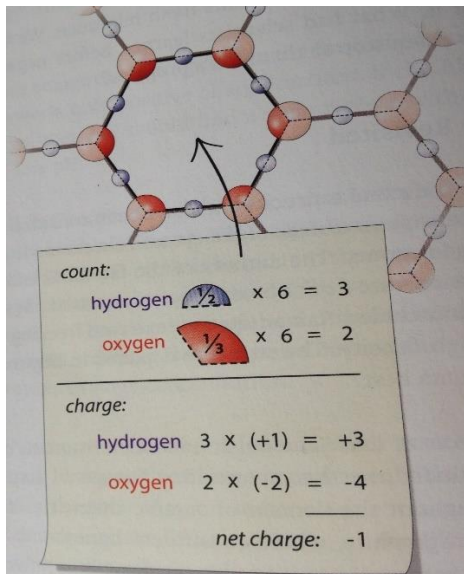


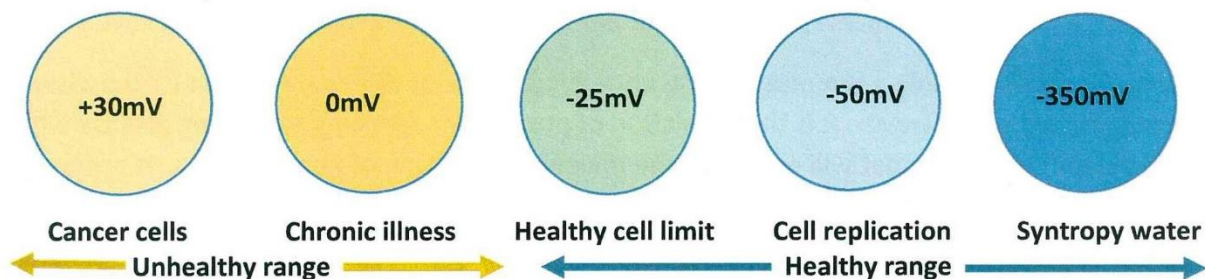
Reasons to drink oxygen and hydrogen rich water

Water structure is not a simple compound as we know it, as a liquid in a glass. Structured water is not some random arrangement of hydrogen and oxygen (called *bulk water*). Rather, structured water has the amazing ability to **arrange its hydrogen and oxygen molecules into repeating, geometric formations, as a crystal**, and this is why it is called ordered, or structured. However, why does this matter for cell health? It is because **cells are not made of random, bulk, liquid water**. Cell water is made of *ordered, structured, gel form* water, which is a completely **different substance** from bulk water, with different energy properties and different functions. Also, **99% of our body molecules** (by count) **are structured water molecules**, and therefore this fact becomes critically important if we are to understand and sustain our health and wellbeing.



When urban water is restructured with a **Phion MEA water device** it returns to its natural state in nature, with an **increase its hydrogen and oxygen molecules**. The overall net effect of natural water, in a 6-sided crystalline structure, is a net negative (-) charge. See image on left. Structured water in healthy cells remains crystallographic, true to its liquid crystal nature. The water in aged, diseased, or otherwise unhealthy cells, loses its negative (-) charge and then becomes more broken. This includes misshapen forms of random arrangements of hydrogen and oxygen. However, water always reorganise its structure after it passes through An MEA water device (see page 4).

The key processes in the body are digestion, absorption, assimilation, and elimination. Cells need to be at an optimal negative charge of about -50mV to enable proper cell regulation and healing.



All living species are regulated by two (2) forces: **entropy and syntropy**. Entropy (2nd Law of Thermodynamics) is the natural force that leads to decay or death unless there is a

compensating force, eg. syntropy. **Syntropy is a life-affirming force** that slows down decay (ie. aging) and prevents disease. When entropy is the overpowering force, cell charge will change polarity and move to a positive (+mV) charge, and this is the zone of decay or disease.

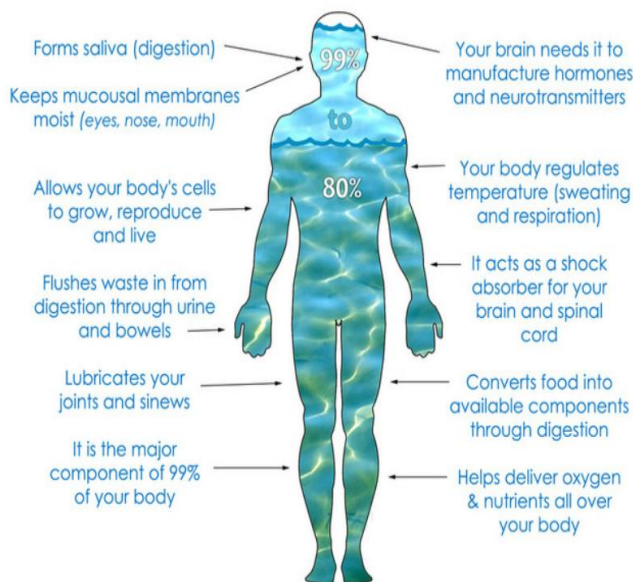
The cell's **syntropy forces** were used by our ancestors to enable a cell to stay in a healthy range, and include:

- **Drinking structured (-mV) water daily**
- **Eating fresh and organic food daily.** The water in this food carries a -mV charge
- **Entraining sunlight energy** (photons) to cells daily, and across the full spectrum of light
- **Daily contact with nature**, eg. with soil, plants, and animals in a natural environment
- **Embracing the emotions of love, joy and hope** that carry negative charge
- **Using melodic or harmonic music frequencies** to improve cell vibration.

The syntropy forces embedded in MEA produced water, enables many benefits to plant life and includes a significant increase in the uptake of nutrients, increase in flavoursome taste, yields, food storage time and an increase in plant roots and the storage of soil water and carbon. Results from Phi'on experiments have included increased intensity in flower colour, diversity and abundance of soil microbes, and increased health and reproduction rates in fish.

Countless scientists, researchers, and Nobel Laureates have observed that flowing water in nature does restructure itself in response to new information, all of the time. Water consciousness responds instantly to *rearrange its structure in response to natural energies* and it does so *constantly, every trillionth* of a second.

WHAT WATER DOES FOR YOU



... and more that we are still discovering!

In many cases, chronically ill people are simply chronically dehydrated. Therefore, is it possible that the water people are drinking is actually not adequately hydrating your cells. Even though you can drink a lot of water, in reality this destructured water is slowly dehydrating you. In most cases (possibly 99.9%) people are **drinking oxygen and hydrogen depleted water**. These waters include all urban water, bottled water, alkaline water, reverse osmosis water, desal water, etc.

Water is the most critical molecule consumed by people on a daily basis. Some of the **health reasons for consuming structured water** are listed below.

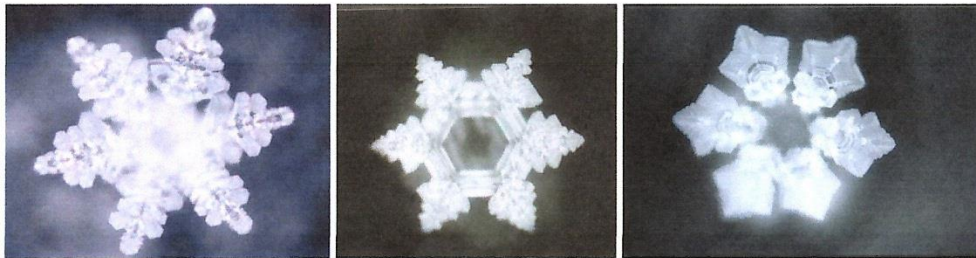
1. **The brain requires structured water that is high in oxygen and hydrogen** to manufacture hormones and neurotransmitters. Negatively charged hydrogen ions (H^+ is actually *negatively charged* because in properly structured water it is an electron donor due to water's most unique design), are the basic building blocks of all ACIDS, including amino acids and DNA chains. Without amino acids, hormones and neurotransmitters can never be produced and/or repaired. Moreover, without an abundance of negative charged H^+ ions, the brain is much more susceptible to concussions and trauma damage.
2. **Water forms the saliva necessary for digestion.** The structured, H^+ dense drinking water also keeps the hydrochloric acid (HCL) in the stomach from becoming buffered (or too alkaline). If the pH of the hydrochloric acid rises above 3.5 pH, the proteins are not broken down correctly and a plethora of health issues such as diverticulitis, high cholesterol, irritable bowel syndrome, chronic indigestion, etc., are the inevitable result due to the proteins literally rotting inside of you, instead of being properly digested.
3. **Water keeps the body's mucosal membranes moist.** This is critical for healthy immune function and in lowering the risk of colds and flus, as well as seasonal allergies.
4. **Water regulates body temperature** (sweating and respiration). Structured (negative charge) water is the prime catalyst in many complex chemical reactions at the cellular level. The most important physiological activity of a cell is actually an acid-producing process. Carbohydrate substances are broken down into carbon dioxide (CO_2) and carbonic acid. Also, the ingestion of *acidic* foods, salts and liquids actually make the body fluids more *alkaline*. This comes about because the weak organic acids in such substances are partly in the form of sodium or potassium salts (electrolytes). In order to maintain charge balance, some of the CO_2 produced by normal metabolism of these food and liquid acids must be converted into bicarbonate HCO_3^- , which is a weak base (*alkaline*).
5. **Water allows body cells to grow, reproduce and survive** (ie. regulate and heal). Without adequate H^+ ions via proper hydration, cellular DNA is more apt to mutate and form various cancers (see image on page 1).
6. **Water acts as a shock absorber to brain and spinal cord.** That is, a hydrated brain and spinal cord is much healthier and much less prone to injury and chronic pain.
7. **Water flushes body waste, mainly in urine.** The body's amazing lymph system is also extremely dependent on proper hydration in order to transport cellular waste to the kidneys and then the urine. Often headaches are result of dehydration and build up of toxic waste in cells.
8. **Water converts food to components needed for survival through digestion absorption, assimilation, and elimination.** Without adequate H^+ ions (abundant in structured

water), the stomach acid becomes buffered and alkaline which in turn disrupts the healthy digestion of proteins.

9. **When H⁺ is scarce (ie. destructured water), the cellular production of Adenine TriPhosphate (ATP: the cell's energy molecule) is also limited.** Without ATP, cells become stressed and lose their energy. When that happens, the entire body becomes depressed and loses its vital energy as well.
10. **Water lubricates joints and muscles.** This is even more critical as people age and enter into their *golden years* when dehydration is often common, yet hydration is essential to sustain cell syntropy (cell life).

Phion water devices to restructure water

The permanent, six-sided, crystalline structure in water can be achieved with the Phi'on **Magnetic, Energised and Activated (MEA)** water devices that were invented by Robert Gourlay, Chief Scientist at Phi'on (see images below).



Robert achieved a permanent negative charge in water in September 2012 and since that time has relentlessly pursued the experimentation and testing of the device's capacity to hold the negative charge and deliver this energy to the cells of microbes, plants, animals and humans.



Phi'on was eventually granted 4 Australian Innovation Patents based on the results of this research.

The Phi'on MEA water Innovation Patents include:

1. Proven ability to entrain a **permanent negative charge** into the water
2. Proven ability of the structured water (ie. the negative charge) to **activate the function of beneficial microbes**, eg. in the soil and in the guts of animals and humans
3. Proven ability of the microbes to **eliminate E.Coli from waste or contaminated water**
4. Proven ability of Phi'on MEA water devices to entrain **natural wave energies** into water passing through a MEA water device

Phi'on research has also proven the beneficial effects of the structured water on plant growth and productivity, animal, and human health. These results are documented in papers on the MEA website at www.meawater.com.

Technologies that destroy water energy

Listed below are descriptions of technologies that are commonly used in conjunction with water filters. These technologies **destroy the life-force energy in water**, remove the negative charge in natural water, and in the case of urban water have chemicals that increase cell toxicity and lower Iodine levels. These technologies create water that is unnatural, dehydrating and often demineralised. Water, in any crystalline structure has two forms: a mass and energy forms. **It is the energy form in water that determines its optimal synergy at a cellular level.**

| Water technologies | Results in water |
|------------------------|--|
| Urban (treated) water | Most urban waters have been chemically treated with fluoridation, chlorination, and an alkalisng agent to raise the water pH to neutral. This chemically treated water has a high positive charge, low oxygen and hydrogen levels compared to structured water. The water is also toxic to cells and reduces cell iodine levels. |
| Reverse osmosis (RO) | This technology removes most of the water minerals and electrolytes and produces water that has a high positive charge. Most bottled water has had RO treatment. |
| Alkaline water systems | Alkaline water has low oxygen and hydrogen levels and therefore diminishes stomach and other digestive functions. |
| Deuterium depletion | Deuterium (2H) and tritium (3H) depletion from water deprives the water of its essential hydrogen and therefore diminishes cell function. Deuterium and tritium occur naturally in spring and groundwaters, and therefore they are in all surface waters. |
| Distilled | Distilled water is mineral, and electrolyte depleted, unnatural with a positive charge. Therefore, this water becomes hungry for minerals and electrolytes in the digestive system and thereby depriving them from the metabolic functions of cells. |
| Desalinised | Desalinised water is depleted of minerals and electrolytes and has a high positive charge. Similarly, this water has lost its life-force energy and therefore capacity to hydrate cells and contribute to optimal cell function. |

Note: In situations where the above water or water devices are installed, it is optimal to put the Phi'on MEA water device after these technologies to neutralise the chemical and replace the positive charge with a negative charge to restore oxygen and hydrogen levels. However, where waters are mineral and electrolyte deficient, a complex salt added to the water can restore it to a natural form.

Differences between a Phi'on MEA water device and filters as a way of treating water.

The most common question asked about the benefits of choosing a Phi'on MEA water device as opposed to a filter system is what approach delivers the greatest benefit? In most water supply

systems in Australia and overseas, the water delivered or accessed for drinking has very few sediments to filter.

Most people buy filters in the false belief that they are removing all of fluoride, chlorine, heavy metals, and chemicals from the water. These toxins are either added to the water by government authorities or are collected by the water through exposure in the environment. However, the impact of water on human and animal health is primarily not determined by water chemistry but by the **physical structure of the water molecules in structured water**.

The natural and physical state of water in a pristine flowing stream is **structured** with a 6- sided, crystalline water molecule array, and carries a negative (-mV) charge. Stored or still water that is delivered from tanks, reservoirs, and straight pipes is **not water in its natural state**. This water has a 5 sided-crystalline structure (destructured state) and carries a positive (+mV) charge. However, **every living cell requires a constant supply of negative (-mV) charge from natural water, fresh food, sunlight, etc. to function in an optimal manner for regulation and healing**. Filters create dead, unnatural water that has adverse effects on cell health.

| | Phi'on MEA water devices | Filters |
|---|---|---|
| 1 | Transforms water to a natural, and permanent negative charge state. | Sustains and possibly increases the positive charge in water (anti-life). |
| 2 | Neutralises and transmutes the energetic effects of chemicals, heavy metals, and other toxins in water. | Does not remove the energetic form of chemicals, heavy metals, and other toxins in water, albeit that the mass or matter form of these toxins is reduced. However, these toxins collect in the filter over time and increase the toxic energy signature to cells. |
| 3 | Requires no maintenance, and therefore very cost effective. A lifetime asset. | Requires multiple replacement of the filters (rubbish bins) at considerable expense over the life of the system. |
| 4 | Removes through transmutation the calcite scale from pipes by converting calcite into aragonite (another form of calcium carbonate) | Does not remove or transmute scale in pipes. |
| 5 | Increases cell performance in humans, animals, plants, and beneficial microbes that support life. | Decreases cell life through the removal of essential/beneficial minerals, and the sustained positive charge in the water. |

Conclusion

Natural water is water in a pristine flowing stream, and the water carries a negative (-mV) charge during to the continuous vortex action of the water. This natural, structured water also contains beneficial microbes from the environment and minerals from the geology along the flowing pathway of the water. This is the water that cells thrive on for regulation and healing.

A Phi'on MEA water device (www.meawater.com.au) can produce a natural, structured water from unstructured water, supplied from a storage system, eg. tank, reservoir, and dam.