times.</p> |  <hr/> <p>Technique8,17</p>  <hr/> <p>Technique10,11</p>  <hr/> <p>Technique15</p>  <hr/> <p>Technique18</p>  <hr/> <p>Technique19</p>  <hr/> <p>Technique20</p> |
|--|---|---|

|  |   |   |
|--|---|---|
|  | <p>26. Lift the probe on scapula slot in left-right order, 3-5 times.</p> <p>27. Move the device horizontally as if writing an "8" number to the 8 Crevice area, 3 times.</p> <p>28. Lift from sides of the waist upwards till armpit, 3-5 times.</p> <p>29. Clean with fresh towel.</p> <p>30. Fixate the lipo laser paddles on the fat part of the back. Wait for 20-30 min.</p> <p>31. Remove the paddles and clean the treated area.</p> <p>32. The end of back treatment.</p> <p><b>Legs</b></p> <p>33. Massage leg in left-right order: apply and rub oil in from calf to thigh to heel, 3 times.</p> <p>34. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times.</p> <p>35. Move hands upwards to four main collateral channels: Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) with fingers spread and hukou pointing upwards.</p> <p>36. Push hands alternately to popliteal fossa, 3 times.</p> <p>37. Twist both hands upwards alternately as if twisting a fried dough, 3 times.</p> <p>38. Push four main collateral channels upwards with</p> |  <hr/> <p>Technique33.34.35.36.38</p>  <hr/> <p>Technique37</p>  <hr/> <p>Technique41.43</p>  <hr/> <p>Technique42.49</p>  <hr/> <p>Technique44.46.50</p>  <hr/> <p>Technique45.51</p> |
|--|---|---|

|  |  |  |
|--|--|--|
|  | <p>kneeling fingers of both hands, 3 times.</p> <p>39. Caress the treatment area, 3 times.</p> <p>40. Do the same on the other side.</p> <p>41. 40K operation: move the device from popliteal fossa to Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB), 3 times.</p> <p>42. Move the device in small circular motion on calf, 3 times.</p> <p>43. Move the device upwards to popliteal fossa and caress the treatment area with hands, 3 times.</p> <p>44. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>45. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>46. Push from popliteal fossa tracing main collateral channels to the end of thigh, 3 times.</p> <p>47. Clean with towel and apply gel evenly on the treatment area.</p> <p>48. Vacuum&amp;RF operation:</p> <p>49. Move the probe in small circles on the lower leg, 3 times.</p> <p>50. Push from popliteal fossa, tracing four main channels till the end of thigh, 3 times.</p> <p>51. Move the probe in small circles from popliteal fossa till the end of thigh, 3 times.</p> |  <hr/> <p>Technique52</p>  <hr/> <p>Technique58</p>  <hr/> <p>Technique59.60.61</p>  <hr/> <p>Technique63.71.74</p>  <hr/> <p>Technique64.72</p>  <hr/> <p>Technique65</p> |
|--|--|--|

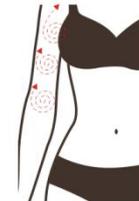
52. Coupled with hand, lift from two sides of the thigh to the middle, 5-8 times.  
 53. Do the same on the other side.  
 54. Clean with hot towel.  
 55. Fixate the lipo laser paddles on the fat part of the legs. Wait for 25-30 min.  
 56. Remove the paddles and straps and clean the treated area.  
 57. The end of leg treatment.

**Arms**

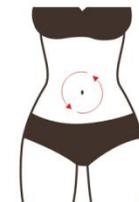
58. Massage arms in left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times.  
 59. Push the entire arm with both palms, 3 times.  
 60. Push hands upwards tracing three main collateral channels: Large Intestine Meridian(LI) - Triple Energizer Meridian(TE) - Small Intestine Meridian(SI) to armpits with fingers spread and hukou pointing upwards, 3 times.  
 61. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.  
 62. Caress the treatment area, 3 times.  
 63. Lay inner arm upwards, and push hands tracing three yin channel on inner arm: Lung Meridian(LU) - Pericardium Meridian(PC) - Heart Meridian(HT) to armpit,



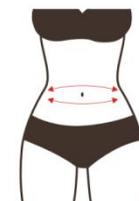
Technique69.70



Technique86



Technique87



Technique88



Technique89



Technique90

with hukou pointing upwards, 3 times respectively.

64. Rub three channels back and forth with kneeling fingers, 3 times.

65. Caress the treatment area and slide to fingers.

66. Repeat the previous operation on another side

67. Apply gel evenly on the arm.

68. 40K operation: lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.

69. Move the device in annular motion, tracing three channels to armpit, 3 times.

70. You may double the operation on flabby arms, 3 times.

71. Trace three channels to armpit, 3 times.

72. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.

73. Trace three channels on upper arm and move the device in circles to armpit, 3 times.

74. Trace three channels from upper arm to armpit.

75. RF operation:

76. Lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.

77. Move the device in annular motion, tracing three channels to armpit, 3 times.

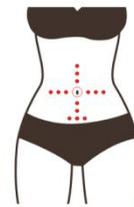
78. You may double the operation on flabby arms, 3 times.



Technique91



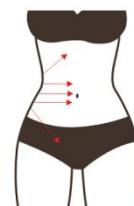
Technique93



Technique94



Technique97.107



Technique99.108



手 100.109

79. Trace three channels to armpit, 3 times.
80. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.
81. Trace three channels on upper arm and move the device in circles to armpit, 3 times.
82. Do the same on the other side.
83. Fixate the fat part of the arm with straps. Wait for 20-30 min.
84. Remove the straps and paddles. Clean the treated area.
85. The end of arm treatment.

#### Abdomen

86. Apply and rub oil on abdomen with hands, 3 times.
87. Rub stomach back and forth with both hands, 3-5 times.
88. Knead abdomen with both hands using chiropractic techniques, 3 times.
89. Lift Meridian BV on both sides of waist with both hands alternately, 16 times.
90. Move hands as if writing an "8" number on waist, 3 times.
91. Overlap hands and massage the intestinal canal clockwise, 3 times.
92. Move hands in circular motion and caress the treatment area, 3 times.
93. Push on the following acupoints: Ren-13, Ren-12, Ren-10, Ren-8, Ren-6, Ren-4,



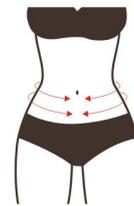
Technique101



Technique102.110



Technique103.111



|  |  |  |
|--|--|--|
|  | <p>Ren-3, St-25, SP-15, Ren-2, 2 times.</p> <p>94. Starting from Ren-3 point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</p> <p>95. Caress the treatment area with hands and slide to groin.</p> <p>96. Apply gel evenly on abdomen, 1 min.</p> <p>97. 40K operation: starting from one side of the waist, lift the device to abdomen and groin, 3 times.</p> <p>98. Repeat the previous operation on the other side, 3 times.</p> <p>99. Move the device on abdomen in small circular motions, 3 times.</p> <p>100. Move the device on abdomen in big circular motions, 3 times.</p> <p>101. Move the probe to shape the waist as if writing "8", 3-5 times.</p> <p>102. Move the probe up and down to shape the waist, 3-5 times.</p> <p>103. Combined with hand, lift Meridian BV on both sides of the waist, 16 times.</p> <p>104. Wipe clean abdomen with hot towel, 2 min.</p> <p>105. Apply essential oil evenly on the abdomen.</p> <p>106. Vacuum&amp;RF operation:</p> <p>107. Lift from one side of the waist to the abdomen. Move the probe from abdomen to groin in parallel lines to lift the treatment area, 3 times.</p> |  |
|--|--|--|

|  |  |  |  |
|--|--|--|--|
|  |  | <p>108. Move the device on abdomen in small circular motions, 3 times.</p> <p>109. Move the device on abdomen in big circular motions, 3 times.</p> <p>110. Move the probe up and down to shape the waist, 3-5 times.</p> <p>111. Combined with hand, lift Meridian BV on both sides of the waist, 16 times.</p> <p>112. Clean with hot towel.</p> <p>113. Fixate the laser paddles on abdominal fat with straps. Wait for 20-30 min.</p> <p>114. Remove the straps and paddles. Clean the treated area.</p> <p>115. The end of abdomen treatment.</p> |  |
|--|--|--|--|

**Suggested Treatment:**

10 times account for a full course of treatment. After one treatment, your body will feel relaxed, blood circulation boosted, and skin tightened. After a course you will see less fat on different parts of the body, collagen regenerated, and firm skin. After 2 courses fat reduces, and curve lines begin to show. 3 courses will help with enhance the effects and shape up, and S curve will appear.