



## CARE & USE GUIDE

### Energify insulated food jar

Energify vacuum flask keeps food (or drinks) warm up to 12 hours or cold up to 24 hours thanks to the insulation. So it's very important to use the jar properly not to break the insulation.



Please notice that the jar doesn't contain some kind of cooling or heating device, it can't heat up or freeze your food.

#### How to wash Energify jar:

- Before first use, and as soon as possible after each use, handwash all parts separately with warm, soapy water. Rinse thoroughly and allow to dry.
- Energify insulated jars are **top-rack** dishwasher safe. Choose the cycle that uses the lowest water temperature, never heat dry. Washing in dishwasher on the low-rack will break the insulation since the dishwasher heating element is at the bottom of it. However, **hand washing is highly recommended**, because heat in the dishwasher, hot water and detergent will likely affect the beautiful finish of the jar: it may become scratched or even peel off.
- Never put the stopper or silicone rings in the dishwasher, always wash them with your hands.
- Never soak the stopper.
- Never attach the stopper and the lid before all the parts are completely dry.
- Do not use thinner, gasoline, metal polishing powder, decontamination powder, bleaches or cleaners containing chlorine. Do not use abrasive cleaners and scrubbers to clean the product.

#### How to use Energify jar:

- Do not heat your jar in microwave, on stove top, or any type of oven. It will likely damage the insulation and harm the stainless steel.
- Avoid places near open flame, heaters and other heat sources.
- You can put the jar in a fridge with no ill effects or risk of damage because the fridge temperatures are not low enough to freeze the contents and thereby risk damaging the vacuum seal or the Energify jar itself.
- However, never leave your flask in the freezer for a long time is that the effect of freezing liquid will cause that liquid to expand and, in a contained environment like Energify jar, the pressure of an expanding fluid in a closed container would rupture the vacuum seal and cause the insulation to fail or even crack your jar.
- Avoid dropping, collision, strong shocks (including thermal shock: do not pour cold water into hot jar and vice versa), so as to avoid surface depressions, damage.
- Don't leave food or drinks inside the jar for long periods of time (more than 24 hours). Wash all the parts of the flask as soon as possible after you've finished your meal so that you can prevent odor formation.

#### For maximum thermal efficiency, please do this:

- Pre-heat or pre-chill vacuum flask prior to use. This can be done by filling it with hot or cold water, attaching the lid and letting it rest for a few minutes. Discard water before packing your food.
- If you are going to fill your food jar with hot foods, they should be heated on a stove to a boiling point or microwaved piping hot prior to filling the flask. It's better to pack your thermos just before leaving home.
- Always tightly close the stopper and the lid.
- A well-filled flask will retain temperature better than a poorly filled one. But do not overfill it, since it'll cause spillage as it ran over. Be extremely careful when filling it with hot food it! Overfilling the jar may also affect the insulation: if the fluid goes past the gasket that seals the cup, it's not gonna seal properly. If it happens, remove the silicone ring, wash it thoroughly, wait it to completely dry and put it back on. Make sure that you did it right: the silicone ring should stay in place when you touch it.

#### WARNINGS

- Do not overfill product (to avoid burns).
- Do not tilt product while unscrewing the lid (to avoid burns).
- Do not turn product upside-down while pressing the air pressure release button (to avoid spills and possible burns).
- Do not turn product upside-down while pressing the air pressure release button (to avoid spills and possible burns).
- Do not shake product while it is upside-down (to avoid spills and possible burns).
- Do not keep carbonated beverages or fluids and solutions (chemical or organic) that cause heightened pressure.
- Always check the temperature of the contents before eating or feeding your child.
- Please set food jar placed out of reach of children (to avoid burns or other injuries). Or teach them how to use it without your supervision.
- Check periodically to make sure silicone rings are present and properly positioned to prevent contents from passing through lid when lid is closed. Missing, worn or misaligned silicone rings may cause product to leak. Leakage of hot contents may burn or scald user. If something is wrong with the silicone rings, replace them (you get 2 in your package - 1 big and one small). You can also buy spare silicone rings in our shop.
- Dairy or other liquids or foods that spoil easily should not be kept in product for prolonged periods. If contents are left in the container longer than 24 hours, or you suspect spoilage, use caution when opening the container. Contents spoilage can cause pressure inside the container to build, possibly leading to the forceful ejection of the stopper or contents. In such circumstances, before attempting to open the container, ensure the opening is pointed away from the user or other people or pets to avoid injury.