# **MS-45T2SEPRO User Manual**



Thank you for choosing MS-45T2SEPRO, please read this manual carefully before use. By integrating RF&30K/50K and RF&Suction technologies, this latest beauty instrument for skin tightening and body shaping provides perfect solutions for individuals seeking improved body appearance.

# **Packing list**

x Aristorm S shape Main Machine
 x RF & 30K/50K Pro Body Handle
 x RF & Suction Body Handle
 x Power Cord

## **Technical parameters**

Input voltage: AC110V-240V Rated power: 78W RF&30K/50K Pro 30K: 30000 Hz 50K: 50000 Hz RF frequency:1MHz

**RF&Suction** 

RF frequency:1MHz Suction intensity: 55cmHg Airflow (l/min):10LPM Noise level (30cm away): ≤60dB

## Precautions

- 1. This product is guaranteed by the designated after-sales service unit.
- 2. Use the instrument at a temperature between 16 °C 35 °C.
- 3. Clean the instrument after use and store it properly to extend its service life.
- 4. Always use the designated accessories provided or recommended by the original manufacturer to ensure the performance of the instrument and sustain its lifetime.
- 5. Do not place the instrument near strong heat, as this may affect its service life and performance.
- 6. Do not use the instrument on the eyes, head, chest, back, thyroid, parathyroid, testicles, abdomen of pregnant women and pacemaker.
- 7. Remove off all the metal objects from your body to avoid unpredictable situation and affect the treatment.
- 8. Please turn off the power of the instrument when not in use to ensure the safety of instrument.
- 9. People with metal stents in the body (excluding IUD) or with implants in breast should not use the instrument.
- 10. This instrument is not intended for use by woman in menstruation, pregnancy or lactation.
- 11.Do not use the instrument within 6 months after surgery or cesarean section, within 3 months after miscarriage, and within 2 months after normal delivery.
- 12.Start the treatment at lowest level of energy intensity and increase level after you get used to the treatment.
- 13.Make sure the treatment area skin is applied with gel, do not operate on dry skin.
- 14. Strictly follow the instructions in the manual to use the instrument and train operator.

# Contraindications

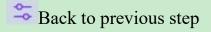
- 1. People suffer from severe diseases: diabetes, heart disease, history of scarring, hyperthyroidism.
- 2. People who recently had surgery or are recovering from a surgery.
- 3. Patients with malignant tumors, hemophilia or severe bleeding.

- 4. People wearing pacemaker (heart rate devices and other in vivo electronic devices), vascular stent or metal implants.
- 5. People suffer from skin disease or infectious diseases.
- 6. People who are experiencing skin irritation, with severe sensitive skin, or are allergic to metal.
- 7. People who have recently had plastic surgery, with implants or metal objects at the treatment area.
- 8. People have had injection treatment recently including hyaluronic acid, mesotherapy, botulinum, or plastic surgery (do not use on face or neck).
- 9. Women in menstruation, pregnancy and lactation.
- 10. This product is not intended for use by persons (including children) with reduced sensory or mental capabilities.

# **Interface Function**

Connect the instrument with power supply, turn on the instrument, then the following start-up interface will appear.





### **1.1ARMS SLIMMING**

Click "

" to enter the following interface.



ARMS SLIMMING

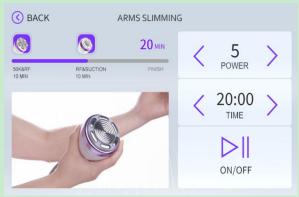
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Click on/off button to start CAVI 50K & RF treatment, the parameters are default values, you may set energy intensity/time manually according to individual endurance.



50K&RF operation time is over, and will enter RF&SUCTION operation soon, please change CAVI 50K&RF handle to RF&SUCTION handle for further operation. Prompt time: 30s.

When the prompt time is over, the interface will automatically enter RF&SUCTION operation interface.



The parameters are default values,

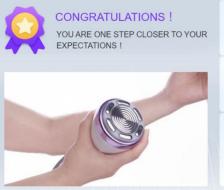
you may set energy intensity/time manually according to individual endurance.



Click this icon to enter the RF&SUCTION operation interface in advance, and then click the on/off button to start.

**(** BACK

ARMS SLIMMING



This congratulation interface indicates that

you have completed the whole ARMS SLIMMING treatment.

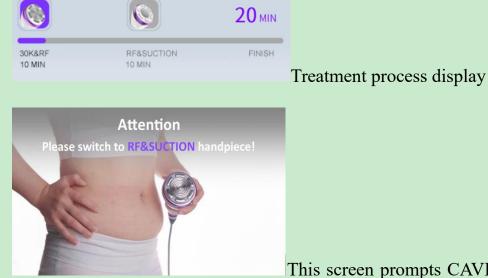
### **1.2WAIST SLIMMING**



" to enter the following interface.

<b>(</b> BACK	V	VAIST SLIMMING	G		
	0	20 MIN	1	5	5
30K&RF 10 MIN	RF&SUCTION 10 MIN	FINISH		POWER	-
	0		<	20:00	>
3N				$\triangleright \parallel$	
				ON/OFF	

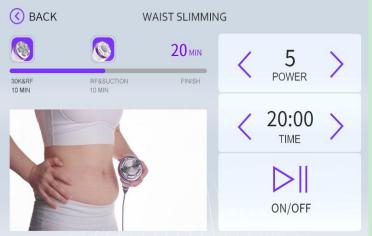
OFF Click on/off button to start CAVI 30K & RF treatment, the parameters are default values, you may set energy intensity/time manually according to individual endurance.



This screen prompts CAVI 30K&RF

operation time is over, and will enter RF&SUCTION operation soon, please change CAVI 30K&RF handle to RF&SUCTION handle for further operation. Prompt time: 30s.

When the prompt time is over, the interface will automatically enter RF&SUCTION operation interface.



The parameters are

default values, you may set energy intensity/time manually according to individual endurance.



Click this icon to enter the RF&SUCTION operation interface in advance, and then click the on/off button to start.

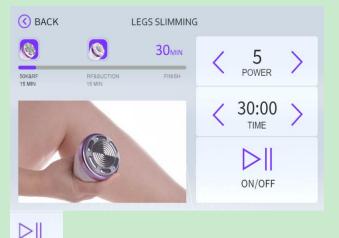
 CONGRATULATIONS !

 YOU ARE ONE STEP CLOSER TO YOUR

 EXPECTATIONS !

This congratulation interface indicates that you have completed the whole WAIST SLIMMING treatment.

### **1.3LEGS SLIMMINGS**

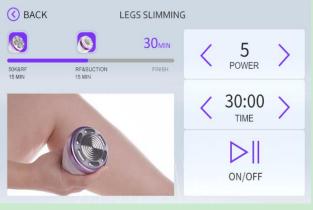


Click on/off button to start CAVI 50K & RF treatment, the parameters are default values, you may set energy intensity/time manually according to individual endurance.



operation time is over, and will enter RF&SUCTION operation soon, please change CAVI 50K&RF handle to RF&SUCTION handle for further operation. Prompt time: 30s.

When the prompt time is over, the interface will automatically enter RF&SUCTION operation interface.



The parameters are default

values, you may set energy intensity/time manually according to individual endurance.



Click this icon to enter the RF&SUCTION operation interface in advance, and then click the on/off button to start.



LEGS SLIMMING



CONGRATULATIONS ! YOU ARE ONE STEP CLOSER TO YOUR EXPECTATIONS !



This congratulation interface indicates that you have completed the whole LEGS SLIMMING treatment.

# 2. SPECIALIZEO

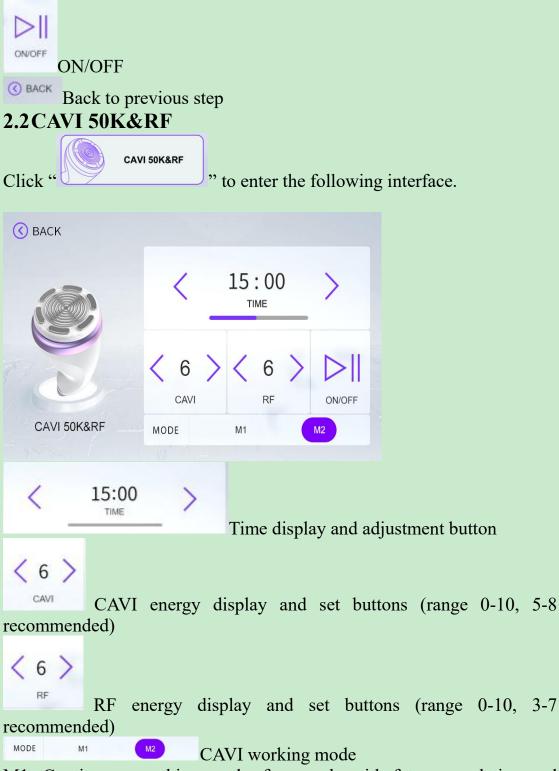


Click " **SPECIALIZED** " to enter the following interface.



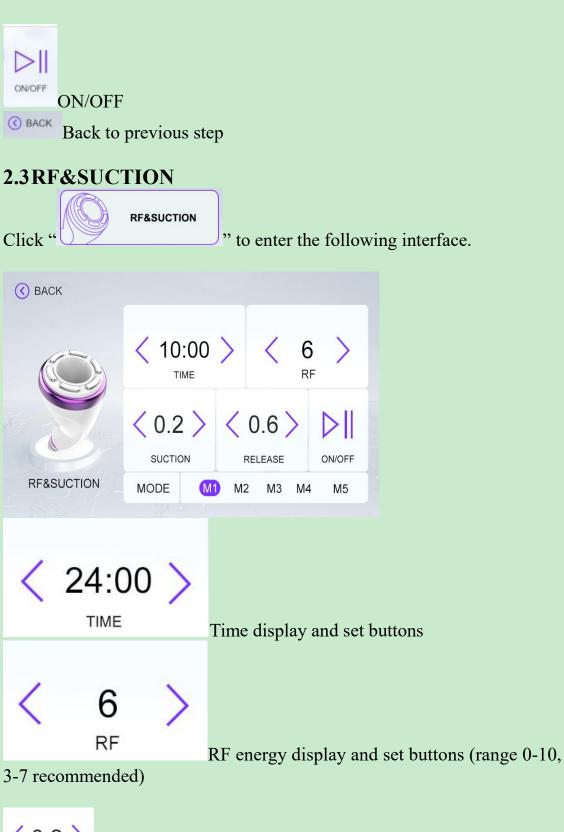
M1: Continuous working mode, for people with fat accumulation and thicker fat.

M2: Intermittent working mode, for local obesity.



M1: Continuous working mode, for people with fat accumulation and thicker fat.

M2: Intermittent working mode, for local obesity.



< 0.2 >

SUCTION Suction time display and set buttons (range 0.0-2.0, 0.2-1.0 recommended)

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RELEASE Release time display and set buttons (range 0.0-2.0, 0.0-0.5 recommended)

Note: Suction time should be longer than release time; When release time is 0, it means only suction works.

MODE M1 M2 M3 M4 M5 Fixed mode of suction and release (in fixed mode, you don't need to set the suction and release time manually)

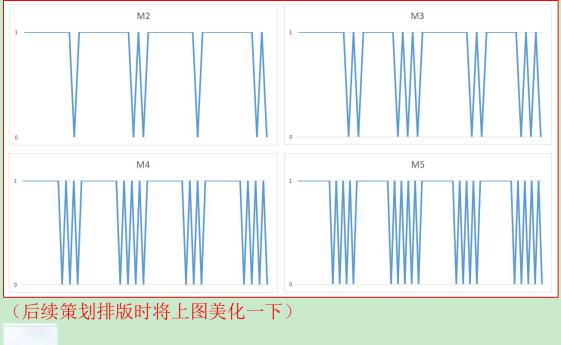
M1: Only suction mode

M2: With the fastest intermittent frequency

M3: With the faster intermittent frequency

M4: With the slightly faster intermittent frequency

M5: With the slow intermittent frequency



#### 

ON/OFF

<sup>(C)</sup> Back to previous step

Rotary knob for adjusting suction intensity (turn left to decrease intensity, turn right to increase intensity)

# **HOUSEHOLD** Application

## **Arms slimming**

1. Time: 20 minutes.

#### 2. Efficacy

- (1) Improve arms cellulite.
- (2) Improve sagging skin.
- (3) Promote blood circulation.
- 3. Product needed: gel, essential oil.
- 4. Steps
- 1. Wipe arms with a towel.
- 2. Measure the arm circumference of both arms and record.
- 3. Apply gel to the treatment area evenly.
- 4. Turn on the instrument, select HOUSEHOLD-Arms slimming tap on/off button to start.
- 5. 50K&RF (10 minutes)
- (1) Push from the wrist towards the elbow with the handle, 1 minute.
- (2) Move the handle in small circles on the fat site of lower arm, 1 minute.
- (3) Push from the elbow towards the armpit with the handle, 1 minute.
- (4) Move the handle in circles on the upper arm from the elbow towards the armpit with the handle, 2 minutes.
- (5) Repeat the same on the other arm, 5 minutes.
- (6) Wipe arms with a towel.

#### 6. **RF+SUCTION** (10 minutes)

- (1) Apply essential oil to the treatment area evenly.
- (2) Push from the wrist towards the elbow with the handle, 1 minute.
- (3) Move the handle in small circles on the fat site of lower arm, 1 minute.
- (4) Push from the elbow towards the armpit with the handle, 1 minute.
- (5) Move the handle in circles on the upper arm from the elbow towards the armpit with the handle, 2 minutes.
- (6) Repeat the same on the other arm, 5 minutes.
- (7) Wipe arms with a towel.
- 7. Measure the arm circumference of arms again, and compare with the data before treatment.

### 5. Recommended frequency:

It is recommended to take 2 sessions a week, after 4 weeks of consistent treatment you will notice that the arm circumference is significantly reduced and the skin is getting firmer and plumper; Continuing the

treatment for 8 weeks will lead to slimmer arms, firmer and more elastic skin; 12 weeks of treatment will bring better and more stabler result for arms.

## Waist slimming

#### 1. Time: 20 minutes.

#### 2. Efficacy

- (1) Strong fat removal, improve cellulite on waist and abdomen.
- (2) Tighten skin and increase skin elasticity.
- (3) Improve sagging skin on abdomen and waist.
- (4) Improve stretch marks and cellulite.

#### 3. Product needed: gel, essential oil.

- 4. Steps:
- 1. Wipe the abdomen and waist with a towel.
- 2. Measure waist and record.
- **3.** Apply gel to the treatment area evenly.
- 4. Turn on the instrument, select HOUSEHOLD-Waist slimming tap on/off button to start.

#### 5. 30&RF (10 minutes)

- (1) Move the handle from the side of waist towards the navel, 2 minutes.
- (2)Repeat the same from the other side (Repeat the same on the opposite side), 2 minutes.
- (3) Move the handle in small circles around the navel, 2 minutes.
- (4) Move the handle in big circles around the navel, 2 minutes.
- (5) Move the handle up and down on the waist, 2 minutes.
- (6) Wipe abdomen with a towel.

#### 6. RF+SUCTION (10 minutes)

- (1) Apply essential oil to the treatment area evenly.
- (2) Move the handle from the side of waist towards the navel, 2 minutes.
- (3)Repeat the same from the other side (Repeat the same on the opposite side), 2 minutes.
- (4) Move the handle in small circles around the navel, 2 minutes.
- (5) Move the handle in big circles around the navel, 2 minutes.
- (6) Move the handle up and down on the waist, 2 minutes.
- (7) Wipe abdomen with a towel.

#### 7. Measure waist again and compare with the data before treatment.

#### 5. Recommended frequency:

It is recommended to take 2 sessions a week, after 4 weeks of consistent treatment, you will notice a slimmer waistline with reduced cellulite, as well as a noticeable improvement in reducing stretch marks and tightening the skin. Continuing the treatment for 8 weeks will result in a clearer waist curve.12 weeks of treatment bring more obvious result.

### **Legs Slimming**

#### 1. Time: 30 minutes

#### 2. Efficacy

- (1) Tighten skin, prevent skin sagging.
- (2) Stimulate collagen regeneration and smooth stretch marks.
- (3) Increases circulation in the legs and removes edema.
- (4) Activate blood stasis, prevent varicose veins.
- (5) Tighten leg and remove cellulite.
- 3. Product needed: gel, essential oil.
- 4. Steps:
- 1. Wipe the leg with a towel.
- 2. Measure lower leg and upper leg, and record.
- 3. Apply gel to the treatment area evenly.
- 4. Turn on the instrument, select HOUSEHOLD-Legs Slimming tap on/off button to start.

#### 5. 50K&RF (15 minutes)

- (1) Move the handle in small circles on calf, 1 minute.
- (2) Move the handle back and forth between knee and root of thigh, 1 minute.
- (3)Circle around thigh from the knee to the root of the thigh with the handle, 2 minutes.
- (4)Push from the outer side of thigh towards the middle of thigh, 2 minutes.
- (5)Push from the inner side of thigh towards the middle of thigh, 1.5 minutes.
- (6) Repeat the same on the other leg, 7.5 minutes.
- (7) Wipe the leg with a towel.

#### 6. RF+SUCTION (15 minutes)

- (1) Apply essential oil to the treatment area evenly.
- (2) Move the handle in small circles on calf, 1 minute.
- (3) Move the handle back and forth between knee and root of thigh, 1 minute.
- (4)Circle around thigh from the knee to the root of the thigh with the

handle, 2 minutes.

- (5) Push from the outer side of thigh towards the middle of thigh, 2 minutes.
- (6)Push from the inner side of thigh towards the middle of thigh, 1.5 minutes.
- (7) Repeat the same on the other leg, 7.5 minutes.
- (8) Wipe the leg with a towel.
- 7. Measure the lower leg and upper leg again, and compare with the data before treatment.

#### 5. Recommended frequency:

It is recommended to take 2 sessions a week at least, after 4 weeks of consistent treatment you will notice significant improvements such as slimmer legs, reduced stretch marks, and firmer skin; continuing the treatment for 8 weeks will effectively eliminate leg cellulite; 12 weeks of treatment bring slim and firm legs and stable result.

### After treatment

- 1. Avoid overeating, staying up late, drinking alcohol.
- 2. The treated individual will reach the optimum result with moderate exercise.
- 3. Drink plenty of water to accelerate metabolism (drink 250-300ml right after treatment, and another 250-300ml 1 hour later after treatment, ensure 2500-3000ml for a day).
- 4. Keep a low-fat, low-salt diet, have more meals a day but less food at each, avoid high calorie foods, reduce carbohydrate intake while increase protein intake.